

Postpartum Virtual Support Package

This package is great for people in their 4th trimester + those who have multiple kids!

Included in this service:

- Assistance in creating your postpartum plan
- Educational support to help you make informed decisions about caring for your baby including information on breastfeeding, cloth diapering, and baby-wearing
- Unlimited text and/or email emotional support
- 1 initial consultation - You will learn more about our services and get to know each other better!
- 24/7 on-call phone support 2 weeks after childbirth
- 1 postpartum call - Addressing any questions and/or concerns with newborn care, breastfeeding, self-care, birth story experience, and how your partner or loved-one can support you.
- Access to online Mother's Support Group
- Unlimited Online Evidence Based Articles

Package Options Include:

4 week session – \$600 Investment

8 week session – \$1100 Investment (*save \$100*)

"So how do I start the process?"

I'm glad you asked! Let me break it down the process step-by-step...

Step 1:

Fill out the client intake form

[client-intake-form](#)

Step 2:

We will get your form in our email and
either email you back or call you within 1-2 business days (usually much
sooner tbh)

Step 3:

Tell us what you need and how we can help!

Step 4:

We will send you our contract and an invoice. Just
sign and pay the deposit amount!

Step 5:

We will send you a doula ASAP!

Step 6:

Enjoy the peace of mind that comes from having a professional and
compassionate doula help you!