



BACH FLOWERS FOR ANIMALS

What are the Bach Flower Remedies?

There are 38 Remedies dealing with 38 different negative states of mind. Each remedy is made from familiar flowers and trees including Clematis, Beech and Impatiens.

The Remedies are organised into seven groups of negative emotions that we, as humans, experience:

- Fear
- Uncertainty & indecision
- Loneliness
- Insufficient interest in present circumstances
- Over-sensitivity to ideas & influences
- Despondency & despair
- Over-care for the welfare of others.

Dr Bach was an advocate for treating the cause, not the disease, and dedicated his life to bringing relief and peace of mind to so many people.

Today, vets, animal behaviourists and trainers are aware that animals have personalities and emotions too and, in the way we experience the negative effects of stress, so can they. However, we have to be careful not to place our human interpretation onto animal behaviours. Saying our animal is having a 'tantrum' in reality could be a fear response to something we've exposed them to.

Understanding our animal's natural behaviour and their environment will help to determine which remedies are most appropriate.



The remedies are safe and natural and can be used even if your pet is being treated by a Vet. **Rescue Remedy** is often the most well-known of the Bach Remedies. It is a combination of five remedies used in times of 'crisis'.

Circumstances when your Dog, Cat or Horse (or any other pet) may need Bach Flower Remedies.

- Dogs - under socialised, lapses in training, house-training issues, separation anxiety, excessive barking, pulling on the lead, jumping up, grief, re-homing issues, fear of loud noises.
- Horses – aggression (relating to fear, maternal issues, food-related). Under-socialisation and habituation, fear of trailers, people and other horses. Separation anxiety, windsucking, weaving, box walking, grief, re-homing issues.
- Cats – indoor marking, spraying, over-grooming, inter-cat aggression, re-homing issues, grief.



Joanna Croft is a Bach Flower Registered Practitioner for both Humans & Animals - Visit <https://www.bachcentre.com> for more information. She is also a qualified Reflexologist and Aromatherapist in Newport Pagnell, Bucks – www.jcroftreflexology.co.uk

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NB: A Vet referral will be required before a consultation can take place. (Please see over leaf)