

June  
2018

Happy Fathers Day!

Free Delivery by US MAIL  
to over 6,750 Southern  
St. Augustine Homes Monthly  
St. Augustine Shores  
St. Augustine South

# St. Augustine Observer

NEWS INFORMATION FOR & ABOUT RESIDENTS OF ST. AUGUSTINE, FL

## St. Augustine South Improvement Association Installs New Officers at April Meeting

by Jenna Cuzick, Incoming President



SASIA welcomes its new Board of Directors: President - Jenna Cuzick, 1st VP - David Schmidt, 2nd VP - Julie Bruijn, Treasurer - Margo Geer, Secretary - Ed Olsen, Board Member - Andre D'Elena, Board Member - Sarah Gaudino, Board Member - Rob Kennedy, Board Member - Frances Lundberg, Board Member - Chad Razey, and Board Member - Joe Satterelli.

The St Augustine South Improvement Association (SASIA) celebrated a significant milestone during Its April 2018 General Meeting: the inauguration of a new Board of Directors.

With Board participation and overall membership numbers struggling over the past few years, the outgoing Board members sent a letter to several hundred residents in January 2018 stating that unless a new Board was formed by May, the Association would be dissolved. The approach was extremely successful – dozens of residents attended the March meeting and volunteered to be on the new SASIA Board. (continue on page 7)

## St. Augustine Distillery Partners with Habitat for Humanity

At a recent dedication of Habitat for Humanity's 138th home, the St. Augustine Distillery presented a sponsorship check in the amount of \$67,250. This donation qualifies as a sponsor donation through the Community Contributions Tax Credit Program (CCTCP). As part of this program, the St. Augustine Distillery employees also donated over 200 hours constructing the home. Habitat homes constructed in St. Johns County, and in the State of Florida, qualify under CCTCP and can offer corporations a one-for-one return on investment in the form of tax credits that can be applied against Florida corporate income tax, insurance premium tax or as a refund against Florida sales tax (for businesses registered to collect and remit sales taxes). Under the program, the tax incentive often ends up equivalent to the full amount of the home sponsorship donation. While Habitat utilizes grants and other funding sources, the main source of sustainable funding comes from the community, both individuals and businesses. "The hope is that more businesses like the St. Augustine Distillery will step up and partner with us so we can continue to meet the rising need for affordable housing in St. Johns" stated Executive Director, Malinda Everson.

The 138th home constructed by Habitat volunteers was built in West St. Augustine for the Adcock family, a single mother and her son. Ms. Adcock works several jobs, including driving a bus for St. Johns County Schools. The Adcock family is one of many families struggling to afford housing in St. Johns County.

The St. Augustine Distillery is housed in the historic FP&L Ice Plant, which dates back to 1907. After a multi-million dollar renovation in 2011, the St. Augustine Distillery is a fully operational Distillery producing bourbon, rum, gin and vodka on-site. The Distillery is a contributing building to the Historic Lincolnville Neighborhood, which is listed on the National Register of Historic Places. Noted as one of the most visited craft distillery in the USA, the company has hosted over 500,000 visitors since opening in March of 2014 and their bourbon was recently named "Florida Whiskey of the Year" (continue page 5)



## Lions Club 5th Annual Charity Golf Tournament

The best charity golf tournament of the year is coming up on June 25th, at the Private Marsh Creek Golf Club, one of the nicest courses in the area. Join WSOS for the live broadcast from the tournament where there will be closest to the pin and longest drive prizes. Also, a raffle for Salt Run Fishing Charters on their beautiful 48' fully equipped vessel. They catch fish!

The Ancient City Lions Club Scramble Golf Tournament on June 25th will have refreshment and promotional stations on the course. This tournament is sponsored by many of your friends and neighbors including: Salt Run Fishing Charters, The Fraternal Order of Police, St. Augustine Rehabilitation, Memory Hopkins Real Estate, Integrative Pain Solutions, Mowrey Shoemaker & Beardsley, St. Augustine Lions Club, Bayview Healthcare, Well Women 360, Reunion Bank, Orthopedic Associates Of St. Augustine, The Collector Hotel, Farah & Farah, FM Medical and Pain Relief Center, Rob Cook PA, Bailey Chiropractic and WSOS Radio.

Check out Ancient City Lions Club on facebook or contact Rob Cook at 904-471-4560 if you want to play or sponsor this great event that supporting local charities including the Florida School For Deaf & Blind, and other local charities. This is a fun and tax-deductible way to support our local community, play a great golf course, and possibly win a great fishing charter.

The Ancient City Lions meeth monthly on the 4th Thursday of the month at 11:45 a.m. at Applebee's Restaurant, 225 SR 312, St. Augustine, FL 32086.



## What's Inside The Observer This Month...

- **St. Augustine Shores:** March Board Update
- **St. Augustine South:** 70s -80s Dinner Dance
- **Health Update:** Don' Be Fooled
- **Computer Corner:** Window 10 Updates - Made Easier
- **Financial Focus:** What to Look for in Annual Review?
- **Sheriff's Corner:** Be Safe on the Beach this Summer
- **Fire Prention Corner:** Electrical Fire Safety in the Home
- **Diaries of a Shores Grand-Dad**
- "Aphasia"?
- **Shores United Methodist New Pastor**

PRSR SDT  
US POSTAGE PAID  
ST. AUGUSTINE, FL  
PERMIT #132

St. Augustine Observer  
1965 A1A South #180  
St. Augustine, FL 32080-6509



# Superior Pool Service

**904-347-5638**

• **Pool Cleaning • Acid Wash**  
**Chris Barnes, CPO**  
**Sales@superiorpoolonline.com**

**4965 Crescent Technical Court**  
**St. Augustine, FL 32086**  
**www.superiorpoolonline.com**

**FREE 1st Month with Annual Agreement**



*Welcome Home.*

## San Savino

### Move-in Ready Homes!

~ Let us build your "Dream Home" on one of our remaining oversized lots or select one of our "Move-in Ready Homes" and start "Living the Good Life, today!"

~ Featuring Large Screened Outdoor Living Rooms and Summer Kitchens with Gas Fireplaces

~ 10 minutes to the Beach, Golf or Historic St. Augustine

~ Miles of Hiking/Biking Trails, Tennis, Olympic pool & Intracoastal Fishing Pier

~ Attractively Priced from the low \$300s

~ No CDD fee, only \$30 monthly HOA and all homes have a deep well with full irrigation system

San Savino, a Homes by Deltona Community  
 400 Venecia Way, St. Augustine, FL 32086

904-797-6565 | HomesbyDeltona.com



**HOMES by DELTONA**

A DIVISION OF THE DELTONA CORPORATION

CBC1261181



## CRAIG

FUNERAL HOME • CREMATORY • MEMORIAL PARK

**(904) 824-1672**

www.CraigFuneralHome.com



## Precision Gutters

*& Aluminum Construction*

- Gutters • Soffit • Facia • Screen Rooms
- Replace Screens • Windows • Doors

**904-540-7528**

Josh Dietly, Contractor/Estimator  
 sales@precisionaluminumconstruction.com  
 4965 Crescent Technical Court  
 St. Augustine, FL 32086  
 www.precisionaluminumconstruction.com

Lic # BL-5746

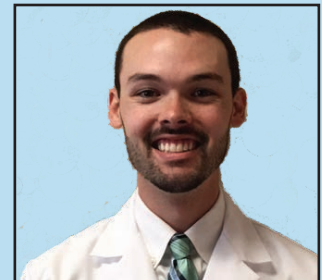
## Dr. Howard Epstein, Urologist



Howard B. Epstein, M.D., FACS  
 Board Certified



Katherine Gardner  
 NP-C



Jonathan Baron  
 PA-C

- **Incontinence** - We offer the newest and most effective therapies.
- **Cancer Detection & Treatment** - Screening for prostate cancer.
- **Ultrasound exams** • **Biopsies**.
- **Impotence** - Non-surgical and surgical correction.
- **Kidney & Urinary Tract Stones** - Latest laser correction.



Now accepting appointments  
 and referrals

**824-1450**

240 Southpark Circle East  
 St. Augustine, FL

### The St. Augustine Observer

Published monthly for residents and visitors of St. Augustine, Florida  
1965 A1A South #180  
St. Augustine, FL 32080-6509  
www.observer.vpweb.com  
Email: shores@observer.vpweb.com

**Cliff Logsdon, Publisher/Editor**  
(904) 607-1410  
Email: clifflogsdon@att.net

**Joe Thomas, Sales**  
(505) 903-2127

Email: joeatobserver@gmail.com

The function of the St. Augustine Observer is to serve residents of St. Augustine areas Communities.

First priority will be given to reporting news and activities of the residents of the St. Augustine local communities, and other news and events that directly affects the St. Augustine area. Second priority will be given to articles of general interest as space permits.

### St. Augustine Shores Community Calendar

The Shores Service Corporation  
Shores Homeowners Association  
(904) 794-2000  
www.staugshores.org

- Shores Service Corporation monthly meetings are held on the second Thursday of each month. Meetings are at 7 p.m. at the Riverview Club.
- Conquistador Condominium Board

### St. Augustine South Community Calendar

The St. Augustine South Improvement Association  
709 Royal Rd  
(904) 794-5129  
www.staugsouth.com  
Associate News Editor  
Joan Nizza 904-687-8726

#### Board Members

Jenna Cuzick – President  
David Schmidt – 1st Vice President  
Julie Bruijn - 2nd Vice President  
Margo Geer – Treasurer  
Ed Olsen – Secretary  
Andre D'Elena - Board Member  
Sara Gaudino - Board Member  
Rob Kennedy - Board Member  
Frances Lundberg - Board Member  
Chad Razey - Board Member  
Joe Satterelli - Board Member

Information should be received by the 15th of the month in order to appear in the following month's issue. Articles or information may be sent to the St. Augustine Observer, 1965 A1A South #180, St. Augustine Florida 32080-6509. Information may also be e-mailed to clifflogsdon@att.net.

All material submitted to the Observer is subject to editing. Publishing of submitted letters and information is at the discretion of the publisher. Views and opinions expressed are those of the writer and do not express the viewpoint of the publisher or editorial staff of the Observer.

The Observer's acceptance of advertising does not constitute an endorsement or approval of any product or services by the Observer or its staff. It is agreed that the Observer and its staff will not be held liable for information provided herein by submitters/advertisers, including pictures, graphics, websites and/or emails listed, that may have the potential to constitute fraud or other violation of law including copywriting infringements. The publisher reserves the right to refuse advertising that does not meet the publication's standards.

meetings are held on the fourth Monday of each month at 6 p.m. at the Riverview Club.

- Fairview Condominium Board meetings are held on the second Tuesday of every other month at 4 p.m. at the Fairview Condo club house.

- Greens Condominium Board meetings will vary. Contact Steven Sheremeta at Sovereign-Jacobs at 904-461-5556.

- Casa Bella Condominium Board 2018 meetings- March 14th (Annual Meeting) - 6:30 pm, April 11th, 6:30 pm, May 9th, - 6:30 pm, September 12 - 6:30 pm, October 10th, - 6:30 pm, November 11th - 6:30 pm, December 12th - 6:30 pm.

### Monthly Meetings at Clubhouse

SASIA Meeting  
3rd Wednesday 7:00 PM

Please join us and bring your ideas on how to improve our wonderful neighborhood! Connect with us on our Facebook.com and NextDoor.com pages: St. Augustine South Improvement Association.

Women of the Moose-1101 - 2nd and 4th Thursdays "Women of the Moose-1101" meet at 7pm.

DAV Meeting -3rd Tuesday of the month DAV monthly meeting at 7pm.

Vietnam Vets Meeting - 4th Tuesday of the month Vietnam Vets meet at 7pm.

Bingo - Every Thursday at 1pm except Holidays, light lunch, from 11:30 to 12:30. Open to the Public.

Women of the Moose-1101 Present  
70's-80's Dinner Dance

(6pm Dinner, 7:30-11pm Dancing)  
Music by DJ Terry Hunter. Great food, Great Music, door prizes, and Raffles. Donations: Non-members \$15. Members \$12. DANCING ONLY FROM 7:30 to 11:00---\$8 Please call Sandra @806-0535 or Theresa @ 794-5129.

## Community Classifieds

The Observer offers *free individual community classified ads to Shores and South residents.* Classified ads will not be printed without a name, address and phone number included with the request. *Free ads Are Not to Promote a Business or Personal Service.*

**Business, Services, seeking work and others may be placed** in the classified section according to the following rate schedule: 1/2" (1-4 lines) \$5, 1" (5-8 lines) \$10, 1 1/2" (9-12 lines) \$15, 2" (13-16 lines) \$20. These Ads should be paid in advance before placed.

Send your ad and payment if required to Observer, 1965 A1A South #180, St. Augustine, 32080-6509. You may email your ad to clifflogsdon@att.net. Deadline for all ads is the 15th of every month for the next month's issue. Free ads up to 5 items only should be sent.

**FOR SALE:** Small white Freezer. Good condition. \$200 Call 904-347-4899.

**FOR SALE:** Time Share at St. Augustine Tennis and Beach Club. Any reasonable offer considered. Call 570-460-4985.

**FOR SALE:** Dining Room Set, antique. 6 chairs, table, cupboard and china buffet. \$1,495. call 904.797.6501

**FOR SALE:** Rocking Glider with stoll \$75, 19" Color TV \$50, 2 piece sectional sofa. All times best offer. Call 904-460-4949 or 386-984-5286.

**FOR SALE:** Otter Kayak by Old Town Canoe, 1 person sit inside style, 9'6" long, 39 lbs. Stable & lightweight with comfort flex

seat. 28.5" wide, cockpit length 37", yellow polyethylene, weight capacity 300lbs. Paddle included. \$175. Call 904-797-4258.

**FOR SALE:** Mac PowerPC G5 desktop computer. Lot of software. very good condition. \$125. Call 904-607-1410.

**FOR SALE:** Very nice heavy duty treadmill \$85. Call 904-687-9028.

**WANTED:** Silver Coins, Gold and Jewelry at great prices. Call Mike at 904-540-2235.

**WANTED:** I buy record albums and CDs. Entire collections of just selected few. I am a collector for my own enjoyment not a reseller. Call John at 904-325-9802.

**Maintenance Position**  
**Open at Conquistador Condominium**  
**Must be able to work out doors and lift up to 50 lbs**  
**Pay rate \$13-\$14/hour**  
**Call: Emily or Donna 904-797-4166**

RESIDENTIAL COMMERCIAL  FULLY INSURED 35 YEARS EXPERIENCE

**K.D.'S WINDOW CLEANING & JANITORIAL CO.**  
FREE ESTIMATE  
**904-826-3490**

**\$5 OFF TO SHORES RESIDENTS WITH THIS AD**

L.I.C.#224000027458

**Sharon's Hair Studio**  
Serving Shores & South!  
George Hesson 672-5825  
Experienced Barber Working now so Please stop by and see him for your flat top or other cuts

**\$8 Cuts!**  
**\$40 Perms!**  
**\$5 Off Foil Highlights!**

Walk-ins Welcome!

**794-0998**  
3400 U.S. 1 South - Suite C • St. Augustine





**Fran's Knitting Boutique**  
"Quality Yarns & Accessories"

- Hand Knitting
- Crochet
- Machine Knitting
- Classes Available

**904-797-9951**  
2765 US 1 S., St. Augustine 32086

**JOY**

Find Joy at Shores United Methodist!  
724 Shores Boulevard  
St. Augustine, Florida 32086  
(904) 797-4416  
www.shoresumc.org  
8:45 a.m. Traditional Service  
10:00 a.m. Sunday School  
11:00 a.m. Contemporary Service

**REASONABLE - PROMPT COURTEOUS SERVICE**  
"No Overhead-Lower Prices!"

- Refrigerators - Freezers
- Ranges - Icemakers
- Washers - Dryers - Dishwashers
- Garbage Disposals



"Buddy" Murrah



## Buddy's Appliance Repair

- GE • Hotpoint • Sears
- Kenmore • Whirlpool
- Roper and others

Same Day Service (Most Cases)

Over 33 Years Experience

**(904) 794-5427**

**Airport Connection**  
Airport Service to Jacksonville Airport

24 Hours  
7 Days a Week  
Door to Door Service

Private Automobile Service  
Local (904)814-3065



# St. Augustine Shores Club News

## June 2018 Riverview Club Calendar

**JUNE DANCES** - Dance Club Members: FREE, Guests: \$15.00/pp

**EARLY SOCIAL** Sunday, June 3rd

6:00 pm to 9:00 pm Entertainment by Ernie

\*BYOB\*Hosted by: To be determined

**MAIN SOCIAL** Saturday, June 23rd

RSVP: call 904-794-2000 or at [www.staugshores.org/dance-rsvp](http://www.staugshores.org/dance-rsvp)

7:00 pm to 10:00 pm Entertainment by Debbie Owen & Tony T.

\*BYOB\*Hosted by: To be determined



**FREE for Activity Members, guests are \$5.00/pp/class.**

**Bridge** - Fridays 1:00 pm. Bridge Lessons June – August summer break, classes will resume in September.

**Chicago Bridge** - Must have a partner to play, Monday and Thursday at 12:30 pm.

**Card Game** - Calling All Card Players! Card game group on Tuesdays, 3:30 pm - 6:00 pm. Come and share your favorite card game: 500, Euchre, Pitch, Pinochle, Canasta, etc.

**Mah Jongg** - Tuesday at 1:00 pm & Wednesday at 10:30 am.

**Chair Yoga** - Monday, Wednesday & Friday at 10:45 am. A gentler form of yoga for those whom balance is an issue. Wednesdays class offers a 30-minute floor stretches after class!

**Yoga** - Mondays, Wednesdays and Fridays at 9:00 am. Bring a non-skid mat & wear comfortable clothing. The class is geared to all levels.

**Exercise Class** - Class led by Marcia Tuesday and Thursday at 10:00 am.

**Tai-Chi** - Thursday at 7:00 pm. Learn the principals of Tai Chi with John Doody and help your overall health and well-being!

**Dance Class** - Ballroom dance class with Dennis, Session-End Party on June 7th at 1:30 pm-3:30 pm, classes will resume in September. Dance Class is FREE for Activities & Dance Club Members.

**Line Dancing** - Every Monday at 6:30 pm and Wednesday at 10:00 am. Class is FREE for Activities & Dance Club Members.

**Zumba** - Tuesdays at 5:30 pm. Low-impact Zumba to protect joints. Come sweat, lose weight, meet people, and have a blast!

**Writers in the Shores** - Tuesday June 12th and 26th at 1:00 pm in the Library. Topic for June 26th is "Taking You're the ShoresTime." For information call Donna at 794-0789.

### Upcoming Events at the Riverview Club

Tuesday, June 12th at 10:00 am **FREE Stroke & Aphasia Presentation**, by Thomas Broussard, Shores resident & stroke survivor.

**Early Social Dance**: Sunday, July 1st (6pm to 9pm) – Entertainment by Tim Rippey

**Main Social Dance**: Saturday, July 21st (7pm to 10pm) – Entertainment by Ernie

## Riverview Club Events

### JUNE DANCES

RSVP: call 904-794-2000 or at [www.staugshores.org/dance-rsvp](http://www.staugshores.org/dance-rsvp).

**EARLY SOCIAL**: Sunday, June 3rd, 6:00 pm to 9:00 pm. Entertainment by Ernie

**MAIN SOCIAL**: Saturday, June 23rd 7:00 pm to 10:00 pm. Entertainment by Debbie Owen & Tony T. (Dance Club Members: FREE, Guests: \$15.00/pp)

**FREE Stroke & Aphasia Presentation** - by Thomas Broussard, Shores resident & stroke survivor. Tuesday, June 12th at 10:00 am. Learn how Aphasia affects a person's ability to express and understand written and spoken language. Thomas Broussard will share his experience after a stroke and how he developed his own recovery therapy.

**Exercise Class** - Led by Marcia Tuesday and Thursday at 10:00 am. Low impact standing and chair exercises. Get in shape for the summer!

**Water Aerobics with Elsa** - Monday, Wednesday & Friday @ 9:00 am – Must purchase pool pass.

**TAI-CHI CLASS** - Thursday at 7:00 pm. Learn the principals of Tai Chi with John Doody and help your overall health and well-being!

**FREE Introductory Fitness Pole Walking Clinic with Sheila Vidamour** - Wednesday, June 13th at 12:30 pm – Meet at the Riverview Club. Pre-registration is required: to register call 904-540-1067, or email Sheila: [walkyourpath406@aol.com](mailto:walkyourpath406@aol.com). Pole Walking is a fun and easy way to get a very effective and efficient total body aerobic workout! Please wear comfortable walking shoes and demo Walking Poles will be provided.



Rent our spacious and elegant ballroom, and/or smaller rooms for your next event!

- Weddings
- Birthdays
- Meetings
- Rehearsals
- Receptions
- Reunions
- Fundraisers
- Anniversaries
- Baby Shower
- Dinner Dances
- Graduation Party
- Retirement Party
- Memorial Service
- Engagement Party
- Office/Holiday Party



790 Christina Drive  
St. Augustine, FL 32086

904.794.2000

[www.shoresRiverviewClub.com](http://www.shoresRiverviewClub.com)



## St. Augustine Shores Service Corporation April 12th Board Meeting Summary

*"This Summary is an overview by the Observer Editor and is not the complete meeting minutes. Minutes are to be approved and posted at the Riverview Club and Association Website."*

The St. Augustine Shores Service Corporation's Board of Directors meeting was called to order by President James O'Such at 7:00 P.M. Present: Vice President Austin Dietly, Treasurer Claire Lorbeer, Director Philip Van Tiem, Director Thomas Filloramo and Secretary Nicolas Arocha. Quorum Established. The Invocation was given by General Manager Smith followed by the Pledge of Allegiance. Director Filloramo motioned to accept the minutes of March 8, 2018 as presented. Seconded By Vice President Dietly. The motion carried unanimously.

**Treasurers Report:** Read by Treasurer Lorbeer accepted for audit. General Manager Smith explained the increase in the operating fund and the decrease in the reserve fund.

**Collections:** General Manager Smith presented 2 collection issues. The Homeowner has a balance \$893.72 as of March 2018. They propose to make a down payment of \$105.72 and the make 11 consecutive payments of \$105 which will pay off the debt, keep the account current and pay all fees and interest. The total is \$1253. Vice President Dietly motioned to approve the payment plan as presented. Seconded by Treasurer Lorbeer. Unanimous. The motion carried. The Homeowner has a balance of \$1496.63 as of March 2018. They propose to make a down payment of \$155.63 and make 11 consecutive payments of \$155 which will pay off the debt, keep the account current and pay all fees and interest. The total is \$1856. Director Filloramo motioned to approve the Payment plan as presented. Seconded by Vice President Dietly. The motion carried unanimously.

### Managers' Report - Joseph H. Smith III

**Storm Water Drainage Project Update:** The Lining of the failed 210 ft section of 18 "corrugated metal Storm Water Drainage Pipe east of 794 Medina Avenue is complete. General Manager Smith provided photographs of the product.

**Pier Project Update:** General Manager Smith presented pictures of the pier reconstruction progress. The construction is complete. We finished the staining and the electrician is currently installing the lighting which should be complete in the next couple of weeks.

**Family Fun Day:** Discussion on holding the Family Fun Day in conjunction with a Grand Opening of the pier. The Board decided to postpone the event until after the results of the annual meeting.

### Progress on Board Goals

**Curb Appeal:** We are fertilizing all the shrubs in April and we will fertilize the turf in May. We are repairing damaged irrigation lines as the result of the County road work.

### Committee Reports

**ACC Committee:** General Manager Smith - The ACC held one meeting in the month of March. They approved 11 applications: 2 fences, 1 patio/deck, 4 swimming pools, 4 swimming pool enclosures. Total YTD 96

**Riverview Building and Grounds Committee:** Mary Arocha - The committee presented minutes of the March 21st meeting and a spreadsheet. A list items to be included in the Dreux Isaac Reserve Study and B list items to be included in the operating budget.

**Deed Violation Report:** The report was presented to the Board.

### Directors Comments

Treasurer Lorbeer commented on the sprinkler systems on the individual lots that run in the morning and spray on the sidewalk. Director Arocha motioned to form a committee to meet with St. Johns County and discuss the damage to our irrigation system, the agreement between the Shores and the County regarding landscape maintenance, and to hold off on any improvements to the medians and any mowing of the grass. The motion died. Director Filloramo offered to set up a meeting with Commissioner Waldron and the head of Road and Bridge Neil Shinkre.

### Members Comments

An inquiry about the customary payment methods on collection issues and requested parks at the south end of the community. Suggestion to contact the school board about using the school playground facilities during the summer. An inquiry about remedies for cars parking on the sidewalk. The Sheriff's Department will ticket these vehicles. Comment on the approval of payment plans on delinquent accounts and was not afforded this opportunity in 2010. Inquiry as to what percentage of the associations members were currently delinquent. Comment supplied that there are currently 154 accounts that owe \$121,000 to the association including attorney fees, interest, and fees. Discussion on approving the changes to the Safe Harbor Provision in our Governing Documents. Inquiry about enforcement of maintaining vacant lots. Suggestion to require homeowners to maintain their vacant lots and that assessing fines would encourage compliance. Discussion on the traffic during drop off and pick up at Hartley Elementary and comment mentioned that School Board was contacted had indicated not their problem they don't care and told him that it is not their problem. Inquiry about trash from construction sites within the Shores.

Meeting Adjourned.

Our Community Newspaper Reach  
Thousands of St. Johns County  
Residents by U.S. Mail.



- St. Augustine Shores
  - St. Augustine South
- Call 607-1410

To Advertise Your Business Or Service  
To These Communities or  
email us at [Clifflogsdon@att.net](mailto:Clifflogsdon@att.net)

**BOB'S**  
Bait, Tackle, Produce & Seafood



904-794-7501

6805 US Hwy 1 South  
St. Augustine FL 32086

Open-Matt.6:33 Closed-John 5:33  
24/7/363

Garden River Ranch, LLC  
P.O. Box 25 Elkton FL 32033  
[gardenriverranch@comcast.net](mailto:gardenriverranch@comcast.net)

# News Around Southern St. Augustine

## Blues Music Concert "Blues Dudes"

Saturday June 23, 2018 the "Blues Dudes" will present a Blues Concert at the St. Augustine South Community Clubhouse at 709 Royal Road, St. Augustine.

The concert is presented by WOTM 1101. There is a donation of \$15 to attend. Contact Sandra for reservation at 904-806-0535. Everyone invited.

## St. Augustine Travel Club Meetings by Peter Dytrych

June Club Meeting will be held on Wednesday, June 13, at 3:00 p.m. at the Southeast Branch Public Library. The topic will be English Countryside and Classic London. The Travel Club is free to all St. Augustine residents and their friends and no preregistration is necessary. Any questions, feel free to call Peter Dytrych at 904 797-3736.

## St Augustine Genealogical Society General Session Meeting – June 16, 2018

St Augustine Genealogical Society will hold their General Session Meeting on Saturday, June 16, 2018 at the St John's Public Library, South East Branch, 6670 US 1, South, St. Augustine, FL at 1:00pm.

Guest Speaker will be Jack Butler, Professional Genealogist, and his topic entitled "DNA103 - Revisiting the Genes in Genealogy" Please be advised that the meeting will be extended to 3:30pm due to member request. The public is invited to attend.

## Writers In The Shores

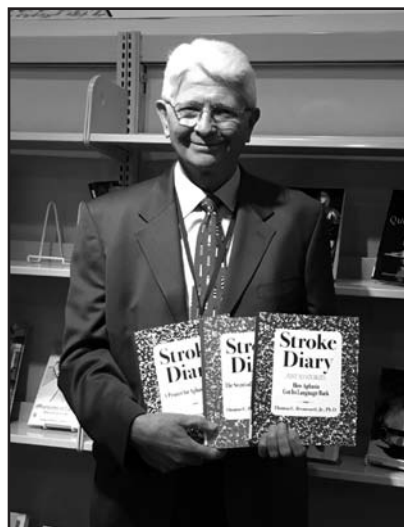
By Donna Johnson

The June meetings for Writers in the Shores will be on Tuesday the 12th and again on the 26th. The chosen subject is to be "Taking Your Time" and, is suggested for this month's topic to write about on the 26th. Come join us, you just might like us! Everyone is welcome and we would like to invite anyone who loves to write. You do not have to be a member. We meet on the 2nd and 4th Tuesday each month, at 1pm here at the Riverview Club Library. We are a casual group who enjoy sharing their work and related discussion with each other. There are no officers, dues or requirements. All genres are encompassed. For information call Donna at 794-0789.

## "Aphasia"

### Dr. Thomas Broussard Speaks at Riverview Club

June is "Sphasia" month. Stroke Survivor Dr. Thomas Broussard, Jr. will speak during Aphasia Month (June 2018) about Stroke and Aphasia Recovery will be speaking at the St. Augustine Shores Riverview Club on Tuesday, June 12, 2018 at 10:00 AM.



When he had his first stroke and aphasia, he lost his language, could not read, write or speak well. But he got it back...and that is what does now... helping people with information stroke and aphasia recovery.

A lot of people know something about strokes... but very few people know anything about aphasia (when you lose your language from a stroke). The most common cause of aphasia (when you lose your language) is stroke (about 25-40% of stroke survivors acquire aphasia). It can also result from head injury, brain tumor or other neurological causes.

Aphasia affects about two million Americans and is more common than Parkinson's Disease, cerebral palsy or muscular dystrophy. Nearly 180,000 Americans acquire the disorder each year. However, most people have never heard of it.

A person with aphasia may have difficulty retrieving words and names, but the person's intelligence is basically intact. But because people with aphasia have difficulty communicating, others often mistakenly assume they are mentally ill or have mental retardation.

Dr. Broussard had his first stroke and aphasia in 2011. He could not read, write or speak well but kept a 500 page diary. How could that be, given that he couldn't write? He wrote his diary using graphs, charts and metaphorical drawings with text that made no sense.

He got better with his own, accidental therapy. He has written several books, and speaks around the country about stroke and aphasia recovery. He will discuss the process of how he lost his language, how he got it back and how our brains learn from experience-dependent neural plasticity. He has often been called the Johnny Appleseed of Aphasia Awareness.

Thomas G. Broussard, Jr., Ph.D. is an author, educator, and public speaker. He is a U.S. Naval Academy graduate and received his Ph.D. at The Heller School at Brandeis University, Waltham, MA. Stroke Educator, Inc. is committed to aphasia awareness in every state. For more information, call 207-798-1449 or visit [www.strokeeducator.com](http://www.strokeeducator.com). Broussard's Stroke Diary trilogy was recently inducted into the Local Author Collection at the JAX Book Fest in Jacksonville.

## St Augustine Genealogical Society Meeting

St Augustine Genealogical Society will hold their General Session Meeting on Saturday, June 16, 2018 at the St John's Public Library, South East Branch, 6670 US 1, South, St. Augustine, FL at 1:00pm.

Guest Speaker will be Jack Butler, Professional Genealogist, and his topic entitled "DNA103 - Revisiting the Genes in Genealogy" Please be advised that the meeting will be extended to 3:30pm due to member request. The public is invited to attend.

## St. Augustine Distillery

### Partner with Habitat for Humanity

(continued from page 1)

by Whisky Advocate. St. Augustine Distillery has also garnered more than 50 awards for its broad range of ultra-premium spirits. To learn more about St. Augustine Distillery, visit [www.staugustinedistillery.com](http://www.staugustinedistillery.com). To take a virtual tour, visit <https://goo.gl/ujjASn>.

Habitat for Humanity of St. Augustine/St. Johns County, is celebrating 25 years of building homes for low income families in St. Johns County and is an affiliate of Habitat for Humanity, International that originated in Americus Georgia in 1976. To date, Habitat for Humanity of St. Augustine/St. Johns County has built 138 houses for families in need. To qualify for homeownership, applicants must demonstrate need, ability to pay, willingness to partner and have worked or lived St. Johns County for at least one year. Habitat for Humanity of St. Augustine/St. Johns County will be breaking ground in May, 2018 for its new 18-unit development, Canopy Oaks.

## Robert C. Kelsey MD

Accepting New Patients

Board Certified  
Cardiology and Internal Medicine

(904) 827-0078

2720 U.S. HWY 1 SOUTH, STE B  
ST. AUGUSTINE, FL 32086

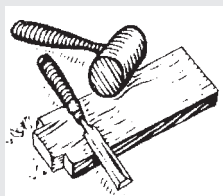
**"I only want cremation."**

**Flagler Memorial Cremation Society**  
**669-1809**

2600 Old Moultrie Road • St. Augustine

## JORGE'S HANDYMAN SERVICE, INC.

### TRIM & FINE FINISH CARPENTRY



Lic. # ST-7256

**Custom Interior Woodwork**  
**Cabinets \* Closets \* Shelves \* Doors**  
**REMODELING AND RESTORATION**

**Free Estimates (904) 315-8550**

**Shores References Available**

### Will Russell

- Shores Resident
- Real Estate Agent
- Whether Buying or Selling  
I can help make it happen!

Call Now for a Free Market  
Analysis of your Property!!!!

**(904) 814-7305**

[will@EndlessSummerRealty.com](mailto:will@EndlessSummerRealty.com)

"Helping Dreams Come True"



521 A1A Beach Blvd.

St. Augustine, FL 32080

Office (904) 461-8878

Fax (904) 461-8879



## News From Around St. Johns County

### Wags 'n Whiskers Pet Shelter Buy a Table Spot Flea Markets

The pet shelter, Wags 'n Whiskers, on Old Moultrie Road in St. Augustine is a volunteer organization sheltering and fostering pets (dogs and cats), and works with Petco as a venue for the adoption days. They are always looking for ways to raise funds as they neuter and provide all the pets with their necessary medical needs and tests before any pet is released to a new home. Also included is a chip for each pet. If you are ready to adopt or foster a pet, please check their website for your next companion. Their website is [www.petrescue.org](http://www.petrescue.org).

Wags 'n Whiskers Pet Shelter at 1967 Old Moultrie Road, St. Augustine will be organizing a monthly flea market at their parking lot, every second Friday of the month for the remainder of the year. The next one will be on Saturday, June 9th, 8:00 - 3:00.

Sellers would be able to buy space for \$10.00 for the day, bringing their own tables and marking their goods to sell. They are looking for 10 or more vendors to participate. The function will last from 8:00 a.m. to 2:00 p.m. If you are interested in participating, please call Abigail at 904-347-6829 to reserve your spot. Your merchandise sales are yours to keep. If you would like to donate any unsold items to the shelter, it would be appreciated. Learn more at website [www.petrescue.org](http://www.petrescue.org)

### Old City Scrabblers

Join us for a low-key, friendly game of Scrabble! All skill levels welcome. Tables and game equipment provided. Tuesdays and Thursdays at 1:30 pm. We are located at the St Augustine Record Building, One News Place (corner of Routes 312 and 207), St Augustine, 32086. There is no fees involved. If you have questions please call Maggie Borst at 904-599-3456.

### Vilano Boat Ramp Parking Lot Partial Closure

The southern portion of the Vilano Boat Ramp parking lot will be closed through August 31, 2018 as it will be used as an equipment staging area during dock construction. St. Johns County would like to thank residents and visitors for their patience during this time. For more information, please call 904.209.0190.

### St. Johns Golf Club Celebrates Women's Golf

Did you know that more than three-quarters of all golfers are male? "We have seen an influx in girls and women playing at our course," said Wes Tucker, Director of Golf at St. Johns Golf Club, a St. Johns County-owned, 18-hole public golf course located in Elkton. "That was just one of the reasons we wanted to take part in Women's Golf Day. It's important to celebrate the game while fostering confidence in players across all walks of life. A few of our partner groups like The First Tee of North Florida and our club's own Ladies Golf Association will also be taking part."

Women's Golf Day is a global golf initiative launched in 2016 to introduce women of all ages to the game, and encourage existing female golfers to get out and play in a fun and highly inclusive environment. Last year, more than 20,000 females participated at 700 venues across 46 countries around the world. To learn more about Women's Golf Day, visit [womensgolfday.com](http://womensgolfday.com).

St. Johns Golf Club will celebrate Women's Golf Day on Tuesday, June 5th from 4 pm to 8 pm. There will be clinics and play from 4 pm to 6 pm and two hours of socializing from 6 pm to 8 pm, which will include light hors d'oeuvre and refreshments from Rype & Readi Golf Bistro. St. Johns Golf Club is located at 4900 Cypress Links Blvd. in Elkton, Florida. For more information and to register, contact Wes Tucker at [wtucker@sjcfl.us](mailto:wtucker@sjcfl.us) or 904-209-0350. Visit [sjgc.com](http://sjgc.com) to learn more about St. Johns Golf Club.

**St. Mary's by the Sea**  
**National Catholic Church (PNCC)**  
**Mass Time - 10:00 Sundays**  
**Healing Mass 1st Wednesday 12:00 Noon**  
**All are welcome!!**



**Worship with us in the Historic Moultrie Chapel**  
**480 Wildwood Drive 32086 • 904-392-9840 • [Stmarysbts.org](http://Stmarysbts.org)**

**Heritage Baptist Church**  
*"A Warm & Friendly Fellowship"*

Sunday School	9:30 a.m.
Morning Service	10:30 a.m.
Evening Services	5:30 p.m.
Wednesday Night Services	7 p.m.

**1480 Wildwood Drive**  
**St. Augustine, FL 32086**  
**904-824-8888**



Repair & refinish bathtubs, sinks, tile, countertops, Walkthru units, seats, grab bars, non slip treatments for all floors, tubs & showers

**904-806-0360**  
[www.mr-bathtub.com](http://www.mr-bathtub.com)

## Council on Aging – River House

Twyla Abo, Program Coordinator  
 904-209-3655, [tabo@stjohnscoa.com](mailto:tabo@stjohnscoa.com)  
 179 Marine Street, St Augustine, FL



### River House Programs

Hours of operation for River House are from 8:30 a.m. – 4:30 p.m., Monday-Thursday, and 8:30 a.m.-12:00 p.m. on Friday. Call 904-209-3655 for all reservations.

**Dinner and a Movie!** - Join moviegoers the third Thursday of each month. The next movie will play Thursday, June 21st. Doors open at 4pm with the movie beginning promptly at 4:30p.m. Cost is \$15 for River House Members and \$20 for Non-members. In addition to dinner, guests will receive a soft drink and popcorn. Advanced payment and registration is required by Monday, June 18th. Call to reserve your seat!

**Genealogy** - A 6-week course to begin the journey into researching your family's history. You will learn the tips and tricks to enable you to navigate the many branches of your family tree. Call for your reservation. Cost is \$30 for River House Members /\$35 for non-members. Classes begin Tuesday, June 5th (1pm-2pm).

**Computer Basics** - Learn the basics of navigating your computer, the internet, and various Microsoft programs. We discuss how to avoid online scams and tips to social media. Call for your reservation. Cost is \$30 for River House Members /\$35 for non-members. Classes begin on Tuesday, June 5th (2:30pm-3:30pm).

**Special Lecture!** - Wednesday, June 6th at 10am lecture featuring Sylvia Longmire on Multiple Sclerosis. She is an accessible travel writer, travel agent, and service-disabled veteran who travels around the world and writes about the wheelchair accessibility of her destinations. She will discuss her journey from being an Air Force officer through being diagnosed with multiple sclerosis and becoming a full-time wheelchair user. She will explain her mission to inspire others with mobility limitations to see the world through her travel blog, as well as her work as an accessible travel agent. Call for your reservation. Complimentary for members / \$3 nonmembers.

**Drawing 101** - Can't draw a stick figure then this class is for you! If you have always wanted to learn how to draw enjoy 4-week experience on Wednesdays starting June 6th from 3pm-4:30pm. You will be learning the basics of line drawing, composition, shading, and 1-point perspective. The cost of \$40 for members / \$45 nonmembers includes drawing journal, pencil, and eraser. Additional supplies will be needed. Enrollment is limited. Call for your reservation.

**Art Appreciation Lecture** - "Salvador Dali & Surrealism" is presented by Jean Serusa BS, MS; Certified New York State Art Educator. Explore the works of Dali along with the rise and circumstances of the Surrealism movement of the 1930s. Held Thursday, June 7th from 10am-11am. \$3 members/\$4 Non-Members. Call to register.

**Greeting Card Creations** - Learn how to make your own greeting cards Monday, June 11th from 11am-12:30pm. Learn the basic techniques and supplies needed to make your own unique cards from home. ALL SUPPLIES INCLUDED in the cost of \$12 for members/\$15 for nonmembers. Call for reservations.

**Financial Fridays** - Join us on the final Friday of the month to discuss financial issues that may impact senior citizens. Hosted by various local professionals that will share their knowledge, tips, and expertise to assist seniors with numerous financial situations. Call for your reservation for Friday, June 29th at 10am. Complimentary for River House members / \$3 non-members.

**Gregory E. Oxford**  
**DDS, MS, PhD**  
 Dental Surgeon

**Isabell G. Oxford, DMD**  
**Linda K. Johnson, DMD**  
 General Dentists

- Extractions
- Wisdom Teeth
- IV Sedation
- Implants
- Bone Grafts
- Sinus Elevations
- Gum Surgery
- Laser Therapy
- Soft Tissue Graft

**Oxford**  
**Dental**  
**Associates**

- Implant Dentistry
- Crowns & Bridges
- Veneers
- White Fillings
- Whitening
- Implant Dentures & Partials
- Digital Impressions
- Sedation Dentistry



100 Whetstone Place  
 Suite 308  
 St. Augustine, FL



**810-2345**  
[www.oxforddental.net](http://www.oxforddental.net)

## "Diaries of a Shores Grand-Dad"

by Dirk Schroeder

First, a "Thank You" to all who have told me that you are enjoying the "Diaries" and the "Did You Know" articles - it really is refreshing to know that there are a good number of local readers in our community. So far, the Diaries of a Shores Dad have been mostly about the best virtues accumulated over the lifetimes of the persons in my past and present. This month, I will cover another key virtue and this "Lifetime in a Word" is dedicated to our children - that virtue is "purpose".

Not to alienate anyone who has no children, I would suggest that your purpose in life may be quite different from those of us that have children. "Purpose" is part of the reason that I write these "Lifetime in a Word" articles - I share our family's "virtues of a lifetime" so that everyone, children or no children, can benefit from them. For those without children, this Diary may apply to your friends instead and yet it is intended especially for our children. Some might say that "purpose" is not a virtue but I'm here to explain otherwise.

"Purpose" is defined by Webster's New Collegiate Dictionary as "to propose" and "intention, resolution and determination" and also "an action in course of execution". I "proposed" (marriage), she accepted, we were "determined" to have children and that "action" nearly caused our "execution" - just kidding. Actually, our children have given us that greater purpose that comes with the responsibilities and the joys of parenting. I made a statement in an earlier Diary that kids don't get to choose their parents so they may get lucky or they may end up in a very unfortunate environment. That dynamic can cut both ways since the genetic pool may have some real surprises for parents for which they have no control - good and bad. As parents, our purpose is to try our best to make better human beings out of those that we received at birth. We should be resolute and determined in our course of action, our purpose, to guide them to be respectful human beings, creative, non-violent and law-abiding (with a dash of non-conformity to keep life interesting). We want to impart, to the best of our ability, our knowledge and life experiences (our better virtues) and to share with our children what family truly represents so that one day they may find an easier path to finding their own purpose.

We all wear many different hats in our lifetimes; husband or wife, worker or boss and unending volunteer. Yet being a father or mother brings the greatest joy in life. All the pain and suffering that may come along with this purpose can be overshadowed by the mere opportunity that having children brings. The joy of being surrounded by them defines love with all of its wonderful emotions.

I can't imagine a life without children. Aside from giving us a life-changing purpose, they also give our family tree its branches from which more branches flow (as in grandchildren and so on). Our three boys have enriched our world and will enrich the worlds of others in particular their own children. The blessings that Kathy and I have received through them have made our lives complete - we will be forever grateful that they (continued page 8)



## St. Augustine South Improvement Association Install New Officers at April Meeting

(continued from page 1)

During the April meeting, Saint John's County Commissioner, Paul Waldron (District 3), led the new team in the SASIA Oath of Office, followed by gifts of appreciation for the outgoing Board members: Theresa Nizza - President, Louis Zimmer - 1st VP, Keith Rowland - Treasurer, Lynn Rowland - Secretary (not pictured), Joan Nizza - Board Member (not pictured).

Several other long-time volunteers were recognized for their dedication to the Association: Gus & Edith O'Keefe, Handly "Corky" Caraway (not pictured), and Jeff Thom.

In perhaps the most special part of the evening, the group celebrated Herb "The Sock Man" Naumann, who turned 92 years old on April 17. Herb served in WWII and in recent years, made it his mission to collect supplies for local veterans in nursing homes, and service men and women abroad; specifically, he collected socks, thus earning him the nickname, "The Sock Man."

SASIA welcomes its new Board of Directors: President - Jenna Cuzick, 1st VP - David Schmidt, 2nd VP - Julie Bruijn, Treasurer - Margo Geer, Secretary - Ed Olsen, Board Member - Andre D'Elena, Board Member - Sarah Gaudino, Board Member - Rob Kennedy, Board Member - Frances Lundberg, Board Member - Chad Razez, and Board Member - Joe Satterelli.

SASIA meets the third Wednesday of each month (except July and August) at the St. Augustine South clubhouse - 709 Royal Rd. - at 7pm. Please join us and bring your ideas on how to improve our wonderful neighborhood!

Also, connect with us on our Facebook.com and NextDoor.com pages: St. Augustine South Improvement Association.



Theresa



Louis



Keith



Okeefes



Herb



Jeff

# DID YOU KNOW

### FACEBOOK UPDATE

If you thought that your information was in way shape or form "private" and not going to be redistributed and/or used for advertising or analytics you probably never heard of an "EULA" and you were certainly under the wrong impression. Almost every "Free Platform" has an EULA - End User License Agreement. It is the fine print that everyone scrolls to the bottom of to get to the "I Agree" button so that they can continue to install or download the goodies. This is the one you should have read before you started screaming foul. It's a private company running a public forum. If you don't like the way the product works - quit using it. Here's a hint - Facebook is a free product - if it's free - then you're the product! Same applies to Google, Twitter, Bing, most apps, and phones.

Have questions about selling your home, condo or land? Ask someone whose been helping buyers and sellers here in St. Augustine for 35 years.

Contact: Dirk Schroeder - Broker/Owner  
Call 904-540-2360 or dirkschroeder@msn.com



St. Augustine Properties, Inc.

**Office: 904-797-6000**

**2820 US 1 S. St. Augustine FL 32086**

## Schooner Freedom Sail Fundraiser for First Coast Opera



Ahoy! Friends of First Coast Opera is planning a 2-hour tour on the Schooner Freedom, which departs from the St. Augustine Municipal Marina. The event will be from 2 to 4:15 p.m. on Thursday, June 14. 100% of the cost will go directly to First Coast Opera!

This special event is limited to 40 people. There will be wine and soft drinks, plus light snacks. Tickets are \$40 per person. Please send your check to Friends of First Coast Opera, 138 Herons Nest Lane, St. Augustine, FL 32080. Please include your phone number, as you will be notified if you are in the lucky forty.

## St. Augustine Music Festival Celebrates 12th Year of FREE Classical Concerts

The St. Augustine Music Festival (SAMF) returns for its 12th summer season of free classical music concerts in the historic St. Augustine Cathedral Basilica. Six performances are staged over two weekends, (Thursday, Friday and Saturday), June 21-23 and June 28-30, with all concerts starting at 7:30 pm.

Founded in 2007 by Jacksonville musicians Jorge A. Pena and Jin Kim-Pena, the festival welcomes audiences as varied as its concert programs. Classical music “newbies” mingle with seasoned aficionados, true to the festival’s mission to educate, elevate and entertain all through great music, regardless of ability to pay for a ticket. Individual and corporate donors support the festival financially to keep the concerts free to the public.

SAMF creates world-class concerts with professional musicians of the highest caliber. Many of the musicians are members of the Jacksonville Symphony Orchestra. SAMF, the largest, free festival of its kind in the United States, has become a beloved summer “must-do” in Northeast Florida’s cultural life. Its concerts have been featured on National Public Radio’s “Performance Today.”

This year’s event includes the return of young violin sensation Nigel Armstrong, a two-piano concert evening featuring a Mozart



Jorge A. Pena

double-piano concerto and Saint-Saens’ “Carnival of the Animals,” charismatic cellist Andres Diaz and a program combining the Cathedral’s two, magnificent pipe organs with brass ensembles. Chamber music also plays a prominent role, with works ranging from the 18th to the 21st centuries.

Visit [StAugustineMusicFestival.org](http://StAugustineMusicFestival.org) for concert and sponsorship information. St. Augustine Cathedral Basilica is located at 38 Cathedral Place in downtown St. Augustine, FL. Follow on social media, Instagram @staugmusicfest and Facebook @staugmusicfest

FULL LIST OF EVENTS - All concerts start at 7:30



Nigel Armstrong

pm in the St. Augustine Cathedral Basilica. Doors open promptly at 7 pm.

### Thursday, June 21 – VIOLIN VIRTUOSITY

Nigel Armstrong, violin

Overture for Strings in C Minor – Franz Schubert

Rondo in A Major for Violin – Franz Schubert

• Caprice Viennois for Violin and Orchestra – Fritz Kreisler (continued on page 12)

## "Diaries of a Shores Grand-Dad"

(continued from page 7)

are so unique and different and that they are who they have become today. We have always told them to "question everything" and to "never let anyone define who they are" – this way they will find and experience their own purpose in life.

So here we are, Kathy and I and our children are no longer in our house. We, empty nesters, downsized but have enjoyed living in The Shores for over 20 years so we decided to stay in The Shores. The cycle starts over for the next generation of Schroeders in America. On that note, I wish everyone, as always, a Sunshine State of Mind.

Accepting New Patients

## Dermatology SouthEast

ST. JOHNS

Dr. Frazier is Serving the  
St. Johns and Surrounding Communities.

Dr. Frazier will be located at:

616 State Rd 13, Suite 8 • St. Johns, FL 32259

To make an appointment please call  
904-512-1899 • [www.DermSouthEast.com](http://www.DermSouthEast.com)



Arianne Chavez-Frazier, MD  
is board certified in dermatology and Fellowship trained in Mohs micrographic surgery. Dr. Chavez-Frazier has been serving the Jacksonville community since 2010.

## DATES: JUNE 22 - JULY 1, 2018

## EATER RULES

- Thirsty? Grab a Bud or Bud light! Check our guide to see which burger will get paired with which beer by the experts!
- Don't worry if they run out for the night, you can try again tomorrow!
- Wait times may be longer, be prepared! Call ahead if you can!
- Don't forget to tip your waiter!
- Don't forget the sides! Your waiter will recommend the best pairing for the featured burger.
- Don't forget to vote for your favorite Burger at [staugustineburgersandbeerweek.com](http://staugustineburgersandbeerweek.com)

## ST. AUGUSTINE BURGERS & BEER WEEK

**\$8 SPECIALTY BURGER!**

Each participating restaurant will create it's own speciality burger. Chefs will be competing to make the most unique burger in town.

BEST. BURGER. EVER.



HOMEMADE • SOUPS • SALADS • SANDWICHES  
• BURGERS • FRIES • AND MORE

**(904)-679-5008**

926 Santa Maria Blvd. Saint Augustine, FL



## Shores United Methodist Church New Pastor Carolyn Westlake

The Staff-Parish Relations Committee of Shores United Methodist Church is pleased to announce that Rev. Carolyn Ruth Westlake will become the new pastor of Shores United Methodist Church beginning Sunday, July 1.

Rev. Westlake was the pastor at Pine Island United Methodist Church in Pine Island, Minnesota. She is returning to Florida after serving in church ministries in Minnesota since 1999. Her formal education includes an AA Degree from Hillsborough Community College, a BA in Psychology from the University of South Florida and a Master of Divinity degree from Asbury Theological Seminary. She lists her top spiritual gifts as preaching, relationships, community involvement, and empowering leadership.

She has been married to Dave Westlake for 24 years and they have three children: Ashley (20), Franklin (18), and Joshua (10). Both Pastor Westlake and her husband are originally from the Florida West Coast, Tampa and Seffner, and are looking forward to returning home to Florida.

Shores United Methodist Church is a member of the Florida Conference of the UMC Northeast District and serves the St. Augustine Shores and surrounding communities. Please join us as we embark on a renewed spiritual journey with our new pastoral family on Sunday mornings at 8:45 a.m. and 11:00 a.m. For more information about Shores United Methodist Church, please visit our website at [www.shoresumc.org](http://www.shoresumc.org) or call 797-4416.



**Free Concert Series**  
**Music by the Sea**

**June 6 - Stir It Up**  
Food by Tides Oyster Co

**June 13 - Jax Salsa Band**  
Food by Amici

**June 20 - Take Cover**  
Food by LaStrada

**June 27 - Salt Driven Ride**  
Food by ByDesign Catering

Learn More at  
[www.freebeachconcerts.com](http://www.freebeachconcerts.com)

**St. Augustine Beach Civic Association**  
find out more at [www.sabca.org](http://www.sabca.org)

**@ St. Johns County Pier Park**

**The Wednesday Market**

**Wednesdays 8am-12:30 pm**  
**Rain or Shine**

### Sunshine Roof Services LLC

**RECENT STORM DAMAGE?**  
Call your local experts for help with your insurance claim

**Important Questions To Ask Your Roofer**

- May I see proof of workman's compensation insurance? (Don't settle for exempt status)
- May I see proof that you are licensed and insured?
- Will you provide me with a list of client references I may contact?
- Will you guarantee your work and provide a written warranty?

**904-794-7100**  
Free Estimates  
Locally owned and operated  
State Certified Lic # CCC058201

# Curries Market

**Fresh Fruit & Vegetables**  
**Local Vine Ripe Tomatoes**  
**Local Shrimp - Call for Availability**

**904-460-2470**  
**Shores Plaza on Santa Maria Blvd.**

**DENISE CLICKS...Pet Care**  
"Keeping Your Hound Happy"  
"Home Care, Walks & Cleanup"  
Denise & Jared Click  
[deniseclickart@aol.com](mailto:deniseclickart@aol.com)  
**Shores Residents**  
"Yard Clean Up"

**904-392-7896**  
Call or Text

**Work From Home Opportunity**  
*With a Local Title Company*  
**Ideal for Professionals with Experience In:**

- Real Estate Title OR
- Real Estate Sales OR
- Mortgage Lending

Set your own pace and get paid for each closing.

**More MONEY with More FREEDOM**

Supplement your existing income or create a primary revenue source by joining the work-from-remote team of an established title company, in business in Northeast Florida over 20 years.

[ThirdPartyMessenger@gmail.com](mailto:ThirdPartyMessenger@gmail.com)  
Total Confidentiality Assured in Inquiry

## DELTONA REALTY

**AT ST. AUGUSTINE SHORES**  
A DIVISION OF THE DELTONA CORPORATION

**904-797-6769**  
[www.DeltonaRealtyInc.com](http://www.DeltonaRealtyInc.com)  
Email: [melissa.owen@deltona.com](mailto:melissa.owen@deltona.com)

**ISLES OF THE WORLD**

Unique 4BR/3.5BA townhome with a garden suite above the 2-car garage. Main house has first floor master, two bedrooms upstairs and a large bonus space. Enjoy the amenities of the King and Bear (NO golf). \$2,000 monthly.

**FULL SERVICE PROPERTY MANAGEMENT. OUR INVENTORY IS LOW. .WE NEED RENTALS!**

## Wild Flower Meadow Group

by Cindy Taylor

After Hurricane Irma hit the meadow last fall, there was the winter mowing and then the winter down time. For many months the meadow looked as if it was done, then spring came, and now the wildflowers seem prettier and more plentiful than ever before. It just goes to show that when things look dormant or dead, there's still life and it grows again. Nature has its cycles and one or two down seasons are only part of the story.

By the way, the little red flags in the meadow mark where we put in new flowers or bushes. We have to water them till they're at home and the flags tell us where they are. Once the new plants are established, we'll remove the flags.

We were going to put in some native wire grasses in the lower meadow on the side near the woods; but while we were planning, flat topped goldenrod moved in through their roots and are now growing well. They're native flowers too and who are we to tell them where they can and can't grow and bloom? By the way they aren't allergenic, so don't worry about that.

The list of flowers blooming, as I write this, is long and I apologize to those I forget to add. Honeysuckle vine, coreopsis, spiderwort, coral bean, black root, queen's delight, showy primrose, false dandelion, ladies tresses (YAY!) mimosa strigillosa, field sorrel, Eryngium baldwinii, gaillardia, Spanish needles, prickly pear cactus, fleabane, dune daisy, wild petunia, and frog fruit.



In the past I wrote how the meadow is more than its wildflowers. It's also a refuge for pollinators and critters, like gopher tortoise and bluebirds. It's important to respect them and keep our distance so they'll feel safe and won't find somewhere else to live. And please don't feed them.

We occasionally visit state and county parks and welcome newcomers, even if you want to come only on the outings. Our group meets the first Saturday of each month at 8:30 AM by the Riverview Club House. Our goal is to preserve the wildflower meadow and learn about native

plants, especially those that grow in this location. We're an informal group without officers or dues and hope you will join us. Call Claire at 904-826-5366 for more information.

## First Coast Opera to hold Auditions July 1 for 2018-19 Season

First Coast Opera in Saint Augustine announces auditions for singers on Sunday, July 1, from 1:30 PM to 5:00 PM. Auditions are by appointment and will be held at Ancient City Baptist Church, 27 Sevilla Street, in downtown St. Augustine.

Auditioning for all roles in the 2018-19 Season, which includes:

- Bernstein's Broadway – October 11-13, 2018
- Le Nozze di Figaro (The Marriage of Figaro) – January 5-6, 2019
- Tribute to Marian Anderson & Friends – February 22-24, 2019
- Family Opera Festival – Spring 2019



Singers of all levels are welcome. Both paid and volunteer positions available. Additional auditions may be held in September 2018. Some roles may be filled outside of auditions.

Auditioners should be prepared to sing one or two selections. A pianist will be provided. Singers must provide sheet music for the pianist. There is no cost to audition.

To schedule an audition time, contact Curtis Tucker, Artistic Director, by email at ctuckermusic@gmail.com, indicating your preferred audition time. Singers not

scheduled in advance will be heard on a space-available basis. In-person auditions are preferred, but singers unable to attend the auditions may be considered by submitting photo, resumé, and either audio/video files or links to online sources.

For more information about the company, see [www.firstcoastopera.com](http://www.firstcoastopera.com) or [www.facebook.com/firstcoastopera](http://www.facebook.com/firstcoastopera).

## COA Announces Centenarian Luncheon

Council on Aging would like to honor our community centenarians and nonagenarians at the annual Centenarian Luncheon, scheduled for May 23, 2018 at 11:30 a.m. at THE PLAYERS Community Senior Center (175 Landrum Lane, Ponte Vedra Beach, FL 32082.)

Table sponsorships are available for \$250 and include a variety of special recognitions and a seat at the luncheon. If you or someone you want to honor is age 95 or better, please contact us to participate in this very special celebration of our community's treasured older adults. For more information, to sponsor a table, or to RSVP, contact Danielle Johnson at [djohnson@stjohnscoa.com](mailto:djohnson@stjohnscoa.com), 904-280-3753.



**BAKER CO.**

- Residential/Commercial
- Prompt, Reliable Service
- Licensed & Insured

[www.bakercompanyinc.com](http://www.bakercompanyinc.com)

**Call Us At 794-7001**







321 Deerfield Glen. 3br/2ba 1866 sq.ft home with Garage. Priced to sale quickly. \$269,000

**Berta Odom**  
Cell: 904-466-0114  
E-Mail: [propertybyberta@aol.com](mailto:propertybyberta@aol.com)  
Web: [www.bertabythebeach.com](http://www.bertabythebeach.com)


KNOWLEDGE. EXPERIENCE. TRUST.  
2798 US 1 South St. Augustine, FL 32086 • Office: 904-825-2700  
Independently Owned & Operated



**ANCIENT CITY LIONS CLUB**  
**5TH ANNUAL CHARITY GOLF TOURNAMENT**

Funds raised benefit the  
Florida School for the Deaf and the Blind,  
Lions Clubs of Florida Charities & St. Johns County Charities

**LIVE TOURNAMENT BROADCAST ON WSOS 103.9 / 8:45 - 10:45 AM**




**Monday, June 25, 2018 • Starting Time 9:00 AM**  
**MARSH CREEK COUNTRY CLUB**


**169 Marshside Drive • St. Augustine, FL 32080**  
**4 Person Captain's Choice Scramble**

**Each golfer will enjoy:**

- Green and cart fees
- 1/2 price return play at MCCC
- Beverage/Promotional Stations
- Player gift bag
- Full lunch / Awards Ceremony
- 50/50 Raffle and Prizes



Ancient City Lions Club General Membership Meetings are the 4th Thursday of every month, January-October.  
Location is Applebee's Restaurant • 225 SR 312 St. Augustine, FL 32086 • Guests are welcome  
Find us on Facebook: [www.Facebook.com/AncientCityLionsClub](http://www.Facebook.com/AncientCityLionsClub)  
Sponsorship Contact: Amy Moring (843) 814-4399 • [amyhmoring@gmail.com](mailto:amyhmoring@gmail.com)





## St. Johns County Sheriff's Corner

By David Shoar, St. Johns County Sheriff

### Be Safe on the Beach this Summer

As our schools close for the summer it is time for summer vacations for many of our residents. One thing is certain, that many of our residents as well as visitors will enjoy the 42 miles of beaches St. Johns County has to offer. I would like to pass along some tips in this month's column. When at the beach never swim alone and if possible swim near a Lifeguard. If you or a family member doesn't know how to swim, take lessons. Swim lessons are offered through the St. Johns County Recreation Department, the local YMCA, or through many certified swimming instructors. By only knowing how to float in the water may compromise your safety during an emergency.

Many swimmers panic if they get caught in a rip current. If you or a fellow swimmer finds yourself in a rip current, don't fight it. Swim parallel with the beach until you are out of the current and then swim towards the shore. Be sure to watch your young children constantly and don't become distracted by talking on your cell phone, reading or taking a nap. Your attention should be focused on your children at all times. Children as well as teenagers should always be aware of their surroundings and if someone tries to take you somewhere, quickly get away while yelling and screaming. Children should try to stay in a group, remember there is safety in numbers. Because our youngsters cannot always lookout for themselves, it becomes our responsibility to teach them how.

Pay attention to the posted signs on the beach. They are designed for our safety as well as to protect the environment. Remember drinking alcohol is not permitted on all St. Johns County Beaches. To protect your head and neck, never dive headfirst into the ocean. Many beaches in this area have coquina rock buried in the water and serious injuries could occur when diving.

The American Red Cross adds some additional tips for beach safety. Protect your skin: Sunlight contains two kinds of UV rays -- UVA increases the risk of skin cancer, skin aging, and other skin diseases. UVB causes sunburn and can lead to skin cancer. Limit the amount of direct sunlight you receive between 10:00 a.m. and 4:00 p.m. and wear a sunscreen with a sun protection factor of at least 15. Drink plenty of water regularly and often, even if you do not feel thirsty. Your body needs water to keep cool. Avoid drinks with alcohol or caffeine in them. They can make you feel good briefly but make the heat's effects on your body worse. This is especially

true with beer, which dehydrates the body.

Watch for signs of heat stroke: Heat stroke is life-threatening. A person's temperature control system, which produces sweating to cool the body, stops working. The body temperature can rise so high that brain damage and death may result if the body is not cooled quickly. Signals of heat stroke include --Hot, red, and usually dry skin, but in some cases such as during athletic activity while wearing a helmet, the skin may be moist. Changes in consciousness, rapid weak pulse, and rapid shallow breathing. Call 9-1-1 and move the person to a cooler place. Quickly cool the body by wrapping wet sheets around the body and fan it. If you have ice packs or cold packs, place them on each of the victim's wrists and ankles, in the armpits and on the neck to cool the large blood vessels. Watch for signals of breathing problems and make sure the airway is clear and keep the person lying down.

Wear eye protection. Sunglasses are like sunscreen for your eyes and protect against damage that can occur from UV rays. Be sure to wear sunglasses with labels that indicate that they absorb at least 90 percent of UV sunlight. Finally, wear foot protection. Many times, people's feet can get burned from the sand or cut from glass in the sand.

During the summer months, we have a tendency to be complacent by leaving our vehicle doors unlocked and windows open. This is an obvious invitation to criminals to steal our personal items from the inside of the vehicle, especially when using the parking area's near the beach. Remember to always close your windows and lock your doors when you go to the beach. Always remove loose change and valuables from your vehicle. This includes purses, wallets, cell-phones, laptop computers and briefcases. Some of these items could be locked in your trunk and out of sight. Also park in an area that is heavily populated and has people coming to and from the beach. The average criminal does not want to be seen. Remember if you see something suspicious please contact your local law enforcement agency immediately.

I hope that these tips will help you and your family have a fun and safe experience at one of our beautiful beaches. For additional tips on general Crime Prevention please go to the St. Johns County Sheriff's Office website at [www.sjsso.org](http://www.sjsso.org). There is a world of information available there as well as our Facebook page. Please feel free to contact me anytime at my e-mail address at [dshoar@sjsso.org](mailto:dshoar@sjsso.org). Thank you.

## Computer Corner

by Steven Aldrich  
904-479-5661



### Windows 10 Updates - Made Easier

With the changes we see in Windows 10, probably the most confounding is automatic updates. We can no longer tell Windows not to update. Moreover, the updates can mess with our settings and occur at inconvenient times.

It is frustrating to sit down in front of your computer to do a task and finding that it is in the middle of updates. When you find out that these updates will possibly take an hour or longer, it's like rubbing salt in the wound.

Microsoft suggests that you change the "Active Hours" settings. This tells Windows that you are using the computer during certain hours and stops updates from taking place during those hours. But, if the machine is turned off when you are not using it, the updates cannot be done, and will happen when you are trying to use it.

This year I have seen more failed Windows updates than in any prior year. I suspect that this is largely due to folks getting frustrated and interrupting the update by forcing the computer to shut down during the update. Very seldom do I see an update fail on the bench when I am working on a computer. I have seen them take many hours, which is why I suspect that they fail due to "user interaction".

Here are a few hints to help ease the

frustration:

1. Set up your "Active Hours" by clicking the Windows key, then typing "Change Active Hours". This will find the correct setting and show it to you at the top of the search results box. Just click on it, and the Settings will open. Below the Windows Update section, you will see a link to Change Active Hours. (hint, you can set a max of 18 hours)

Side note: if you have not used the Windows 10 search capability before, you will find that it is incredibly powerful for finding documents and settings on your computer.

2. Leave your computer running overnight at least once a week, so that your updates can occur during the night.

3. Expect that your computer may still have to finalize the updates once you have logged in. I suggest that you log in before you go get that first cup of coffee. That will give it some extra time to finish up.

*Steven Aldrich is a technology advisor with decades of experience as an IT Director and is the owner of First Coast Computer Services. Contact Steven if you need a trusted advisor to come to your business or home and help with your technology. See my ad on this page. Steve@fccspro.com or (904) 479-5661.*



**Computer Problems?**  
**Do Windows Updates have you**  
**wondering what to do?**

**Express Service**  
**At Your Home or Business**

Call First Coast Computer Services for PC, Mac, iPad,  
Tablet, WiFi, Printer, File Backup, File Recovery,  
Virus Protection & Removal  
Computer, Tablet and Smart Phone Training

Trusted, Affordable Service for over 20 years



(904) 479-5661 info@fccspro.com www.fccspro.com

First Coast Computer Services is a Service Mark of First Coast Business Consultants, LLC

**ROTO-ROOTER**  
PLUMBERS

WE DO PLUMBING!

Guaranteed Repairs & Installation  
Prompt 7 Day Service  
Free Estimates

**824-1836**

**\$20.00 OFF**  
Limit one coupon per customer

Licensed # CFC057849

### Elvis Tree Climber Extraordinaire

Specializing in:

- Tree Removal • Trimming
  - Pruning • Stump Grinding
- Offering senior discounts  
\$25 off any tree job of \$250 or more.

All with a 100% satisfaction guarantee.

Please call 904 347 1196

## St. Augustine Music Festival Celebrates 12th Year of FREE Classical Concerts

(continued from page 8)

• String Quartet "Death and the Maiden" – Franz Schubert

**Friday, June 22 – MUSIC FOR BRASS AND ORGAN**

(Program to be announced)

**Saturday, June 23 – RUSSIANS AND ROMANTICS**

• String Quartet No. 7 in F-sharp Minor, Op. 108 – Dmitri Shostakovich

• Sextet from Capriccio Op. 85 – Richard Strauss

• String Sextet in D Minor, "Souvenir de Florence" Op. 70 – Piotr Ilyich Tchaikovsky

**Thursday, June 28 – MOZART AND A MENAGERIE**

• Wendy Chen and Ileana Fernandez, pianos

• Piano Concerto No. 10 in E-flat for Two Pianos, K. 365 – Wolfgang Amadeus Mozart

• Carnival of the Animals – Camille Saint-Saens

**Friday, June 29 – TWENTIETH-CENTURY SENTIMENTS**

• Andres Diaz, Cello

• Fancy on a Bach Air – John Corigliano

• Cello Sonata, Op. 19 – Sergei Rachmaninoff

• Piano Quintet in G Minor, Op. 57 – Dmitri Shostakovich

**Saturday, June 30 – LYRICAL SUITES AND HAYDN TREATS**

• Andres Diaz, Cello

• Capriol Suite – Peter Warlock

• Cello Concerto No. 2 in D Major, Hob VII:2 – Joseph Haydn

• Idyll Suite for String Orchestra – Leos Janacek

• Symphony No. 64 in A Major, Hob I:64 "Tempora Mutantur" – Joseph Haydn

## Don't Be Fooled

By Rob Stanborough  
PT, DPT, MHSc, MTC, CMTPT, FAAOMPT  
First Coast Rehabilitation  
(904) 829-3411



I am often asked how much weight should I use during exercise and how many reps/sets should I do? My answer is simple: use as much resistance as you can move safely and correctly through the full range of motion, and do as many reps as you can to the point of fatigue without compensation. Put even more simply - fatigue your system so it is challenged but avoid compensation to prevent injury.

Admittedly, I am not as regular with my exercise as I should be. I grew up playing soccer in high school and college. After that, and putting on several post college pounds, I took up running. Life and injury gently nudged running out of my schedule to the point where I was not exercising at all. Several years ago, after learning of my

family's history of high blood pressure and consulting my doctor, I took up swimming. I thought swimming would be great. Water is always relaxing and swimming is easy on the joints. The resistance of the water is constant so I should get a good work-out, etc, etc; the benefits are endless. However, I had no idea the transition I would face going from land based exercise to water.

All the things I had learned and heard about swimming are true. Swimming and/or aquatic exercise is a great way to strengthen, condition and stay healthy. The force of the water opposes the force of gravity. Just as the force of gravity is constantly pushing me down, which I've written about in previous columns, the force of water constantly pushes me up. Buoyancy uniformly lifts my body, decreases joint compression and enables me to exercise with less stress to my joints surfaces but don't be fooled. Just as the water provides uniform buoyancy – it also provides uniform or constant resistance AND more importantly, it does not allow the storing and use of "potential energy."

During walking, running or lifting weights my body produces energy and force to create a motion. As I lift my foot to walk or I lift a weight, I must produce energy to produce the movement. When my foot hits the ground or when I lower Don't Be Fooled the weight, energy from the movement itself is absorbed and briefly stored in my tissues to be re-used as a spring. It is an incredibly efficient system to help with movement. Although the first repetition is difficult because I have to generate raw energy to create movement, and the last is tough due to fatigue, at least I can benefit from potential energy in the middle. Unfortunately, this is not so with swimming or aquatics.

Swimming and/or aquatic exercise does not allow such use of potential energy. The water steals my energy. Sure I can use my legs to push off the wall but this is met with the constant resistance of the water. I am able to keep myself moving using various strokes but as soon as I stop moving my arms or legs I stop. It seems almost unfair as I watch my energy move away from me through the ripples of the water. To keep moving I have to keep generating more, and more, and more energy.

So, although swimming and aquatics are fun, enjoyable, a great/safe workout routine for the joints, and a safe and constant work-out for the muscles, don't be fooled. Swimming and/or aquatic exercise can make you sore and tired just as much, if not more than any other form of exercise. Follow the same considerations you would for any other form of exercise: consult you MD and PT. Follow a regular and progressive exercise routine. Allow your body time to adapt and change with the routine and don't overdo it the first few times.

Rob Stanborough is a physical therapist serving St. Augustine for over 10 years. He is president and co-owner of First Coast Rehabilitation, as well as co-author of *Myofascial Manipulation: Theory & Application, 3rd ed* by Proed Inc. He is certified in manual therapy, a Fellow of the American Academy of Orthopaedic Manual Therapists and has presented on the topic of soft tissue dysfunction in a variety of venues. Read previous columns posted on [www.firstcoastrehab.com](http://www.firstcoastrehab.com).

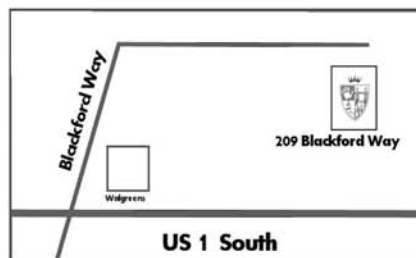


# First Coast

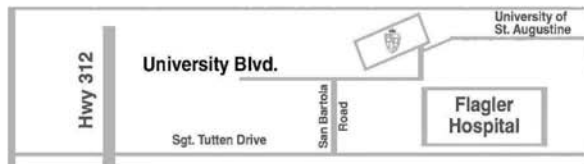
## REHABILITATION WELLNESS & PERFORMANCE

Now a new location providing additional services

209 Blackford Way  
St. Augustine, FL 32086  
Ph: (904) 907-1122  
Fx: (904) 907-1123



1 University Boulevard  
St. Augustine, FL 32086  
Ph: (904)829-3411  
Fx: (904) 829-3412



See a full listing of our services and specialists at: [www.firstcoastrehab.com](http://www.firstcoastrehab.com)



## Fire Prevention Corner

By Robert Growick, Division  
St. Augustine Fire Department  
Chief/Fire Marshal

### Electrical Fire Safety in the Home

Did you know about half of all home electrical fires involve lighting equipment or home electrical wiring.

Understanding the common causes, warning signs and appropriate safety measures can help prevent an electrical fire in your home. The most common causes for electrical fires are:

- Incorrectly installed wiring
- Overloaded circuits and extension cords
- Defective or improper plugs, switches and outlets
- Misuse and poor maintenance of lighting

Follow these electrical safety tips to help keep your home fire-safe.

- Plug only one heat-producing appliance (such as a coffee maker, space heater, or microwave) directly into a wall outlet at a time.
- Extension cords should only be used temporarily. Have an electrician install additional wall outlets where you need them.
- Never use an extension cord with a heat-producing appliance.
- Don't overload extension cords or wall outlets.
- Check your electrical cords. If they are cracked or damaged, replace them immediately. Don't try to repair them.
- Use light bulbs that match the

recommended wattage on the lamp or fixture.

- Avoid putting cords where they can be damaged or pinched, like under a carpet or rug.

- Do not overload power strips.
- Use power strips that have internal overload protection.

- Make sure all electrical work in your home is done by a qualified electrician!

Don't Forget the Warning Signs of Faulty Wiring or Electrical Systems

To prevent an electrical fire, learn to recognize the warning signs that indicate a possible wiring or electrical problem. Contact a licensed electrician immediately to examine and repair electrical problems if you experience any of the following issues in your home:

- Flickering or dimming lights
- Switches or outlets that are hot to touch and/or emit an acrid odor
- Discolored cords, outlets and switch plates
- Repeatedly blown fuses and tripped circuit breakers

**FACT FOR THE DAY!**

To become a licensed electrician, one must pass a rigorous state certified exam before they can start their business.

If you have questions regarding electrical fire safety in your home please call 904 825-1098 or visit us at [www.citystaugfire.com](http://www.citystaugfire.com)

# NOW is the Time to RESHOP Your Home Insurance



We could save you **HUNDREDS** on all your Insurance needs

- Home • Rentals • Life • Condo
- Auto • Health

### First Florida Insurance Network Shores & South Communities Premier Agency for HOME Insurance

Desired Coverage	Yearly Premium*
\$150,000	\$620
\$160,000	\$630
\$170,000	\$647
\$180,000	\$662
\$190,000	\$699
\$200,000	\$722
\$210,000	\$751
\$220,000	\$780
\$250,000	\$877

**DISCLAIMER:** \* BASED ON 1982 masonry home, HIP roof less than 15 yrs old, \$1000/2% Deductibles, \$300,000 liability, Replacement cost coverage for home and personal contents.

**Take the First Florida Insurance "QUOTE CHALLENGE"**  
Call, Click, Or Visit Our Local Office



**First Florida Insurance**  
100 Southpark Blvd., Suite 105, St. Augustine, FL 32086  
(904) 342-8115

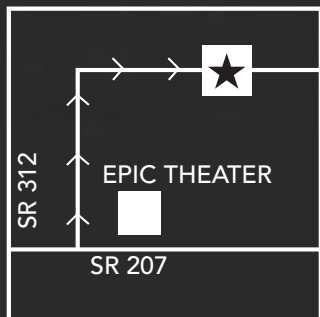
[www.firstfloridainsurance.com](http://www.firstfloridainsurance.com) [jane@firstfloridainsurance.com](mailto:jane@firstfloridainsurance.com)

## ELITE GERMAN AUTO SERVICE

Formerly known as

**JERRY'S MB**

**COMPLETE REPAIR & MAINTENANCE FOR MERCEDES AND BMW**



2060 Dobbs Rd  
(behind Epic Movie - turn at McDonalds) **829.5259**

## CUT THE CORD & THE BILL



**FREE TV FOR LIFE!**

**35 TO 100 CHANNELS**

**TOP 100 RATED SHOWS**

**904-794-6774 CALL NOW**

## Financial Focus

Information Provided by  
Edward Jones



### What Should You Look for in an Annual Financial Review?

Given the complexities of the investment world, you might consider working with a financial professional to help you move toward your goals, such as a comfortable retirement. You'll want to establish good communication with whomever you choose, and you should meet in person at least once a year to discuss your situation. At these annual reviews, you'll want to cover a variety of topics, including these:

**Your portfolio's progress** – Obviously, you will want to discuss how well your investments are doing. Of course, you can follow their performance from month to month, or even day to day, by reviewing your investment statements and online information, but at your annual meeting, your financial professional can sum up the past year's results, highlight areas that have done well or lagged, and show you how closely your portfolio is tracking the results you need to achieve your long-term goals.

**Your investment mix** – Your mix of investments – stocks, bonds, government securities and so on – helps determine your success as an investor. But in looking at the various investments in your portfolio, you'll want to go beyond individual gains and losses to see if your overall mix is still appropriate for your needs. For example, is the ratio of stocks to bonds still suitable for your

risk tolerance? Over time, and sometimes without you taking any action, this ratio can shift, as often happens when stocks appreciate so much that they now take up a larger percentage of your portfolio than you intended – with a correspondingly higher risk level. If these unexpected movements occur, your financial professional may recommend you rebalance your portfolio to align it more closely with your goals and risk tolerance.

**Changes in your family situation** – A lot can happen in a single year. You could have gotten married, divorced or remarried, added a child to your family or moved to a new, more expensive house – the list can go on and on. And some, if not all, of these moves could certainly involve your financial and investment pictures, so it's important to discuss them with your financial professional.

**Changes in your goals** – Since your last annual review, you may have decided to change some of your long-term goals. Perhaps you no longer want to retire early, or you've ruled out that vacation home. In any case, these choices may well affect your investment strategies, so it's wise to discuss them.

**Changes in the investment environment** – Generally speaking, it's a good idea to establish a long-term investment strategy

based on your individual goals, risk tolerance and time horizon, and stick with this basic strategy regardless of the movements of the financial markets or changes in the economy. Still, this doesn't mean you should never adjust your portfolio in response to external forces. For instance, if interest rates were to rise steadily over a year's time, you might want to consider some changes to your fixed-income investments, such as bonds, whose value will be affected by rising rates. In any case, it's another thing to talk about during your annual review.

These aren't the only elements you may want to bring up in your yearly review with your financial professional – but they can prove to be quite helpful as you chart your course toward the future.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

## AFFORDABLE LIVING TRUSTS

Now there's no excuse for you and your family not to benefit from the advantages of a Revocable Living Trust especially if you own your own home or condo.



**Single Person  
\$345  
Married Couple  
\$445**

Plus additional incidental costs

### ROBERT D. SCHWARTZ

Attorney At Law • Certified Public Accountant

St. Augustine  
100 Island Cottage Way  
St. Augustine, Florida 32080

Ponte Vedra Center  
822 N. A1A Highway, Suite 310  
Ponte Vedra, Florida, 32082  
Available By Appointment

West Pointe Plaza  
389 Palm Coast Prkwy SW, Suite #4  
Palm Coast, Florida 32137  
Available By Appointment

Mr. Schwartz's qualifications include: Graduate of Univ. of Florida College of Law with honors. Graduate Cum Laude from Florida State University. National Speaker on Estate & Tax Planning.

"The hiring of a lawyer is an important decision that should not be based solely upon advertisement. Before you decide, ask me to send you free written information about my qualifications and experience."

Plus additional incidental costs  
Toll Free 1-866-34-TRUST  
(1-866-348-7878) OR 1-888-615-8641

**Life insurance is an essential part of caring for your family.**

Your Edward Jones financial advisor can help you find a life insurance policy that best suits your family's needs. Call today.

Edward Jones is a licensed insurance producer in all states and Washington, D.C., through Edward D. Jones & Co., L.P., and in California, New Mexico and Massachusetts through Edward Jones Insurance Agency of California, L.L.C.; Edward Jones Insurance Agency of New Mexico, L.L.C.; and Edward Jones Insurance Agency of Massachusetts, L.L.C.



**Geoffrey S. Nadler**  
Financial Advisor

4255 US 1 South Suite 7  
St Augustine, FL 32086  
904-794-2012

[www.edwardjones.com](http://www.edwardjones.com)

**Edward Jones**  
MAKING SENSE OF INVESTING

### Reach The Shores & The South By U.S. MAIL!

- Not thrown on lawns or driveways
- Documented delivery By U.S. Postal Service
- No Subscription Required in some areas... call 904-607-1410 to advertise your business or service.





**MOULTRIE CREEK**  
NURSING & REHAB CENTER

## **YOUR BRIDGE FROM HOSPITAL TO HOME**

**If you or a loved one are in need of Rehabilitation after a Hospital Stay, we know your goal is to get Home as soon as possible.**

**Our Friendly and Professional Nursing and Rehabilitation staff will get you or a loved one healthy with all the necessary skills you will need to return home.**

**Please Call or Stop by for a Tour Today!**

**(904) 797-1800**

**MOULTRIE CREEK**  
NURSING & REHAB CENTER

**200 Mariner Health Way  
St. Augustine, FL 32086**

**YOUR BRIDGE BETWEEN THE HOSPITAL & HOME**

**[www.MoultrieCreekRehab.com](http://www.MoultrieCreekRehab.com)**



**AMY M. VO, ATTORNEY**  
*Commercial and Residential Real Estate Transactions and Contracts*

**ST. JOHNS**  
**LAW GROUP**  
 DEDICATED & RESPONSIVE

**REAL ESTATE LAW AND CLOSINGS**

Amy M. Vo has extensive experience in real estate law, serving as title agent on transactions and drafting commercial and residential contract documents. Amy understands that closings are often a complicated and time sensitive process and she takes pride in being responsive to realtors, brokers, and lenders, while being available to clients to help make the closing pleasant and effortless. Amy plays a vital role in overseeing the details of your transaction from evaluating title to pursuing the appropriate legal remedies to clear defects or resolve contract disputes. Aside from a team of processors and closers, St. Johns Law Group has numerous lawyers to draw upon should other legal issues arise, such as construction litigation, entity formation or estate planning for buyers relocating from out-of-state.

**904.495.0400**

**www.sjlawgroup.com**

**June is "Self-Awareness" Month**

Many people are unaware of what Hypnotherapy really is, how it works and how it can permanently change unwanted behaviors and reactions to particular "trigger" events in their life. The subconscious mind is that part of your mind where all your beliefs about yourself and the world are held. Hypnotherapy is a bringing out into the conscious mind, the root cause of these beliefs that may be leading to maladaptive behaviors such as smoking, drinking to excess, comfort eating, negative self talk and self defeating attitudes.

For the entire month of June, for those scheduling an individual session (regular fee of \$125.00) you will receive a 20% discount. For those scheduling three (3) sessions, you will receive a 25% discount on the package.

I can be reached at [cheryllrobertsonhypnosis@gmail.com](mailto:cheryllrobertsonhypnosis@gmail.com) or 904-814-9169. My office is located at 344 Paseo Reyes Drive. I look forward to hearing from you!

**Cheryll Robertson**

**RIVERSIDE COTTAGES**  
 AT THE SHORES

ASSISTED LIVING RESIDENCE WITH MEMORY CARE LOCATED IN THE ST. AUGUSTINE SHORES

[www.RiversideCottagesALF.com](http://www.RiversideCottagesALF.com)

License AL#12763

471 Shores Blvd | St. Augustine, FL 32086 | (904) 501-5149

**EYE CENTER**  
 OF ST. AUGUSTINE

**THE EYE SURGERY CENTER OF ST. AUGUSTINE**

			<ul style="list-style-type: none"> <li>• Cataract &amp; Lens Implant Surgery</li> <li>• Diabetic Eye Exams</li> <li>• Glaucoma/Retinal Disease</li> <li>• All Eye Laser Procedures</li> <li>• Ophthalmic Plastic Surgery</li> <li>• Optical Shop On Premises</li> </ul>
Paul W. Hund, III, M.D.	Todd P. Thompson, M.D.	N. Patrick Hale, M.D.	
Russell W. Nelligan, M.D.*	Michael A. Dagostino, O.D.	Todd S. Hockett, O.D.	
*Cornea Specialist			

1400 U.S. Highway 1 South  
 Just North of Target  
**(904) 829-2286**

319 West Town Place, Suite 8  
 World Golf Village  
**(904) 940-9200**

**Best Vision Center**  
 12 Years

**AAAHC Accredited**  
 Surgery Center

**ACCREDITED**  
 ASSOCIATION for AMBULATORY HEALTH CARE

Visit Us On The Web At [www.eyecenterstaug.com](http://www.eyecenterstaug.com)

**Physicians Dedicated To The Care Of Your Eyes**