

# September 2019

## Daytime (9-3pm) Group Respite Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>CLOSED</b> Labour Day	3 ❖ Hot Buttered Corn on the Cob (T1/\$) ❖ Foot Soak	4 Happy Birthday Kyle! ❖ <b>Lunch</b> Date & Cool Treats (T1/\$) ❖ Kyle's Birthday Celebrations!	5 ❖ DIY Pizza <b>Lunch</b> (L) ❖ Movement	6 ❖ Beach Day (T1/\$) ❖ Picnic Lunch	7
8	9 ❖ DIY Muffin Monday ❖ Aquafit (T1/\$) ❖ Community Service (T1)	10 ❖ Nature Scavenger Hunt (T1) ❖ Let's <b>Brunch</b> (L)	11 ❖ Coffee Date (T1/\$) ❖ Music & Movement	12 Happy Birthday Vanessa! ❖ Movie Morning ❖ Hot Buttered Corn on the Cob (T1/\$)	13 ❖ Patio Drinks (T1/\$) ❖ Program Errands	14
15 Happy Birthday Heather!	16 ❖ DIY Muffin Monday ❖ Community Service (T1)	17 Happy Birthday Mason! ❖ Group Games ❖ Garden Cooking	18 ❖ Apple Picking! & Lunch Date (T2/\$)	19 ❖ Waffle & Pancake <b>Lunch</b> (L) ❖ Movement ❖ Foot Soak	20 ❖ DIY Smoothies ❖ Instruments from around the world	21 Mason's Fundraiser  <b>FUNDRAISER FOR MASON APPELYARD- THE SUPER HUMAN @ Belle River High School, BBQ, Silent Auction &amp; Blood Drive 11am-3pm</b>
22	23 ❖ DIY Muffin Monday ❖ Aquafit (T1/\$) ❖ Community Service (T1)	24 ❖ Coffee Date & Walk in the Park (T1/\$) ❖ Pay-It-Forward Prep ❖ Foot Soak	25 ❖ Explore John R Park Homestead Conservation Area (T2)	26 ❖ DIY Hot Apple Cider ❖ Explore Jack Miner Bird Sanctuary (T1)	27 ❖ Pay-It-Forward Project: Stickers & Candy! ❖ Campfire	28
29	30 ❖ DIY Muffin Monday ❖ Community Service (T1)	1	2	3	4	5
6	7	<p>Notes</p> <p><b>15</b> = Previous Month's Invoice Due</p> <p><b>Aquafit:</b> Bathing suit, towel  <b>Water Fun/Beach Day:</b> Bathing suit, towel, sunscreen, hat  <b>Picnic:</b> Please send a picnic ready lunch</p>				



\*Calendars are subject to change

# September 2019

## Eve (3pm-8pm) Group Respite Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 CLOSED Labour Day	3 Menu: Stir Fry & Rice (D) • Grocery Shopping & Meal Prep • Let's Hit the Gym!(T1)	4	5 NOW 8pm Pick-Up Menu: Dinner date(\$) • Let's Hit the Gym!(T1) • Movie Night-In	6 Menu: Dinner date(\$) • Let's Hit the Gym! & Explore your Community(T1)	7
8	9	10 Menu: Nacho Night (D) • Grocery Shopping & Meal Prep • Let's Hit the Gym!(T1)	11	12 NOW 8pm Pick-Up Menu: Dinner date(\$) • Let's Hit the Gym!(T1) • Community Garbage Pick-Up	13 ME: Games Night 6pm-7:45pm	14
15	16	17 Menu: Paninis & Veggies (D) • Grocery Shopping & Meal Prep • Let's Hit the Gym!(T1)	18	19 NOW 8pm Pick-Up Menu: Dinner date (\$) • Let's Hit the Gym!(T1) • Program Laundry	20 *PICK UP* Menu: Dinner date(\$) • Let's Hit the Gym!(T1) • Stroll the Street Belle River (T1)	21 FUNDRAISER FOR MASON APPELYARD- THE SUPER HUMAN @ Belle River High School, BBQ, Silent Auction & Blood Drive 11am-3pm
22	23	24 Menu: Chick Caesar Salad(D) • Grocery Shopping & Meal Prep • Let's Hit the Gym!(T1)	25	26 NOW 8pm Pick-Up Menu: Dinner date (\$) • Let's Hit the Gym!(T1) • Spectate a Sport	27 Menu: Dinner date (\$) ME: Apple Picking (T2)	28
29	30	1	2	3	4	5

6	7	<b>Monthly Notes</b> <span style="background-color: yellow;">15</span> Previous Month's Invoice Due <span style="background-color: orange;">ME</span> Member's Event <span style="background-color: green;">CE</span> Community Event <span style="color: red;">*PICK-UP*</span> Alternate Pick-Up Location
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### Alternate Pick-Up Locations

Friday September 20- Pickup at Optimist Park: 705 Notre Dame St, Belle River, ON N0R 1A0



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