

Parent Psychotherapy Intensive Training

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Now available virtually!



Parent psychotherapy is a specific discipline with a knowledge base of its own.

This intensive training will explore psychological and biological underpinnings of parenting, clinical themes in parenting, and how parenting may be affected by loss, attachment, trauma, and neglect. Illustrated through case examples, we will consider case content, formulations, hypotheses, and intervention strategies.

We will practice translating clinical concepts into effective language with adult clients.

Participants will be asked to consider their own cases as well as those presented in class.

Module 1

Defining Parent Psychotherapy: Who is it for?

Normative Parenting Processes

Biological, Cultural, and Social Influences

Parenting Themes and Assumptions

Cost

Professionals \$450.00

Students \$350.00

Module 2

Attachment and Adult State of Mind

Loss, Trauma, Stress, and Disruption

Intervention: Themes, Hypotheses, and Techniques

16 CEUs

Psychology

Social Work

Marriage and Family

Module 3

Case Conceptualization

Intervention Techniques

Practice

The Parent Psychotherapy Intensive is a cohort model of training with a minimum of ten people per cohort. Training is a combination of online videos, readings, and live discussions. If you would like to participate, please let me know. I can be reached at cfsiegel@gmail.com.