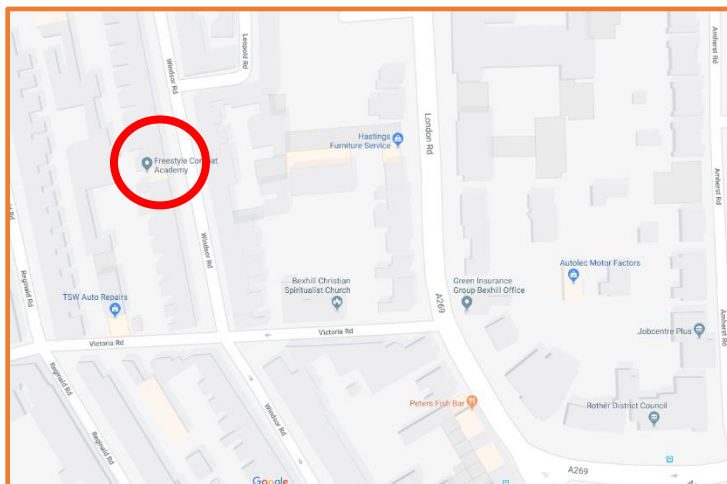




Find us here...

Freestyle Combat Academy - Units 8 & 9 - Phoenix Works - Windsor Road - Bexhill On Sea - TN39 3PE



For any further details, please contact Daniel Barfoot on 07970462909 or Sarah Barfoot on 078821064

Here's a **breakdown** for the day:

(14:00 – 14:55: Maths Lesson)

Key Stage 2 - Maths

Papers for maths:

- Paper 1: **arithmetic**, 30 mins
- Papers 2 and 3: **reasoning**, 40 mins per paper

Paper 1 will consist of fixed response questions, where children must give the correct answer to calculations, including long multiplication and division.



What we'll be doing (14:00 – 14:25):

- *We will be spending 25 minutes revising long multiplication and division, ending each short lesson with a practice task.*
- *Within these 25 minutes, we revise the adding and multiplying of fractions and decimals, as well as reminding ourselves how to find percentage values.*
- *This lesson will be structured around last year's SATs paper content.*

Papers 2 and 3 will involve a number of question types, including:

- Multiple choice
- True or false
- Constrained questions, e.g. giving the answer to a calculation or completing a table or chart
- Less constrained questions, where children will have to explain their approach

What we'll be doing (14:25 – 14:55):

- *We will be spending 30 minutes revising the basic of the above, ending each short lesson with a practice task.*
- *We will spend a short moment on proper presentation of answers to ensure examiner's understanding (don't throw away points!).*
- *This lesson will be structured around last year's SATs paper content.*

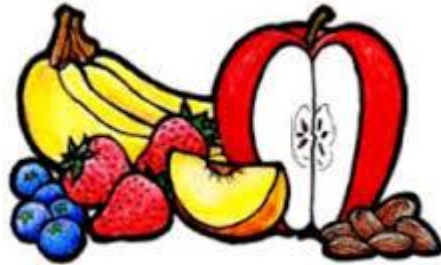
BREAK TIME!

The **10-minute break** will be a time to refresh and recoup.

Up-Grade Training believe that moving and being active is a key component to a great performance!



This will be a chance to stretch legs and blow off steam using some of the child-friendly gym equipment available at the venue. Any of these respite activities will be supervised by one of the qualified supervisors present.



Drinks will be provided. Please bring snacks from home where required!

(15:05 – 16:00: English Lesson)

Key Stage 2 - Reading

The reading test is a single paper with question-based passages of text - your child will have one hour to complete the test. There will be a selection of question types, including:

Ranking/ordering, e.g. 'Number the events in order'

Labelling, e.g. 'Label the text to show the title of the story'

Find and copy, e.g. 'Find and copy one word that suggests what the weather is like in the story'

Short constructed response, e.g. 'What does the bear eat?'

Open-ended response, e.g. 'Look at the sentence that begins Once upon a time. How does the writer increase the tension throughout this paragraph?'



What we'll be doing (15:05 – 15:35):

- *We will be spending 30 minutes revising the most efficient and most effective ways of approaching these tasks, ending each short lesson with a practice task.*

Key Stage 2 - SPaG test

The grammar, punctuation and spelling test consists of two parts: a **grammar and punctuation paper** and an **aural spelling test of 20 words**,

The grammar and punctuation test will include two sub-types of questions:

- **Selected response**, e.g. 'Identify the adjectives in the sentence below'
- **Constructed response**, e.g. 'Rewrite the sentence' or, 'Insert missing punctuation.'

What we'll be doing (15:35 – 16:00):

- *We will be spending 25 minutes revising the definitions of the basic, grammatical terminology alongside the key elements of punctuation tested for.*
- *We will provide useful tips to memorise punctuation, spelling and grammatical rules.*

And finally...!

Stay-and-play (16:00 -16:30)



As an added bonus and wind-down, feel free to stay behind for 30 minutes and try out some more of the gym!



Qualified supervisors will be on hand for some stay-and-play!