

Basic Needs

Housing/Shelters

Humboldt Housing Authority

942 7 Ave

306-682-2705

Housing Supplement

Phone: 1-888-488-6385

Fax: 306-798-2058

Crisis Nursery (Saskatoon)

Home away from home for children whose families encounter a crisis. If there is no alternative care available, parents may leave their children while the problem is being solved.

1020 Victoria Avenue, Saskatoon, SK

306-242-2433

info@crisisnursey.ca

Interval House (Saskatoon)

An emergency temporary shelter for women and their children who require safe accommodations.

721 Victoria Ave, Saskatoon, SK

306-244-0185

Salvation Army Bethany Home (Saskatoon)

203 Cruise St., Saskatoon, SK

1-306-244-6758

YWCA Crisis Shelter (Saskatoon)

510 25th St E., Saskatoon, SK

306-244-2844

Isobel Johnson Shelter (Regina)

Safe place to stay while you work through future plans—and a place to turn to by phone if you need someone to talk to about the abuse you have experienced. To set up your stay, or for support and guidance by phone, call **306-525-2141** and ask to speak to a shelter worker.

[Regina Transition House](#)

Regina Transition House serves the needs of women and children through the provision of safe temporary shelter and support services. They provide education and offer a voice to address family violence.

306-569-2292

[WISH Safe Shelter \(Regina\)](#)

306-543-0493

[North East Outreach and Support Services \(Melfort\)](#)

North East Outreach and Support Services enhances the safety and wellness, and nurtures personal growth of individuals and families affected by domestic and sexualized violence in North Eastern Saskatchewan.

126 McHendry Ave W., Melfort, SK

Phone: 306-752-9455 or toll free 1-800-611-6349

[The YWCA Prince Albert](#)

Whether you are a woman fleeing family violence, a family needing transitional or emergency housing, or you are a Newcomer to Canada or the Prince Albert area, we are the place to come. Since 1912 we have been a leading provider of housing and services for the most vulnerable people in our community. Check out what we have to offer.

1895 Central Avenue Prince Albert, SK S6V 4W8

Phone: (306) 763 8571

[Prince Albert Safe Shelter](#)

923 7 St E, Prince Albert, SK S6V 6T3

(306) 764-7233

[Qu'appelle Haven Safe Shelter](#)

136 Pasqua Ave S

Fort Qu Appelle, SK S0G 1S0, Canada

Phone: (306) 332-6881

[Safe Haven \(Yorkton\)](#)

1-887-444-2836

[Shelwin House \(Yorkton\)](#)

1-888-783-3111

Humboldt Hotels

Bella Vista Inn

1815 8 Ave.

306-682-2686

Canalta Hotel

2421 8 Ave.

306-682-4731

Pioneer Hotel/Motel

627 9 St.

306-682-2638

Windsor Hotel

821 5 Ave.

306-682-5111

Food

Humboldt Food Bank

901 5th Ave., Humboldt, SK

306-231-9970

Open Tuesdays from 2 – 4 pm

Lanigan Food Bank

Access through phone appointment

306-365-7178 or 306-365-3033 or 306-365-2416

Humboldt Soup Kitchen

Humboldt Community Gathering Place

701 6th Ave., Humboldt, SK

306-231-5433

Tuesdays from 5 – 6 pm

[Friendship Inn \(Saskatoon\)](#)

619 20th St. W.

306-242-5122

Income Assistance/Employment Resources

[Income Assistance \(Lisa Aasen – Melfort\)](#)

PARTNERS Building

231 Main St. Humboldt SK

Tuesdays 10 am – 3 pm

306-752-6105 or 1-800-487-7640

[Saskatchewan Income Assistance Programs](#)

Client Service Centre 1-866-221-5200

[Service Canada - Humboldt](#)

Chamney Platz Building – 517 Main St., Humboldt

Wednesdays and Thursdays 8:30 am – 4 pm (closed from 12 – 12:30 pm)

[SaskJobs.ca](#)

[Jobs Indeed - Saskatchewan](#)

[Job Bank - Canada](#)