

SUGGESTED MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK ONE	CHICKEN ALOO CURRY, NAAN/CHAPATI, SALAD, AND FRUITE	CHANA CURRY , NAAN, SALAD, AND KHEER	CHICKEN STEW, NAAN, SALAD, AND GULAB JAMUN	MIX SABZI, NAAN/CHAPATI, SALAD, AND SUJI HALWA	CHICKEN BIRYANI, RAITA, AND COLD DRINK	DAAL MAASH, CHAPATI, SALAD, AND JELLY CUSTARD
WEEK TWO	CHICKEN PALAK, NAAN/CHAPATI, SALAD, AND SHEER KHURMA	MUTTER PULAO, RAITA, AND FRUITE	CHICKEN HALEEM, NAAN, GREEN SALAD, AND FRUITE	LOBIYA FRY, CHAPATI, SALAD, AND FRUITE CUSTARD	CHICKEN BIRYANI, RAITA, AND ZARDA	DAAL MALKA MASOOR, CHAPATI, SALAD, AND SOOJI HALWA
WEEK THREE	CHICKEN KOFTA, NAAN, SALAD , AND KHEER	ANDA CHANA CURRY, NAAN, SALAD, AND FRUITE	CHICKEN NEHARI, NAAN, GREEN SALAD, AND GULAB JAMUN	DAAL MIX, NAAN/CHAPATI, ACHAAR, AND JELLY CUSTARD	CHICKEN PULAO, RAITA, AND COLD DRINK	MIX SABZI, NAAN/CHAPATI, SALAD, AND FRUITE
WEEK FOUR	CHICKEN STEW, NAAN, SALAD, AND ZARDA	CHANA PULAO, RAITA, AND SHEER KHURMA	CHICKEN ALOO CURRY, NAAN, GREEN SALAD, AND FRUIT	MIX SABZI, NAAN/CHAPATI, SALAD, AND GULAB JAMUN	CHICKEN BIRYANI, RAITA, AND COLD DRINK	DAAL CHANA FRY, NAAN/CHAPATI, ACHAR, AND JELLY CUSTARD

*(INCOME TAX AND SIND TAX WILL BE ADDITIONALLY APPLICABLE)

TEA:RS.15/CUP

SUGGESTED MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK ONE	CHICKEN CURRY, NAAN, AND FRUIT CUSTARD	CHICKEN DAAL GOSHT, NAAN, AND SUJI HALWA	CHANA CURRY, NAAN, AND SHEER KHURMA	CHICKEN QEEMA, CHAPATI, AND CAKE CUSTARD	CHICKEN BIRYANI, RAITA, AND ZARDA	DAAL MIX, CHAPATI, AND KHEER
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK TWO	CHICKEN QORMA, NAAN, AND GULAB JAMUN	CHICKEN KOFTA, NAAN, AND FRUIT	MIX SABZI, NAAN/CHAPATI, AND PUDDING	CHICKEN NEHARI, NAAN, GREEN SALAD, AND KHEER	CHICKEN PULAO, RAITA , AND COLD DRINK	LOBIA FRY, CHAPATI, AND JELLY CUSTARD
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK THREE	CHICKEN STEW, NAAN, AND SUJI HALWA	CHICKEN NEHARI, NAAN, GREEN SALAD, AND GULAB JAMUN	ANDA CHANA CURRY, NAAN, AND FRUIT	CHICKEN AALOO QEEMA, CHAPATI, AND FRUITE CUSTARD	CHICKEN BIRYANI, RAITA, AND ZARDA	DAAL CHANA FRY, CHAPATI, AND SHEER KHURMA
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK FOUR	CHICKEN KARAHI, NAAN, AND CAKE CUSTARD	CHICKEN QEEMA SHIMLA, CHAPATI, AND GULAB JAMUN	DAAL MAASH, CHAPATI, AND SUJI HALWA	CHICKEN HALEEM, NAAN, GREEN MASALA, AND FRUIT	CHICKEN PULAO, RAITA, AND COLD DRINK	MIX SABZI, NAAN/CHAPATI, AND KHEER

*(INCOME TAX AND SIND TAX WILL BE ADDITIONALLY APPLICABLE)

TEA:RS.15/CUP

SUGGESTED MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK ONE	CHICKEN ACHAARI, DAAL, CHAAWAL, NAAN/CHAPATI, AND SALAD	CHICKEN RESHMI KABBAB, DAAL MIX, GREEN CHATNI, CHAAWAL, AND CHAPATI	CHICKEN QORMA, DAAL CHANA FRY, NAAN/TAAFTAN, SALAD, AND SHEER KHURMA	CHICKEN PALAK, DAAL CHAAWAL, CHAPATI, AND ACHAAR	CHICKEN BIRYANI, RAITA, SABZI ROLL, AND CAKE CUSTARD	CHICKEN NEHARI, DAAL, CHAAWAL, GREEN SALAD, AND NAAN
WEEK TWO	CHCKEN GINGER, MIX DAAL, CHAAWAL, NAAN, AND SALAD	CHICKEN KARAHI, DAAL MALKA MASOOR, CHAAWAL, AND NAAN	CHICKEN HAANDI, ZEERA CHAAWAL, DAAL CHANA, CHAPATI, AND KHEER	CHICKEN BEHARI BOTI, DAAL MALKA MASOOR, CHAAWAL, GREEN CHATNI, AND CHAPATI	CHICKEN PULAO, RAITA, WONTON, AND COLD DRINK	CHICKEN STEW, DAAL, CHAAWAL, NAAN, AND SALAD
WEEK THREE	CHICKEN PALAK, DAAL, CHAAWAL, CHAPATI, AND SALAD	CHICKEN KOFTA, DAAL, CHAAWAL, NAAN, AND SALAD	CHICKEN ACHAARI, DAAL ZEERA CHAWAL, NAAN/CHAPATI, AND COCONUT PUDDING	FRIED CHICKEN, MIX DAAL, CHAAWAL, KETHCUP, AND CHAPAATI	CHICKEN BIRYANI, RAITA, ZARDA, AND SABZI ROLL	MURGH CHANA, MIX SABZI, CHAAWAL, AND SALAD
WEEK FOUR	CHICKEN QORMA, DAAL MALKA MASOOR, NAAN/ TAAFTAAN, AND SALAD	CHICKEN RESHMI KABBAB, GREEN CHATNI, DAAL CHAAWAL, AND CHAPATI	CHICKEN ALOO CURRY, DAAL CHAWAL, NAAN, AND KHEER	CHICKEN KARAHI, DAAL MALKA MASOOR, CHAAWAL, AND NAAN	CHICKEN BIRYANI, RAITA, FRUIT, AND WONTON	CHICKEN HALEEM, GREEN SALAD, MIX SABZI, AND NAAN

*(INCOME TAX AND SIND TAX WILL BE ADDITIONALLY APPLICABLE)

TEA:RS.15/CUP

SUGGESTED MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK ONE	CHIKEN QORMA, DAAL CHAAWAL, SALAD, NAAN, AND FRESH FRUIT	CHICKEN KOFTA CURRY, DAAL MALKA MASOOR, CHAAWAL, SALAD, AND NAAN KHEER	ANDA CHANA CURRY, SABZI, CHAAWAL, NAAN, SALAD, AND KHEER	CHICKEN ACHAARI, DAAL, CHAAWAL, NAAN/CHAPATI, SALAD, AND PUDDING	BEEF PULAO, RAITA, ZEERA AALOO, CHAPATI, AND COLD DRINK	BEEF NEHARI, GREEN SALAD, DAAL, CHAAWAL, NAAN, AND FRUIT
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK TWO	CHICKEN HAANDI, DAAL MALKA MASOOR, CHAAWAL, SALAD, NAAN/CHAPATI, AND COCONUT PUDDING	BEEF HALEEM, GREEN SALAD, ZEERA AALOO, NAAN, AND FRESH FRUIT	CURRY PAKORA, SABZI CHAAWAL, NAAN, SALAD, AND FRUIT	CHICKEN BEHARI BOTI, GREEN CHATNI, DAAL CHAAWAL, CHAPATI, AND FRUIT	CHICKEN BIRYANI, RAITA, MIX SABZI, CHAPATI, AND ZARDA	CHICKEN DAM KA QEEMA, DAAL MALKA MASOOR, CHAAWAL, CHAPATI, AND SOOJI HALWA
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK THREE	CHICKEN GINGER, DAAL CHAAWAL, SALAD, NAAN/CHAPATI, AND GULAB JAMUN	MURGH CHANA, MIX SABZI , NAAN, SALAD, AND SUJI HALWA	MIX SABZI, DAAL CHAAWAL, CHAPATI, SALAD, AND KHEER	BEEF NEHARI, ZEERA AALOO, NAAN, GREEN SALAD, AND GULAB JAMUN	CHICKEN PULAO, RAITA, DAAL CHANA FRY, CHAPATI, AND COLD DRINK	CHICKEN HALEEM, GREEN SALAD, ZEERA AALOO, NAAN, AND FRUIT
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK FOUR	CHICKEN AALOO CURRY, DAAL MIX, CHAAWAL, SALAD, NAAN, AND FRUIT CUSTARD	CHICKEN AALOO QEEMA, DAAL MIX, SALAD, AND GULAB JAMUN	ANDA CURRY, DAAL MIX, CHAAWAL, NAAN, SALAD, AND GULAB JAMUN	CHICKEN STEW, DAAL CHAAWAL, NAAN, SALAD, AND FRUIT CUSTARD	BEEF BIRYAANI, RAITA, ZEERA AALOO, CHAPATI, AND ZARDA	FRIED CHICKEN, MIX DAAL, CHAAWAL, KETCHUP, CHAPATI, AND COLD DRINK COLD DRINK

*(INCOME TAX AND SIND TAX WILL BE ADDITIONALLY APPLICABLE)

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SUGGESTED MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK ONE	CHICKEN QORMA , NAAN, AND SALAD	CURRY PAKORA, CHAAWAL, AND ACHAAR	CHICKEN KOFTA, NAAN, AND SALAD	DAAL CHANA, NAAN/CHAPATI, AND ACHAAR	CHICKEN BIRYANI, RAITA , AND COLD DRINK	DAAL MALKA MASOOR, ALOO KI KATLIAN, AND NAAN/CHAPATI
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK TWO	CHICKEN ACHAARI, NAAN, AND SALAD	DAAL MIX, CHAAWAL, AND ACHAAR	MURGH CHANA, NAAN, AND SALAD	LOBIA FRY, NAAN/CHAPATI, AND ACHAAR	CHICKEN PULAO, RAITA, AND FRUIT CUSTARD	DAAL MAASH FRY, CHAPATI, AND ACHAAR
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK THREE	CHICKEN ALOO CURRY, NAAN, AND SALAD	ALOO BIRYANI, AND RAITA	CHICKEN HALEEM, NAAN, AND GREEN SALAD	DAAL MIX, NAAN/CHAPATI, AND ACHAAR	CHICKEN BIRYANI, RAITA, AND SEASONAL FRUIT	DAAL CHANA FRY, NAAN/CHAPATI, AND SALAD
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK FOUR	CHICKEN KARAHI, NAAN/CHAPATI, AND SALAD	MUTTER ALOO, PULAO, AND RAITA	CHICKEN ACHAARI, NAAN, AND SALAD	LAAHORI CHANA, NAAN, AND SALAD	CHICKEN BIRYANI, RAITA, AND ZARDA	MIX SABZI, NAAN/CHAPATI, AND SALAD

*(INCOME TAX AND SIND TAX WILL BE ADDITIONALLY APPLICABLE)

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