



RiMa Serene Medical Centre Ltd
Rehabilitation and Recovery - With you every step of the way

Rehab for Teenagers

For a parent, few things are worse than watching their teenager slide into substance abuse or harmful behavioural disorders or addictions. It is quite normal to want to get your teen into rehab as quickly as possible. Choosing the right facility can be confusing and you most likely have many questions and concerns. RiMa Serene Medical Centre is proud to host a specialist teenager addiction rehab programme tailored for 16 to 19-year olds.

Treating addiction in teens requires a different approach than would be used with children or adults. A teenager's brain chemistry, learning pathways and social needs are extremely specific to that age group. Immediately upon arrival at RiMa Serene, teen will be assessed by a qualified professional. This assessment will determine the nature and extent of the teen's addiction or compulsion and establish a single or dual diagnosis before treatment begins.

Following their assessment, the teen will then be assigned to a group with fellow adolescents for group therapy sessions and accommodation. One-to-one therapy sessions are also teen-centric in their focus, approach and delivery.

Residential Care in a Safe and Nurturing Environment

The RiMa Serene addiction rehabilitation programme for teenagers is a residential, room and board facility. It encourages family participation and counselling sessions aimed at healing the entire family's wounds to encourage forgiveness and make new starts.

Unfortunately, youth offers little or no protection from addiction or behavioural compulsions or disorders. More and more teens are falling into drug and or alcohol abuse, self harming, eating disorders, internet or video game addiction and even gambling addiction.

RiMa Serene really do care and want to get your teenager back on track and forging the life that they deserve. A young person's teenage years are too early to start throwing their life away. We make it our mission to help your addicted teen to see the sense in that simple statement.

Please feel free to call us to discuss any aspect of your teen's specific case and the treatment options we have available.