

## **U-TURN RANCH Leader in Development (LID) Confirmation**

537097 Oxford Road 34 Woodstock ON N4S 7W1

(519) 949-0619 office@uturnranch.com

**ARRIVAL** - Please plan to arrive at the Ranch on Monday by 8:30.

A parent, guardian or a responsible adult must accompany ALL LIDS and sign them in Monday and out on Friday. All medications and canteen money are to be handed in at registration.

**DEPARTURE** - We will have sign out on Fridays at 5:00. ALL LIDs must be signed out prior to departure. Any medication, and canteen returns will be handed out at sign-out.

**MEDICATION** – Healthcare is taken seriously for your teen while at the Ranch. Please advise us at registration if there are any changes to your teen’s medical information. The Ranch reserves the right to refuse admission to any teen with a suspected contagious condition (eg. Chickenpox or lice). To ensure your teen has a great time, and to protect other teens, please have any condition treated completely before coming to camp. If this is not possible, please call to discuss options. Due to the structure of our program, U-Turn Ranch requests that medications required throughout the year be sent with your teen to camp.

**LOST & FOUND** – While U-turn Ranch works hard to care and protect each individual’s property, we do not assume responsibility for lost or damaged items. Lost and found will be held till the end of the camp season and then donated to a local charity.

**PETS** - We ask that pets are not brought to the ranch during pick up and drop off times.

**LICE CHECKS** - A lice check is completed on all of our campers including LIDS the Monday morning of registration. Please be advised that if there are any lice or nits discovered, your LID will be sent home to be treated and than allowed back to camp once their head is clean. If there is anything that we are unsure of on a campers head, we require that public health clears them before returning. There are no refunds for these situations. **U-turn Ranch strongly encourage parents to check before coming.**

**MAIL** – U-turn Ranch does pony express every day (delivery of mail on horseback). Feel free to send letters for your teen on Monday morning and we will deliver them throughout the week.

**MEALS** - Meals will begin with Monday lunch thru to Friday lunch. Please do not send food with your child due to allergies of other campers, unless prior arrangements have been made with the ranch.

**ALLERGIES** - If a special diet was noted on the application, U-Turn Ranch staff will contact you prior to camp with a menu. We ask that any substitutions be brought with you on the Monday morning for the duration of the week. If you do not hear from us, please contact the ranch office. U-Turn Ranch will make every effort to accommodate allergies, however cannot guarantee that there will be no trace of the allergen in the food served.

**TELEPHONE** - We strongly recommend that your LID does not plan a time to call home, as often it can interfere with program. However, if something does come up, we have no problem with your LID calling home. In that situation, they must speak to Scott or Jodie and we will provide a phone for you them to do so.

**CANTEEN** - The Canteen will be open everyday for the teens to purchase a snack. The Canteen includes things such as chocolate bars, chips, candy, and pop. There are some healthy items as well if they prefer. We have a limit of \$3.00 per day, as every item is \$1.50. Uturn recommends that a drink and a snack item are purchased each time. Please bring money on Monday for registration and extra money will be refunded at the end of the week.

**WHAT NOT TO BRING** – U-turn Ranch is an alcohol, non-prescription drugs, and tobacco free facility. Please discuss this with your LID prior to camp should this be a concern. Chewing gum, inappropriate reading materials and technology (cell phones, tablets etc.) are not permitted at the Ranch, and if brought, will be held in the ranch office until the completion of the week. If this is a concern please contact the ranch prior to the week of camp. We reserve the right to send home any LID who fails to co-operate.

### **DIRECTIONS**

We are located 2 minutes west of Tavistock. Please see our website for detailed instructions.

## WHAT TO BRING

- Sleeping bag, pillow and extra blankets – nights can get cold
- Toiletries (toothbrush, deodorant etc.)
- Swimming Towel
- Showering towel
- Washcloth
- Sun-screen
- Bug spray
- Hat for sun protection
- Bible (optional)
- Notepad and pen
- Water bottle – may be refilled
- Long pants for riding (3)
- Solid shoe or boot with 1.5 cm heel for riding
- Sandals/crocs – shoes that can get wet and for hot weather
- Running Shoes
- T-shirts (5)
- Shorts (4)
- Long sleeved shirt (2)
- Sweater (2)
- Underwear (6)
- Socks (8)
- Rain coat and rubber boots
- Pajamas
- Swimsuit – one piece or tankini (no bikini's please)
- Canteen money (\$10 suggested)
- Warm jacket or sweater for campfire
- Flashlight

