

**A Season of Grief  
Day 27  
Healing**



“Just give it time,” people say. That is misleading. Time alone will not heal your grief.

“I knew about the process and steps of grief recovery. But still, it felt like the weight of grief on my shoulders would never be lifted,” says Dr. Ray Pritchard. “It’s okay to feel that way. But know it won’t last forever.

“Your feelings at this point aren’t the crucial issue. What is important is that you choose to stay close to the Lord and not turn away from Him. If you walk with God as He walks with you, one day you will wake up and say, “It’s a little bit better.”

God is the source of all healing. Make the decision to remain close to Him despite your emotional struggles.

*“I am the LORD, who heals you.”*  
**Exodus 15:26**

Jehovah Rapha, healing God, You are my healer, and I choose to walk with You.  
Amen