Dadeland Capri Gym Rules

Hours: 7:00 a.m. until 9:00 p.m.

- This facility is not permitted for commercial use (private trainers); it is for the exclusive use of residents. No guests.
- No smoking, food, or sodas permitted. Water only.
- No children under the age of 18 permitted.
- Card access system is required.
- Do not open the door for anyone without a pass.
- Proper attire and a workout towel are required. No bathing suits, bare feet, or flip flops.
- No radios, CD players or sound devices are permitted. Gym users must use earphones.
- For equipment, 30 minutes limit if others are waiting.
- Wipe down all equipment and machines after use. Do not drop weights; keep weights on mats only. Return all weights to the racks.
- No pets are allowed.
- Use of this facility is at your own risk.
- Be courteous and respectful to others.
- Violations of the above rules may result in the forfeit of use of the gym. Gym is monitored by cameras.

Unit #	Card No		
Name			
the Gym at Dadela		abide by all the rules herewith for the us er assert that I am aware and understan e violated.	
Signature		Date	