



Rights list

Health – Health/Family – Family/Adoption

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EDITIONS LE DAUPHIN BLANC

www.dauphinblanc.com



Your weight tells about you...

From **Thibault Fortuner**

Why another book about weight ? Well you have to be pretty blind and deaf to not become aware at what point this subject is present in our society. Just look at the central place weight has become, in magazines, news reports and tv shows.

By starting with the fact that everything has a cause, a sense and it teaches us a lesson, weight, in general has to be revealing of something very important for us and for our society. First, the authors goal was to find in each of our lives and memories, the conflicts and stresses that could cause overweightness or underweightness and also the hidden messages behind the value of our weight and the number of pounds to lose or gain. Once this work done, the objective was to understand the life lessons that could arise from these problematics for us and our society. All this, to be able to free yourself from this more rapidly and lastingly.

Reported conflicts have equally permitted to get answers about possible causes for weight fluctuations that arise after particular events such as the arrival of a child, stop smoking, the loss of a loved one, separations etc.

The hypothesis proposed in this book is : *food ain't the principal cause of weight problems*. It's much more a means the body uses to modulate its weight and volume when it deems it necessary, to respond to a precise and unconscious need. This book's goal is to determin and comprehend this need.

Author:

Osteopath by training, speaker and trainer, Thibault Fortuner tries to comprehend in the lives and memories of each and everyone, the possible causes of diseases and life blocages. He also developps new hypothesis's which determin precisely the forces and lessons that our problematics contain so that we can help free ourselves of them.

Rights : Worldwide Rights available

Published in : mai 2013 (Over 2,000 copies printed)

Price : 24,95\$ 22€ **Format :** 6 x 9 (15 x 23 cm) **Pages :** 288 pages

Type : health



Au fil des os

Identification des conflits reliés aux os et aux articulations

Title suggestion in English : Identification of conflicts related to bones and articulations

From Thibault Fortuner

The book :

Thibault Fortuner privileges a vision which considers not only the symptoms of the patient but also tries to know what engenders them. The body is then taken in its entirety and not as a sum of separate parts. In such an approach, the anatomy and its diverse links occupy a central place. The body is in perpetual adaptation in what it undergoes, in what the individual lives. When the body cannot adapt itself any more, the tensions show themselves, the movement goes out and the pain appears. In this global vision of the being, a disease is thus included in the body of an individual having feelings, ideas, desires, fantasies, needs, in brief, in the body of an individual having a history which is appropriate for him.

In this unique book, Thibault Fortuner looked at the skeleton of the human being and clearly identified the internal conflicts connected with bones and with articulations. The purpose of this book is not to replace the diagnoses of a healthcare professional nor medical therapies, but indeed to supply reflections putting in link bones and articulations of the human body with stress in life or family memory of each.

Author :

Awarded a diploma in osteopathie at CETOHM / ISO-Paris-Est school, Thibault Fortuner trained in parallel with Claude Sabbah and especially with Gérard Athias in bio - psychology-genealogy as well as in the " language of birds " and in symbolism. He deepens his knowledge and enriches them through syntheses, through experiments and through personal researches. His objective is to find concretely a cause, a sense and an origin in our blockings and in our diseases, in life and in the memoirs of each. He comes regularly to Quebec to give conferences, seminars and trainings.

Rights : World Rights Available except for French

Published in : november 2012 - Over 3500 copies printed **Price :** 24,95\$ 22€ **Format :** 6 x 9 (15 X 23 cm) **Pages :** 240
Type : Health



The couple in pause

Better understand menopause and andropause

From : Dr Jean Drouin

In the early stages of about fifty, men and women enter a period of important hormonal changes. For the woman, this period corresponds to the menopause, while for the man, we speak about the male menopause. If the partners do not understand the changes which affect them, the couple crosses a crisis. It's in a break.

Specialist of these questions, about which he gives numerous conferences every year, Dr Jean Drouin offers us here a popularization work to understand at first these phenomena and then better live them. While giving basic information about the menopause and the male menopause, without resuming in a exhaustive way all which was already written on the subject, the author lingers mainly over the effects of hormones and over the concrete ways to face and cross this inevitable period in life.

This book will help you to understand better what you and your partner live during this phase rich in questionings and will give, at the same time, a new breath to your couple.

Author:

Jean Drouin is a full time professor of a private hospital and junior lecturer in family medicine at the faculty of pharmacy and at the dental Faculty of Medicine of University Laval in Quebec. He is at the same time a founding director of the private hospital of male menopause in Quebec, director of the private hospital of Family planning of the CHUQ and responsible for trainings and for workshops on the management of stress for aid programs to the employees of public bodies, semi-public and private public throughout Quebec. Awarded a diploma in medicine, Jean Drouin also detains a training in acupuncture, in osteopathy, in homoeopathy and in integrated medicine. He gives numerous conferences throughout Quebec and abroad, besides frequently drafting articles for magazines. He is the author of bestsellers *Guérir sa vie* and *Vieillir en jeunesse*.

Rights : World Rights available

Published in : April 2013 (Over 4,500 copies printed)

Price : 14,95\$ 12€

Format : 6 x 9 (15 x 23 cm)

Pages : 136 pages

Type : Health

Les Éditions Le Dauphin Blanc

Title : Polarité et stress

**Insomnie, fatigue, anxiété
Guide pratique vers le bien-être**

**Title suggestion in English : Polarity and Stress
Insomnia, fatigue, anxiety
Practical guide towards well-being**

From : Michelle Guay

The book :

Polarity contributes to activate the process of well-being and autocure by the harmonization of the vital energy in the human body. It is part of a complementary and holistic approach of health care.

This guide will give you means to better manage stress who appears in your life, and will help you to prevent the complications generated by important and continuous stress. It will favor sleep, the preservation of your shape and your vitality, as well as the adoption of a confident and quiet attitude in the everyday life.

After a brief reminder on energy and the Therapy of Polarity according to Randolph Stone, Michelle Guay presents us three important problems connected with stress: insomnia, fatigue and anxiety. She offers concrete tools, exercises of polarity to prevent them, remedy them and be on the way towards well-being. She describes with simplicity the mechanisms of the stress on our body, and what can arise if these are continuous and unsolved. So we can better understand the links which exist between stress and certain health problems.

Outstanding popularizer and recognized specialist, Michelle Guay offers us a book accessible to all but which will interest more particularly the people subjected to important stress, and which have difficulty managing them; the people who go through one or another of the problems treated: insomnia, fatigue and anxiety; and finally the people taking care of health in the diverse fields of care, and the other participants who can use it with their clientele.

Author :

Michelle Guay is a nurse, clinical sex therapist, therapist and trainer in Therapy of Polarity in Quebec and in Europe. In 1982, she founded and managed the Quebecois Center of Training in Complete Health, and in 2000, the International Institute of Polarity. She also gives conferences about diverse subjects concerning health, in connection with polarity and sexuality. Her private practice is directed towards the blooming of the deep energy of the person. She is the author of these books *Autopolarité. Guide pratique pour équilibrer l'énergie vitale* and *Polarité et anatomie énergétique*.

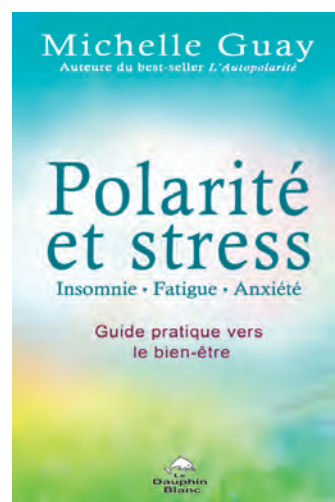
Rights :

- **World Rights available**
- **Over 3500 copies printed**
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Published in : august 2012
Type : Health

Price : 19,95\$ 18€
Pages : 152

Format : 6 X 9 (15cm X 23cm)



Les Éditions Le Dauphin Blanc

L'anxiété... comment s'en sortir?

Pistes de réflexions et de solutions

Anxiety... how to overcome it?

Reflections and solutions

Laurent Lacherez

Préface de Pascale Piquet

Auteure du best-seller *Le Syndrome de Tarzan*

Pascale Piquet

Best-selling author of : *Le Syndrome de Tarzan*

The book :

To release yourself from anxiety, and to live without this big ball in the throat, this knot in the stomach, these palpitations, this dizziness and nausea, to sleep peacefully, to have a more quiet and serene peace of mind, is all possible. Laurent Lacherez's book analyses all the mechanisms of anxiety, this machine which crushes you and which you can nevertheless put at your service. How to understand a friend, whom you treat as an enemy? Everything is there, explanations, exercises and easily useful tools.

This book, a fruit of 5 years of professional labour, proposes reflection and solutions based on concrete examples. It also helps us develop a new vision of anxiety, to help us have a better comprehension of this difficult thing to live with, and that is becoming more and more frequent in today's contemporary society.

This book can easily be addressed to professionals, life coaches or every other anxious person who has a desire to know one-self better, to improve the management of anxiety and interpersonal relationships.

Author :

Born in France where he completed studies at university in Science of life, Laurent Lacherez arrives in Montreal in 2001. Having worked in journalism and in education, he obtains a certification in PNL with a specialization in coaching therapy. Good communicator and skillful speaker, he works in particular with children and teenagers before being interested in the grown-up clientele. Besides the PNL, he does training courses in Gestalt, in hypnosis, in herbal medicine and in EFT. In front of an increasing clientele suffering from anxiety, he specializes in the resolution anxiety problems.

Rights:

- **Worldwide rights available in all languages**
- **6000 copies sold**

Published in : January 2012

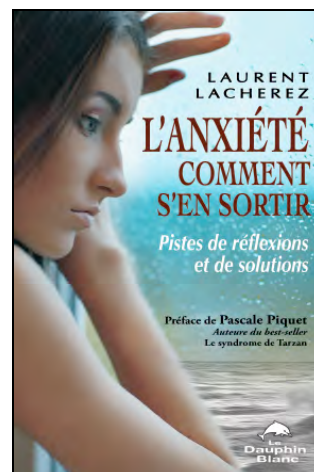
Price : 19,95\$ 16€

Format : 6 X 9 (15cm X 23cm)

Type : Personal Growth

NB of pages : 208 pages

ISBN : 978-2-89436-328-7



ÉDITIONS LE DAUPHIN BLANC

Title: C'est fini!

Author: Robert W. Talbot, Ph.D.

Cessez de fumer pour toujours grâce à une méthode 100% naturelle, scientifique, éthique, efficace et accessible

Title suggestion in English: It's finished!

Stop smoking forever thanks to a 100% natural, scientific, ethic, efficient and accessible method.

Published in: September 2010

Type: Health

Price: 19, 95\$ 16€

Format : 6 X 9

ISBN : 978-2-89436-271-6

NB of pages : environ 150 pages

The Book:

We don't come into this world smoking! Contrary to nutrition, smoking is a conscious acquired habit (after 8 years) that creates dependence (alkaloids), now accelerated to the brain with ammoniac that tobacco companies add to their products. An acquired HABIT «consciously PROGRAMMED» by our brain can be «REPROGRAMMED consciously» by the same brain, if we offer it appropriate MEANS, including means to REINFORCE our WILLPOWER.

Based on these principles, on behavioral sciences (which he's a specialist about) and auto suggestion, Robert W. Talbot has created a particularly efficient method to help people stop smoking. For 21 days, the time needed to bring a decision from consciousness to sub consciousness, the person continues to smoke all the while preparing to stop smoking. Everyday, the person administers himself a conditioning exercise to REINFORCE their WILLPOWER and BREAK the cognitive discord. Since it's the person who administers himself this program in a conscious way, there is no risk of manipulation. On the first day of weaning, this METHOD has foreseen the necessary support to HELP smokers not to start again.

The results obtained are superior to anything that is on the market right now, including anti-depressants. The efficiency of nicotine patches are about 16.4% and those of a placebo are of 15.6%. This proposed method has an efficiency rate of 55% and can go up to more then 80% when the person assists at the same time to a short seminar.

Author:

University of Rennes, in France, graduate, Robert W. Talbot is an ex-smoker of about 2 packs of cigarettes a day. In the beginning 70's, he failed 5 times to stop smoking. In the light of a behavioral science course, he conceived his method that he tries himself first, with success. He perfected his method and recruited many renowned collaborators in the health field.

Have also collaborated to this book:

Murielle Bauchet, M.Sc.E, public health consultant

Dr Pierre Birkui*, PhD, MBA, cardiologist and tobacco specialist

Dr Pierre Delmotte, geriatrician

Dr Valérie Foussier, endocrinologist

Dr Sylvie Grosjean-Rasmusson, integrative medicine specialist

Dr Patrick Lespinasse, pharmacist, Hospital practitioner

Dr Christian Pradier, public health professor



Rights: World Rights available

ÉDITIONS LE DAUPHIN BLANC

Title: Pour un sommeil heureux

Toutes les stratégies pour apprivoiser le sommeil

Author: Marie-Paule Dessaint, Ph.D.

Title suggestion in English: For a peaceful sleep

Every strategy to get to sleep

Published in: January 2010

Type: Health

Price: 24.95\$ 20€

Format: 6 X 9

ISBN: 978-2-89436-247-1

NB of pages : 346 pages

The book:

Pour un sommeil heureux reassembles, in a simple way, practical and methodical knowledge on the infinite power of sleep and its troubles. If your nights are a source of anguish instead of pleasure, if sleep apnea ruins your day, if you are worried because you read that there is a static link between night shifts and cancer, if you want to understand why adolescents live mostly at night then in the day or if you wish to improve your memory to become more creative....all while taking a nap, Marie-Paule Dessaint informs you clearly on these subjects. She also explains the role played by depression, stress and anxiety in chronic insomnia and also on the non-chemical alternatives to antidepressants and sleeping pills: cognitive and behavioral therapy, fully conscious meditation, autohypnosis, yoga, cardiac coherence, rich in omega-3 nutrition etc. She got the collaboration of many specialists for some of these subjects.

Without pretending to solve chronic insomnia that can be treated only by specialists, the author makes us understand at what point each of us has the power to improve the quality of our sleep in a significant matter.

Author:

Educational science specialist, author and adult trainer, Marie-Paule Dessaint devotes major part of her time to prepare future retirees to adapt joyfully and lucidly to this new phase in their lives. In addition to teaching in different establishments (college, university, prison etc.), to have worked at the Quebec's Education department and to have worked as an assistant to the vice-dean of the Education Faculty at Sherbrooke University, she collaborated to many researches and has written diverse books. Madam Dessaint gives courses and workshops in addition to giving conferences here, in Europe and in the French Canadian regions.

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ÉDITIONS LE DAUPHIN BLANC

Title : La grippe dans tous ses états

Guide de prévention et de soins naturels pour les enfants, les adultes et les gens âgés

Author : Céline Arsenault

Title suggestion in English: The flu in all its states

Prevention and natural care guide for kids, adults and the elderly

Collection : La trousse *Bonne Santé* (*Good Health Kit*)

Published in: February 2010

Type: Health

Price: 14.95\$ 12€

Format: 5¼ X 7½

ISBN: 978-2-89436-252-5

NB of pages : 128 pages

The Book:

That we name it influenza, H1N1, H5N3 or avian, the flu is a virus with multiple origins. Always annoying, often painful to support and sometimes with grave consequences, the flu touches all age groups and all social classes. It propagates by human contacts and proliferates under certain conditions which can lead to epidemics, even pandemics.

Fortunately, it's possible to be active when it comes to prevention and treatment of the flu with efficiency. Céline Arsenault offers us a really useful guide on prevention and natural care to better confront multiple flu viruses, which we encounter every year. Concise and complete, this book offers us ways, tricks, products and methods to keep away the flu or to diminish its effects and to heal all age groups: babies, kids, adolescents, adults and elderly people.

Author:

Having worked as nurse during numerous years, Céline Arsenault completed training in naturopathy. She is in charge of courses in nursing-pediatrics at the School of Higher education of Naturopathy. She receives in consultation people avid to meet her for naturopathic care. Excellent speaker and very popular with the public, she gives conferences and gives workshops on family health and on child care.

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ÉDITIONS LE DAUPHIN BLANC

Title: Les bienfaits de l'hydrothérapie

Comment les bains nordiques, les saunas et les spas peuvent fortifier votre organisme, préserver votre santé, favoriser votre guérison et purifier le corps.

Author: Richard Perreault**Title suggestion in English:** Hydrotherapy benefits

How Nordic baths, saunas and spas can fortify your organism, preserve your health, favor healing and purify your body

Published in: September 2009**Type:** Health**Price:** 19.95\$ 16€**Format:** 15 X 23 cm (6 X 9)**ISBN:** 978-2-89436-233-4**NB of pages :** 167 pages**The book:**

At the end of the 1960's, while he trained with other swimmers of his swimming club, Richard Perreault observed how his body reacted in a certain way when he dived into cold water and that he got a big well-being out of it. Intrigued by this phenomenon, he starts researches and discovers hydrotherapy.

Hydrotherapy is using water in all its forms (hot, cold, medium, mineralized, natural or salty) like basis for treatment while profiting from its physical and chemical properties. Treatments used are various: from baths to showers, and from infusions and wrappings. But complete physical baths or by segments are the most used by therapists.

With the increasing popularity of spas, Nordic baths and saunas, the general public has now easy access and excellent conditions to the healing and regenerating virtues of water. After painting us a picture of how to use water and the history of baths, Richard Perreault gives us clear explanations, tips, easy to follow methods and pertinent information on the human body, like stress, immune system, blood flow and the influence of hot and cold on different parts of the human body.

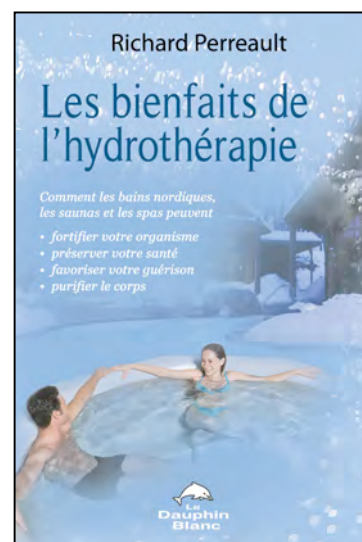
If you only want to enjoy completely and wisely your spa or wish to discover the advantages of Nordic baths, *Les Bienfaits de l'hydrothérapie* is your book by excellence.

Author:

Richard Perreault has always been interested in health and the physical activity domain. After studies in health sciences, he followed a massage, physiotherapy and ortho therapy education. At the beginning of his career, he exploited his sports store before directing a sport center in Shawinigan, his native region. After that, he oriented himself towards body care by founding and creating his own ortho therapeutic clinic and by being an ortho therapy specialist at Eastman Health Center. Hydrotherapy buff, especially for Nordic Baths, he has a passion for the healing and well-being virtues of water, which brought him to do researches and write this book.

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ÉDITIONS LE DAUPHIN BLANC

Title: Vieillir en jeunesse (Youthful aging)
Comprendre et contrer les effets du vieillissement

Author: Dr. Jean Drouin

Title suggestion in English: Youthful aging
Understanding and countering the effects of aging

Published in: May 2009

Type: Health

Price: 14, 95\$ 12€

Format: 6 X 9

ISBN : 978-2-89436-224-2

NB of pages : 120 pages

The book:

Doctor Jean Drouin looked into the aging phenomenon to be able to offer to the general public a simple and efficient way to thwart off time and conserve vitality, health and energy worthy of our best youthful years. He develops his approach in accordance with a global health vision and his personalized concept of healing, *Guérir sa vie*. This concept is based on 6 facets of the human being, essential to maintain and restore health, and on which we invite patients to look into to counter aging. These 6 facets are: genetic (hereditary baggage), stress, nutrition, movement, environment and spirituality. In his book, Dr. Jean Drouin shares with us briefly the phenomenon of aging (why do we age? the mess oxidation does to our body and hormonal roles). Then, he explains how in each of these facets of global health we can act positively, dwelling on nutrition, movement and stress management, three essential keys to anti-aging. When the reader learns the importance of these facets of life and understands its mechanism, he can already act positively on his health, vitality and expect to age youthfully. Dr. Jean Drouin teaching is accessible to everybody and, most of all, respectful of the person.

Author:

Jean Drouin has a medical degree and also has acupuncture, osteopathic, homeopathic and integrated medicine training. He is a teacher and junior lecturer in family medicine, at the pharmaceutical faculty and at the dental medicine faculty of Laval University, in Québec. He is the founding director of the male menopause clinic in Québec, Director of the family planning clinic at CHUQ Hospital, he is in charge of trainings and workshops on stress management for public service employees aid programs, semi-public and private companies in Québec. He was also a consultant for the redaction of a French edition of two Readers Digest Selection magazines. He gives numerous conferences throughout Québec and abroad, he frequently writes articles for magazines. Artist in his soul, he is also a musician and member of Québec's artist union. Jean Drouin is the author of *Guérir sa vie*. He lives in Cap-Rouge.

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ÉDITIONS LE DAUPHIN BLANC

Title: Le système digestif: Maître de votre santé

Prévenir et traiter le cancer et autres maladies par
l'hygiène du système digestif

Author: Johanne Béliveau

(in collaboration with Christine Goyer)

Title suggestion in English: The digestive system: Master of your health

To prevent and treat cancer and other diseases by hygiene of the digestive system

Published in: April 2008

Price: 19, 95\$ 16€

ISBN: 978-2-89436-202-0

Type: Health

Format: 6 X 9

NB of pages: 160 pages

The book:

Because of quaint nutrition and bad life habits, Johanne Béliveau saw her health and vitality rapidly decline in the passing years. Before the age of 30, multiple health problems have undermined her life: partial or total constipation in alternation with frequent diarrhea, cysts, little tumors, a lot of fatigue, excess weight, colds and frequent fever, in short, a range of sicknesses less or more important. That is when she started health studies and that she obtained a degree in naturopathy. Completely transformed, she decided to dedicate her life to teaching and spreading the principle of natural health.

Influenced by the work and philosophy of Dr. Bernard Jensen, Johanne Béliveau rapidly became aware that the digestive system is the master of our health and that those diseases always surprised us by manifesting in the colon intestine. Strong of 10 years of experience in which she helped hundreds of people to heal from diverse diseases, like cancer, and to build their health, she decided to share with the general public these observations and knowledge's.

Johanne Béliveau clearly describes the role and function of each digestive system organ all the while revealing the errors we make in our life habits that harm these organs. She also gives people solutions and advice to improve the health of the digestive system and help it heal and prevent diseases.

Author:

For the last 10 years Johanne Béliveau has been a naturopath. She directs her own clinic where she specializes in colon irrigation. Active, full of energy and convinced in what she says, Johanne Béliveau never hesitates to share her knowledge. Her collaborator, Christine Goyer, holds a degree in specialized education and she also is Johanne Béliveau's student in naturopathy.

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ÉDITIONS LE DAUPHIN BLANC

Title: La mémoire

L'entretenir et la développer

Author: Marie-Paule Dessaint, Ph.D.

Title suggestion in English: Memory

How to maintain and develop your memory

Published in: April 2008

Type: Health

Price: 19.95\$ 16€

Format: 6 X 9

ISBN: 978-2-89436-201-3

NB of pages: 201 pages

The book:

Your memory is a jewel. Without it, your life would be limited and without interest. Because of your memory, you can write, read, share, learn, think, reason, solve problems, take decisions, exercise your creativity, resort to your intuition, and recognize familiar places and people that are dear to you, construct emotions and personal identity. Then, when it flinches a bit, the specter of senility, Alzheimer disease and dependence appear immediately, especially if you are over 50 years old.

Marie-Paule Dessaint, invites you to cease to worry about your memory. Exercise it everyday and adopt a positive attitude and sane life habits. The keys, tools, tricks and exercises included in this book will help you maintain this precious gift of memory until a very old age, but it will also help improve your attention and concentration capabilities, better remember names of people you encounter or to learn by heart texts or to learn new things easier and faster.

For an alert and efficient memory in your daily life, this book will be your best ally.

Author:

Educational science specialist, author and adult trainer, Marie-Paule Dessaint devotes major part of her time to prepare future retirees to adapt joyfully and lucidly to this new phase in their lives. In addition to teaching in different establishments (college, university, prison etc.), to have worked at the Quebec's Education department and to have worked as an assistant to the vice-dean of the Education Faculty at Sherbrooke University, she collaborated to many researches and has written diverse books. Madam Dessaint gives courses and workshops in addition to giving conferences here, in Europe and in the French Canadian regions.

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Les Éditions Le Dauphin Blanc

Title : Anges Terrestres

Nos enfants handicapés
Témoignages

**Title suggestion in English : Angels on Earth
Our handicaped children
Testimonial**

From : Joseph Kerba B. Ph. Ph.Ch.

The book :

Every year children are born in Québec with light and heavy handicaps. At the Marie-Enfant rehabilitation centre, affiliated to the Saint - Justine hospital, where the author is a volunteer, the Mélio foundation and numerous volunteers devote themselves to welcome, relieve and share the pain of these children and their parents. And the most beautiful reward for all these people is the immense love which emanates from these wonderful children, different certainly, but so charming.

To have a handicaped child is not an easy experience. On the other hand, it makes us discover an exceptional determination, a remarkable courage and an unequalled love. To amass funds for the Mélio Foundation, but also to pay tribute to some of these children, Joseph Kerba speaks about his own experience and collects the testimonies of several parents, grandparents and other people revolving around them. Moving stories, stories of courage and love stories ...

A book which moves us and which opens our heart to the dimension of unconditional love.

The author :

Joseph Kerba was born in Cairo in Egypt, on June 3rd, 1942. He began his secondary education in the suburb of Héliopolis, at Saint George College, managed by Irish priests. He was then awarded a diploma in pharmacy and in pharmaceutical chemistry. He emigrated in Canada in 1967. He is married and surrounded with 4 children and 6 grandchildren. He managed two pharmaceutical multinationals in Canada, as vice-president and managing director, before launching his own company of consultation: Kerbapharm. Besides his volunteering activities, he gives conferences and participates in debates, sharing his experience. The author gives all his royalties from this book to the Mélio foundation.

Rights:

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- **Over 4,000 copies printed**

Published in : august 2012
X 23cm)

Type : Growth, True Story

Price : 24,95\$ 22€

Format : 6 X 9 (15cm

Pages : 250 pages



ÉDITIONS LE DAUPHIN BLANC

Title: La parole au bébé

Découvrir la vie intérieure du bébé
par la kinésiologie périnatale

Author: Brigitte Denis

Preface by Daniel Meurois-Givaudan

Title suggestion in English: Speaking to baby

Discover the inner life of a baby by perinatal kinesiology

Published in: April 2009**Type:** Health / Family**Price:** 24.95\$ 20€**Format :** 6 X 9**ISBN:** 978-2-89436-222-8**NB de pages :** 350 pages**The Book:**

Can a baby communicate his state of mind and soul? Through authentic cases, the author lifts the veil on the preverbal life of a child. Far from the little baby who reacts solely out of reflexes, the child is presented as a perceiving, feeling, sensitive, learning, communicating, thinking and living being...without their parents knowledge.

This book shows what a baby encounters in its first stages of life, in his own personal view, thanks to an approach that can literally give words to a baby. Perinatal kinesiology helps us translate their discomforts into words to help fill in his needs, understand his cries, his fears, little and big childhood illnesses, sleep disturbances, developmental problem and to let him tell us precisely what global support he needs in his physical, psychological, emotional, social, environmental, existential, energetic, spiritual or other state of mind. By her work in perinatal kinesiology, Brigitte Denis serves as a translator of wisdom and of innate intelligence, offers the baby and or child the possibility in the beginning of his life to say, if needed, the profound causes of his little and big discomforts that afflict him. The author also shares with us her thoughts taken from experience about babies' private lives.

The author:

Brigitte Denis practices perinatal kinesiology. She offers private consultations in Verdun, fetal communication workshops and conferences. She collaborates to «Grossesse» and «Bébé» magazines by signing articles for them. The patient cases in this book are from her private practice and workshops. Very implicated in perinatality since 1978, she helps parents to accompany consciously their children before they start saying their first words...and symptoms.

Rights:

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ÉDITIONS LE DAUPHIN BLANC

Title: Accueillir mon enfant naturellement

Author: Céline Arsenault

Préconception – grossesse – relevailles – alimentation du bébé – soins naturels au bébé

Title suggestion in English: To greet my child naturally

Preconception – pregnancy – post pregnancy – baby's nutrition – baby's natural care

Published in: August 2009

Type: Health / Maternity

Price: 29.95\$ 24€

Format: 15 X 23 cm (6 X 9)

ISBN: 978-2-89436-229-7

NB of pages: 450 pages

The book:

The in-demand and awaited new edition is finally here! The first printed edition of (*Accueillir mon enfant*) sold-out. The author, whose reputation in Québec isn't to prove anymore, has sensed it was the time to update her book and add new knowledge and data, which makes it even more complete and topical. Truly a guide for newborn parents, this book will guide parents in natural care to give to babies from birth to the first years of his life. The treatment of everyday illnesses and common children's diseases and those related to pregnancy and childbirth are explained and parents will find preventive solutions and corrections. This book has a simple, direct and efficient style; it's also a practical, concrete and useful book. In addition, it's riddled with natural medicines and nutrition.

Accueillir mon enfant naturellement is a complete and practical daily guide for future parents and new parents. It helps them prepare for the conception all the way to the birth of the child under a natural angle. An essential book to greeting your child.

Author:

Having worked as nurse during numerous years, Céline Arsenault completed training in naturopathy. A mother of 4 kids and sensitive to the health of children, she rapidly specialized in infant care. She is in charge of courses in nursing-pediatrics at the Higher Education School of Naturopathy. She receives in consultation people avid to meet her for naturopathic care. Excellent speaker and very popular with the public, she gives conferences and gives workshops on family health and on child care.

Rights:

- World rights available
- Over 2,000 copies sold in French



ÉDITIONS LE DAUPHIN BLANC

Title: L'équilibre nerveux de mon enfant

Author: Céline Arsenault

Prévenir et corriger la nervosité et l'agitation par les soins naturels
(Collection La Vie... naturellement)

Title suggestion in English: The nervous stability of my child

To prevent and correct nervousness and agitation by natural care (Life ...naturally collection)

Published in: September 2005

Type: Health

Price: 19, 95\$ 16€

Format: 15 X 23 cm (6 X 9)

ISBN : 2-89436-145-9

NB of pages : 210 pages

The book:

For many years, hyperactive kids diagnostics have raised. In schools and in daycare centers, there is talk of nervous, agitated, turbulent and disturbing children. For solution, parents see themselves offered or prescribed a medication (chemical, none the less!) for their kids just like the ever popular Ritalin medication.

Dedicated to the cause of children's health, Céline Arsenault looked at the modern problem to understand the factorial origins of this nervous instability in children and to find natural solutions to prevent and correct nervousness and agitation in children of all ages. Supported by facts and pertinent studies, she describes the impact of nutrition, physical and social environment of our ways of life on emotional and nervous stability in children. Secondly, she gives natural solutions and healthy changes that are easy to follow in order to prevent and even correct nervous troubles in young people according to their age groups.

Practical and accessible, *L'équilibre nerveux de mon enfant*, helps parents, educators and health specialists to better understand the nervous instabilities in children and to make a clear choice as for what solution to take for each child.

Author:

Having worked as nurse during numerous years, Céline Arsenault completed training in naturopathy. She is in charge of courses in nursing-pediatrics at the School of Higher education of Naturopathy. She receives in consultation people avid to meet her for naturopathic care. Excellent speaker and very popular with the public, she gives conferences and gives workshops on family health and on child care.

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ÉDITIONS LE DAUPHIN BLANC

Title: Mon album de bébé

Author: Marie-Chantal Martineau

Title suggestion in English: My baby album

Published in: October 2010

Type: Family

Price: 24,95\$ 20€

Format : (10 X 12)

ISBN : 978-2-89436-270-9

NB of pages : 96 pages

The book:

The arrival of a child will always be one of the happiest events in our existence, an event that we love to remember.

My baby album will perpetuate the details and memories of a very special arrival and will give parents a chance to tell their children the most beautiful of all stories : that of its birth.

Unique in its kind, *My baby album* includes the pregnancy period (where you can write all the details concerning your pregnancy) and all of the stages of development, from the first words to their first day of school. Parents can write down all the details, anecdotes and little secrets related to the arrival of their children, either during pregnancy, during the early years and early learning's to the first day of school.

This album was entirely created by hand by the author, contrary to the actual trend of computers.

Author:

Adoptive mother of two Colombian children, Marie-Chantal Martineau distinguishes herself by the all the love she has for children and her passion for adoption. Accomplished artist, she uses many mediums, like oil painting, glass painting, pastel and coloring crayons. It's with this last medium that she drew all the illustrations in this adoption album. She's also the author of *Les miracles de l'adoption*.

Rights:

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ÉDITIONS LE DAUPHIN BLANC

Title: *Mon album d'adoption* (nouvelle version)

Author: Marie-Chantal Martineau

Title suggestion in English: My adoption album (new edition)

Published in: February 2010

Type: Family / Adoption

Prix : 24,95\$ 20€

Format : 25 X 30 cm (10 X 12)

ISBN : 2-89436-250-1

NB of pages : 96 pages

The Book:

Mon album d'adoption, already a best-seller, is completely renewed! Completely remodeled, this baby album for adopted children is now all in color, has a new bigger size with a full binding. Every drawing in the album was drawn with coloring crayons by the author herself, from the backgrounds to the smallest details. In addition, two sticker sheets embellish this beautiful album.

And of course, the author wanted to absolutely keep sufficient spaces so that parents, whatever their child's native country is, can write down the adoption process information and the intense emotions that they went through in this process. And like any other baby album, every stages of child development can be described. *Mon album d'adoption* will keep the details and memories of this very special arrival and allow adoptive parents to tell the most beautiful of all stories to their child: his/her adoption.

Author:

Adoptive mother of two Colombian children, Marie-Chantal Martineau distinguishes herself by the all the love she has for children and her passion for adoption. Accomplished artist, she uses many mediums, like oil painting, glass painting, pastel and coloring crayons. It's with this last medium that she drew all the illustrations in this adoption album. She's also the author of *Les miracles de l'adoption*.

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