

# Crystal Therapy for Reflexologists



## *Crystal Therapy for Reflexologists*

Crystal reflexology refers to the technique of gently kneading the reflexes parts of the feet by the use of a crystal wand in order to improve balance, circulation and the natural healing abilities in an individual. Crystal reflexology is a very ancient technique that is practiced based on the belief that the parts of a body can be stimulated and rebalanced by massaging the corresponding areas of the feet and hands appropriately. Crystal reflexology can be used to relax, to treat minor issues and to treat certain illnesses or health conditions. Crystal reflexology can also be used to rebalance the main chakras that are located along the inner side of the foot.

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# THE TRAINING CENTRE OF WELLBEING LIMITED

Crystal Therapy for  
Reflexologists





## CURRICULUM

You will cover:

The Crystals

How crystals work

Crystal wands

Crystal elixirs

Massage techniques

Treatment programs

## ABOUT THE COURSE

COST: £249

DURATION: 2 days

ACCREDITATION: IPHM ANH

ENTRY REQUIREMENTS: Reflexologist

HOME STUDY: 20 hours

## IS THIS COURSE FOR YOU?

This course is for therapists who hold a reflexology qualification

## WHATS INCLUDED?

Your training includes:

Classroom sessions, assessments, manuals and workbooks and student kit of 3 crystal wands

## MORE INFORMATION

Understand the application of crystal reflexology and the different techniques of crystal reflexology.

Accredited by the International Practitioners of Holistic Medicine