

Updated: 6-16-2020

Covid-19 Summer Camp Update!

Considerations & Procedures for Summer Tennis Camp

The United States Tennis Association has graciously awarded the Avon CTA a grant to help cover the costs for purchasing 100 face masks, bulk sanitizer (5-gallons), 2 touchless sanitizing stations, 2 manual sanitizing stations, 2 touchless thermometers, gloves for coaches, a ball machine & power supply units, 4 tennis ball mowers (kids won't touch the tennis balls to pick them up), & additional balls (732).



Check in Protocol:

Camp Coaches will be checked before their shift begins with a medical grade touchless thermometer. Coaches will wear protective mask and face shields when checking kids into camp.

Parents will be instructed to drive up in the horse shoe drop off area by the tennis courts. Kids are not allowed out of their cars until a coach checks them with a touchless thermometer. Campers and any adult wishing to stay on site will not be allowed into camp if they have a temperature of 100.4 degrees. Parents will only be allowed in the grassy areas surrounding the tennis courts. Only campers and coaches will be permitted on the courts or in the cemented area surrounding the courts. Once teen drivers have been checked in, they will be allowed to park in the senior lot and proceed to the courts. Each player will be assigned to a court after the initial sorting process has been completed.

Two touchless sanitizing units will be on both ends of the tennis center. Two manual pumps will be mounted on the fences in the middle of the tennis center. Five gallons of sanitizer has been purchased to clean the equipment before, during, and after each camp day. Players are not allowed to touch or utilize another players equipment. Hand sanitizing breaks will occur every thirty minutes during water breaks. At anytime a player can utilize the sanitizing stations.

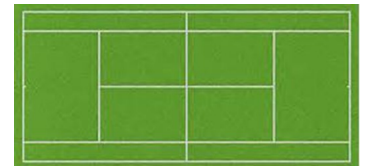
Small groups of campers (4-6) will stay together all day. Campers will not be permitted to pick-up practice balls by hand. Coaches will utilize the Tennis Ball Mowers (4) stationed on each deck of tennis courts to pick up practice balls. Players will use their shoe and racket to pick up balls for play.

Match play will be conducted by giving each player two tennis balls. Each player will serve with their assigned tennis balls. Players are not permitted to pick-up or serve with tennis balls that were not assigned to them.

Ball Machines will be utilized extensively during camp. Ball machines will be separated from the courts that are coach fed. Balls that are coach fed are assigned to that coaches court. No other coach can utilize those balls on any other court/tennis deck.

Ten & under kids will be given a ball with their name on it. This is the ball they will practice tossing and serving with. At the end of the their day, that ball is left in the sun for the remainder of the camp day.

Coaches will sanitize any handles, sinks, or toilets touched during bathroom breaks with a spray sanitizer.



Important Dates:

07/06—Courts Re-Open

07/07—First Official Day of Camp

08/03— First Day Boys Practice

08/15— First Avon High boys tennis match -Franklin Central



All campers will bring their own water bottles & lunch to camp. Touchless SPF 30 sunscreen is supplied to all campers. All water & lunch breaks will occur with the campers positioned no closer than 6 feet together.

Before and after each session the facility and all equipment utilized for the camp will be sanitized by the coaches.

Campers must check out at the end of each session before departing. Another temperature check will take place at this time and documented. Given that the courts are sometimes in excess of 110 degrees, elevated player's temperature may be anticipated. However, this would be a good base line for the next day.

Parents must pick up their child in the horse shoe drop/pick-up area after camp has completed for the day/session. Teens parked in the senior lot will be free to leave after they have had their temperature check and are officially checked out for the day.

Parents are encouraged to self check their children before they attend each day of camp. Parents are also urged to notify coaches if their child demonstrates any health signs that are consistent with Covid 19. We require all parents to notify us immediately if their child has been in contact with anyone who has tested positive for Covid 19.

Symptoms to watch for:

Fever or chills

Cough

Shortness of breath or difficulty breathing

Fatigue

Muscle or body aches

Headache

New loss of taste or smell

Sore throat

Congestion or runny nose

Nausea or vomiting

Diarrhea

This list is not all inclusive. Please review CDC guidelines for up to date information regarding Covid 19.

Many of these symptoms can occur after a long day of camp, mostly due to lack of acclimation to the environment. I encourage kids to jog, bike, or just get some type of outdoor exercise to start getting acclimated to the conditions of heat, humidity, and Indiana weather in general before camp starts.

All parents must sign a release form specifically related to Covid 19 in addition to the normal camp release form before their child is allowed into the tennis complex.



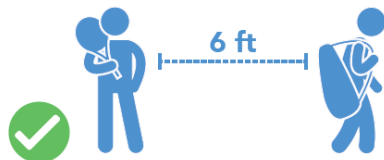
COVID-19

PLAYING TENNIS SAFELY

PLAYER TIPS AND RECOMMENDATIONS



WHEN PLAYING, PRACTICE THESE SAFETY GUIDELINES:



Try to stay at least six feet apart from other players.

Do not make physical contact with them (such as shaking hands or a high five).



When playing doubles, coordinate with your partner to maintain physical distancing.



Between points, use your racquet and foot to pick up balls and hit them to your opponent.

Avoid using your hands also when returning balls to another court.



Wash your hands thoroughly or use a hand sanitizer before, during, and after play.



Maintain physical distancing if changing ends of the court.



Clean and wipe down your equipment, including racquets and water bottles.

Use new balls and a new grip, if possible.



Avoid touching your face after handling a ball, racquet or other equipment.

Wash your hands promptly if you have touched your eyes, nose or mouth.



Use only your own towels and water bottles.

Avoid sharing food and touching common surfaces such as court gates, fences, benches, etc.



Use Four Balls or Six Balls

Although unlikely, it's possible that a tennis ball can transmit the COVID-19 virus, as virtually any hard surface can transmit the disease. So here is an extra precaution you can take to keep safe when playing tennis:

Open two cans of tennis balls that do not share the same number on the ball.

Take one set of numbered balls, and have your playing partner take a set of balls from the other can.

Proceed with play, making sure to pick up your set of numbered balls only. Should a ball with the other number wind up on your side of the court, do not touch the ball with your hands. Use your racquet head or feet to advance the ball to the other side of the court.

To see the USTA's full list of guidelines and recommendations, visit:

[usta.com/playersafety](https://www.usta.com/playersafety)