



CAPE COD AESTHETICS PRE-TREATMENT INSTRUCTIONS

- 1) Please arrive at or just before your scheduled time.
- 2) Budget a total of 30-45 minutes for your appointment.
- 3) Remove any make-up prior to arrival.
- 4) Do not plan on receiving facial/laser treatments or microdermabrasion after injections for at least 10 days.
- 5) Do not plan on performing activities involving straining, heavy lifting, or vigorous exercise for 6 hours after treatment.

Please contact your provider with any questions you may have prior to your appointment.

We look forward to seeing you!

-Your Aesthetic Team

Renew-Revive-Reveal

Cape Cod Aesthetics, a Dalton Medical Group, LLC