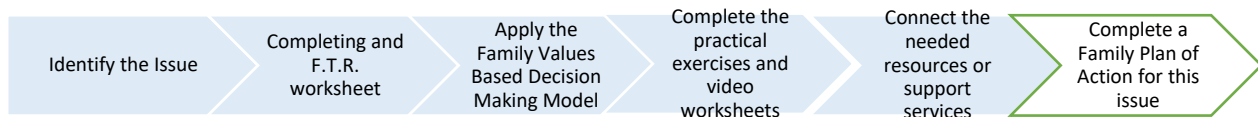


The Family is a System

Responding to Family Issues SEMINAR #1:



| Purpose: | | The Responding to Family Issues creates a plan for future use in how the family will collectively respond to an issue. |
|--------------------------|--|---|
| <input type="checkbox"/> | Instructions | The “Responding to Family Issues” process provides a step by step path for a family to consider when developing their response in how to best create a solution to a family issue. Complete each step below to formulate your possible family course of action. |
| | Identify the Issue | First, identify what issue you are seeking to address. Write what you know about the issue. Then proceed. |
| <input type="checkbox"/> | Complete Family Transformational Response (F.T.R.) | Complete each section in the F.T.R. worksheet using your identified issue. This seminar reviews the “Family is a System”. Topics include: Achieving Balance with family members, functionality and potentiality issues, and addressing obstacles of Denial, Enabling and Codependency. Determine which issue you seeking to resolve. |
| <input type="checkbox"/> | Complete Family Value-Based Decision Making Model | In the Family Value-Based Decision Making Model worksheet complete each section, then take that information and use it as your decision on what you will do collectively as a response to this issue. |
| <input type="checkbox"/> | Key Topic #1: Homeostasis in the Family | Your family will seek balance, by identify with a professional therapist, what areas the family needs to be adjusting, the skills required to make this adjustment and a plan with the therapist on how to develop this change. Complete the practical exercise in the workbook. |
| <input type="checkbox"/> | Key Topic #2: Functionality and Potentiality | Your family members will seek to identify their level of functionality to act in response to an issue and increase their potentiality to contribute to the family dynamic. Complete the practical exercise in the workbook |
| <input type="checkbox"/> | Key Topic #3: Obstacles | Your family members will seek to determine if any of these three obstacles are part of their contribution to the family dynamic: 1. Denial, 2. Enabling, 3. Codependency. Complete the practical exercise in the workbook |
| <input type="checkbox"/> | Complete a Family Plan of Action Worksheet | Determining the solution, making a values based decision, Understanding who can assist the family, Addressing the top three issues in your family through practical exercise are all wrapped into one call to action for the family members, This call to act is outlined through completing the Family Plan of Action. Complete the practical exercise in the workbook |

Seminar Objectives:

- Learn what a Harm Reduction Model looks like.
- Review the Pros and Cons of Harm Reduction.
- Understand how Harm Reduction helps to avoid overdosing and Fentanyl.

Session Materials Provided:

- A Power Point Presentation w/voice over on slides.
- A Learning Series Study Guidebook. (all 32 seminars)
- A Learning Series Workbook. (all 32 seminars)
- A “It’s Time to Get Organized” family organizing binder.
- A “It’s Time to Get Networked” family provider community directory.
- A Meeting Agenda, template for each seminar.
- Practical Exercise Handout, for each seminar.
- Clinical Paper Handout, for each seminar.