

CREATIVE EXPRESSION: MUSIC & ART

FOR CHILDREN AGES 15 MONTHS - 3 YEARS

In our CREATIVE EXPRESSION classes, children will participate in group and individual activities designed to teach the fundamentals of music appreciation and artistic expression. Using various instruments, songs, and movement, each child will be introduced to a variety of musical genres and sound. The creative arts component utilizes a wide variety of arts and craft materials to create a concrete understanding of colour, texture, and design.

CLASS DAY: MONDAYS TIME: 10:00AM - 12:00PM







MY FOUNDATION: MATH & LANGUAGE

FOR CHILDREN AGES 15 MONTHS - 3 YEARS



In MY FOUNDATION, children will participate in group and individual activities designed to teach the fundamentals of Math and Language. Using a phonetic based program, each child will be introduced to alphabetic symbols, phonetic sounds, and basic word composition. The Math component utilizes gross motor work and table activities to create concrete understanding of numeracy. Each child will progress at his or her own pace and be assisted at their individual level.

CLASS DAY: WEDNESDAYS TIME: 10:00AM - 12:00PM

CALL 905.455.3687
FOR MORE INFORMATION



MY 5 SENSES

FOR CHILDREN AGES 15 MONTHS - 3 YEARS

One of Maria Montessori's tennants are that all knowledge is first experienced through our senses of sight, sound, touch, smell, and taste; she believed that by specifically training adn refining these senses, learning can be optimized. Children will work individually and in small groups participating in our sensory based activities.

Each class begins with a BrainGym activity, a movement based warm-up that prepares the child's mind and body for the structured portion of the program

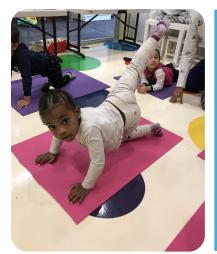
> **CLASS DAY: TUESDAYS** TIME: 10:00AM - 12:00PM





THE MINDFUL CHILD: KIDS YOGA

FOR CHILDREN AGES 15 MONTHS - 3 YEARS



In our class The Mindful Child, children will participate in group and individual activities designed to teach the fundamentals of movement, body awareness and self-regulation through the practice of fun, engaging Kids Yoga.

Each class begins with a Brain-Gym activity, a movement based warm-up that prepares the child's mind and body for the structured portion of the program.

> **CLASS DAY: THURSDAYS** TIME: 10:00AM - 12:00PM

LIMITED SPACE AVAILABLE! CALL 905.455.3687

