#### **Curriculum Vitae**

#### **Stephanie L. Van Deusen, Ph.D., LPC**

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### Education

Ph.D. in CACREP Accredited Counseling Program at Loyola University Maryland, May 2006

Master of Science in CACREP Accredited Counseling Program at Loyola University Maryland, December 1999

Bachelor of Arts degree in Psychology with a minor in Family Studies at Messiah College, June 1996

**Academic Accolades**

Member of Alpha Sigma Nu Jesuit Honor Society

Recipient of Research Award from the Society for Pastoral Counseling, May 2003

**Doctoral Research**

*Psychological Trauma, Attachment to God, and Psychological Well-Being*

•Expanding Our Understanding of the Spiritual Sequelae of Childhood Trauma

•Exploring a Positive Psychology Perspective on Childhood Trauma

**Licensure**

2003-Present: Licensed Professional Counselor in Pennsylvania

2002-2006: Licensed Clinical Professional Counselor in Maryland

### Work Experience

August 2008 – Current

**STAGES –** *Owner and Therapist of a Clinical Practice Specializing in Trauma Treatment*

* Developed a program that delivered evidenced-based interventions for adults suffering from complex trauma.
* Provide individual mental health counseling to adults and adolescents with a history of trauma and PTSD.
* Provide a range of specialized services such as psychotherapy, consultations, and wellness programs for healthcare providers and clergy suffering from compassion fatigue.
* Developed and administered stage one psychotherapy groups focused on affect regulation, distress tolerance, and psychoeducation utilizing dialectical behavioral therapy tenets and CBT skills focused on stabilization and skill acquisition. This group was utilized for new clients.
* Developed and collaborated with trauma-informed yoga practitioners to administer a stage two psychotherapy group focused on a sensorimotor perspective of trauma processing.
* Developed a stage three coaching group focused on empowerment, spiritual growth, and community activism.
* Work with master’s level interns to provide LPC supervision and specialized training.
* Work with master’s level clinicians as a professional mentor.

March 2006 – August 2008

**Samaritan Counseling Center—***Therapist*

* Worked on the child and adolescent clinical team. Duties included providing mental health counseling to children, adolescents, and families.
* Worked on the adult clinical team. Duties included treating general mental health issues. Also functioned as a consultant addressing more complicated trauma-related disorders.
* Collaborated with colleagues to address the impact of interpersonal violence and sexual trauma in religious communities by developing specific trainings on trauma and spirituality.
* Developed and implemented a yearly day long retreat for survivors of sexual abuse.

March 2003 – March 2006

**The Sidran Traumatic Stress Foundation**—*Professional Trainer*

* Provided trainings for organizations interested in implementing a trauma-informed model into at-risk milieus such as the penal system, domestic violence shelters, inner city school systems, and community mental health facilities.

August 2003 – March 2006

**Pennsylvania Counseling Services**--*Therapist*

* Provided clinical supervision to new clinicians working towards licensure. Duties also included overseeing the clinical work of the Wrap Around program.
* Provided mental health counseling to individuals, families, and couples.
* Trained in Critical Incident Stress Debriefing and provided stress debriefings in the local community.

January 2003 – November 2003

**Chrysalis House**—*Clinical Consultant*

* Functioned as a clinical consultant working with the clinical and house staff to create a trauma-sensitive environment for at-risk women and children.
* Implemented and trained other therapists to run Lisa Navjits’s *Seeking Safety* treatment groups.

June 1999 – January 2003

**Chrysalis House**--*Therapist*

* Provided dual diagnosis treatment for inner city women with Substance Use Disorders.
* Developed treatment groups targeting relapse prevention, craving management, and goal setting.
* Developed Seeking Safety groups to help address underlying trauma impacting recovery goals.
* Provided weekly individual therapy, family therapy, and family education for the residents.
* Advocated for traumatized women and children in the criminal justice system and social service systems.

August 2001 – May 2002

**CENTER for Posttraumatic Disorders** **Program**--*Extern in the DAY CENTER Partial Hospital Program*

* Weekly individual supervision with Christine Courtois, Ph.D.
* Worked with a multidisciplinary treatment team to address trauma-related disorders.
* Co-facilitated group therapy, psycho-educational groups, and provided weekly case management sessions.
* Participated in weekly small group seminars discussing clinical issues and assigned reading materials relevant to the field of traumatology.

July 2000 – November 2000

**Friends Research Institute, Inc.**—*Substance Abuse Evaluator*

* Conducted 75-minute Motivational Enhancement interviews with adolescent substance abusers.

October 1997 – June 1999

**Epoch Counseling Center**—*Addictions Counselor*

* Worked with adolescent and adult substance abusers in both a group and individual therapy milieu.
* *On-Site Supervision for After-School Program**(10/97 – 6 /98):* Implemented a prevention-based curriculum with middle school-aged adolescents.
* *Prevention Specialist (6/98 – 9/98):* Instituted an activity-based program for adolescent juvenile offenders.
* *Maryland Student Assistance Team Assessor (9/98 –5/99):* Worked with an interdisciplinary team in both a middle school and high school setting to identify and treat at-risk adolescents.

June 1996 – August 1997

**T.W. Ponessa & Associates Counseling Services**--*Therapeutic Staff Support Worker*

* Duties included working with children and adolescents, in a home and/or community setting with a team of professional therapists.
* MANDT certified (passive restraint certification)

May 1996 – June 1996

**T.W. Ponessa & Associates Counseling Services—***Intern*

* Co-facilitated a female adolescent group for survivors of sexual abuse.
* Observed adult male sex offenders therapy groups.
* Observed approximately fifteen play therapy sessions.

March 1996 – June 1996

**YWCA of Greater Harrisburg**--*Domestic Violence and Rape Crisis Advocacy Training*

* Completed a 26-hour training course on domestic violence and sexual assault

March 1996 – May 1996

**Messiah College**--*Co-facilitator of a sexual abuse support group*

**Relevant Training Experiences**

Two semester doctoral course: The Theory and Practice of Clinical Supervision

Two semester ISSD sponsored course: Diagnosis and Treatment of Severe

Dissociative Disorders

One-year training program in Motivational Interviewing

Fully trained in Eye Movement Desensitization Reprocessing (EMDR)

Trained at the Intermediate Level of Somatic Experiencing (Currently enrolled in three year training program to become a certified practitioner, SEP)

**Professional Organizations**

International Society for Traumatic Stress Studies (ISTSS)

American Psychological Association Division 56 Trauma Psychology

American Counseling Association

Student Member of Somatic Experiencing Trauma Institute

**Faculty Appointments**

*Loyola University Maryland:*

Spring 2002: Teaching Assistant, Master’s Level Psychopathology Course

Summer 2002: Co-teacher, Master’s Level Crisis Intervention Course

Spring 2003: Co-teacher, Master’s Level Crisis Intervention Course

Certificate of Spirituality and Trauma Post-Masters Certificate Program at Loyola University Maryland:

Spring 2009: Affiliate Faculty, Phenomenology of Trauma, Loss, and Grief

Spring 2010: Affiliate Faculty, Phenomenology of Trauma, Loss, and Grief

Spring 2010: Affiliate Faculty, Trauma and Violence in Children

Spring 2011: Affiliate Faculty, Self-Care and Trauma Work

Spring 2011: Affiliate Faculty, Ethics and Forensic Evaluation in Trauma Work

Spring 2011: Affiliate Faculty, Healing Conversations in Trauma Work

August 2010 – September 2011: Affiliate faculty invited to develop and facilitate a five-day training program for the United States Air Force Chaplain Corps and the United States Air National Guard Chaplain Corps Sexual Assault Prevention Response Program. Organized 3 five-week trainings addressing Military Sexual Trauma, PTSD, Complex Developmental Trauma, and a framework for healing psychologically, relationally, and spiritually (<https://www.archbalt.org/loyola-national-guard-program-addresses-sexual-assault-problem/>).

*Lancaster Theology Seminary:*

Fall 2008: Adjunct Faculty, Master’s Level Phenomenology of Grief and Loss

**Professional Publications**

Van Deusen, S. & Courtois, C., A. (2015). Spirituality, Religion, and Complex Developmental Trauma. In Walker, D., F., Courtois, C., A. & Aten, J., D. Spiritually Oriented Psychotherapy for Trauma (pp. 29-54). Washington, DC, US: American Psychological Association.

**Lectures by Invitation:**

Van Deusen, S. L. (1999, February). Women and Addiction. All day workshop presented at Mount De Sales Academy.

Van Deusen, S. L (2001, October). PTSD and Addictive Disorders. Two-hour workshop presented at Smoke and Mirrors Conference.

Van Deusen, S. L. (2001, March). The Interaction Between Trauma and Addictive Disorders: A Look at the Interplay Between PTSD, Dissociative Disorders, and Addiction. Three-hour workshop presented at the Maryland Association of Counseling and Development.

Van Deusen, S. L. (2003, May). At the Intersection of Trauma and Substance. Three-hour workshop presented at the DCCACD Annual Conference, “Preventing Trauma Induced Substance Abuse”.

Van Deusen, S. L. (2003, May). Trauma, Attachment, and God—Expanding Our Understanding of the Relational Sequelae of Childhood Trauma. Workshop presented at the Society for Researchers in Pastoral Counseling Conference, “Integrating Object Relations Theory and Spirituality”.

Van Deusen, S. L. & Vermilyea, E. (2003, May). Risking Connection. Three-day workshop presented on a manualized treatment for survivors of psychological trauma.

Van Deusen, S. L. (2004, March). Treating Individuals with Co-occuring Disorders: The Impact of Trauma. Keynote address given for a Carroll County Core Service Agency.

Van Deusen, S. L. & Vermilyea, E. (2004, May). Risking Connection. Three-day workshop presented on a manualized treatment for survivors of psychological trauma.

Van Deusen, S. L. (2004, May). The Reciprocal Relationship between Trauma and Attachment.Workshop presented at the Lancaster County Mental Health Providers Meeting.

Van Deusen, S. L. (2004, November). Advanced Listening Skills. Keynote address given for the Pennsylvania State Police Member’s Assistance Program.

Van Deusen, S. L. (2005, January). Adolescent Self-Harm. Three-hour workshop presented for the Baltimore County School District.

Van Deusen, S. L. (2005, February). Reactive Attachment Disorder. Day long workshop presented for the Baltimore County Family and Children Services

Van Deusen, S. L. (2005, February). At the Intersection of Trauma and Substance Abuse. Three-hour workshop presented at TAMAR’S CHILD Annual Conference.

Van Deusen, S. L. (2005, April). How Trauma Hurts Children. Keynote address given at the Child Abuse and Neglect Conference.

Van Deusen, S. L. (2005, April). Trauma and Attachment: Understanding the Relational Sequelae of Childhood Trauma. Three-hour workshop presented at the Child Abuse and Neglect Conference.

Van Deusen, S. L. (2005, April). The Impact of Vicarious Traumatization on Therapist Working with Trauma Survivors. Full day workshop presented at the Pennsylvania Council for Crime and Delinquency.

Van Deusen, S. L. (2005, June). The Impact of Trauma on Children. Full day workshop given for Pennsylvania Counseling Services Family Service In-Service Day.

Van Deusen, S. L. & Vermilyea, E. (2005, June). Risking Connection. Three-day workshop presented on a manualized treatment for survivors of psychological trauma.

Van Deusen, S. L. (2005, September). Teaching Traumatized Students. Three-hour workshop presented at Good Sheppard Psychiatric Center.

Van Deusen, S. L. (2005, October). Teaching the Traumatized Adolescent. Three-hour workshop given for the Indiana County Technology Center.

Van Deusen, S. L. (2005, October). Reactive Attachment Disorder—The Developmental Impact of Complex Trauma in Children. Keynote address given at the Family and Children Services of Maryland.

Van Deusen, S. L. (2005, November). Respecting the Trauma Membrane—Above All Do No Harm. Full day training given for Pennsylvania Counseling Services.

Van Deusen, S. L. (2006, April). Reactive Attachment Disorder—The Developmental Impact of Complex Trauma in Children. Three-hour workshop presented for Family and Children Services of Maryland.

Van Deusen, S. L. (2006, April). Understanding Traumatized Children. Three-hour workshop presented for the ARIN Intermediate Unit.

Van Deusen, S. L. (2006, June). Peer to Peer Bullying and Self-Harm. Three-hour workshop presented at the Risky Business Conference

Van Deusen, S. L. (2007, January). How to be Part of the Process: Healing Sexually Abused Kids and their Families. Workshop presented for PROP, Inc. (Parents Reaching Out to other Parents of sexually abused children).

Van Deusen, S. L. (2007, March). Childhood Trauma, Attachment to God, and Subjective Well-Being. Workshop presented at Mid-Year Conference on Religion & Spirituality.

Van Deusen, S. L. (2007, March). Perception, Presence, and Prayer—The Impact of Trauma on Spirituality. Full day retreat given for The Samaritan Counseling Center’s Walking Together Program.

Van Deusen, S. L. (2007, September). Never Simple: Treating Complex PTSD. Two-hour workshop presented at the PTSD Conference, Eden Resort, Lancaster.

Van Deusen, S. L. (2007, September). At the Intersection of Trauma and Addiction. Two-hour workshop presented at the PTSD Conference, Eden Resort, Lancaster.

Van Deusen, S. L. (2007, October). Trauma and Spirituality: What the Research Shows us about God and Trauma. Workshop presented for the Water Street Rescue Mission.

Van Deusen, S. L. (2008, April). Caring for the Caregiver. Three-hour workshop present at the Children and Families Attachment Conference.

Van Deusen, S. L. (2010, April). It’s All About Me: Self-Care and Trauma Work. Keynote address given at Self-Care U Conference, Millersville University,

Van Deusen, S. L. (2010, April). Spirituality and Self-Care. Workshop presented at Self-Care U Conference, Millersville University.

Van Deusen, S. L. (2010, April). The Story Embedded in the Chaos of Reactive Attachment Disorder: The Impact of Severe Childhood Abuse and Neglect on the Developing Child. Two-hour workshop presented at the Cherish the Child Symposium in Harford County, Maryland.

Van Deusen, S. L. (2010, April). Treating Reactive Attachment Disorder. Two-hour workshop presented at the Cherish the Child Symposium Harford County, Maryland.

Van Deusen, S. L. (2010, October). The Imperative of Therapist Self-Care in the Treatment of Complex Trauma. Two-day training presented for the Water Street Rescue Mission Staff.

Van Deusen, S. L. (2014, March). Tamar Speaks. Full Day Retreat given for Survivors of Sexual Abuse sponsored by The Samaritan Counseling Center.

Van Deusen, S. L. (2014, February). Understanding the Matrix of Attachment: Using Mentoring to Create Earned Security. One-hour workshop presented for Bridge of Hope of Lancaster County.

Van Deusen, S. L. (2014, May). The Posttraumatic Student. Half day training presented to the Lebanon County School District School Nursing Department.

Van Deusen, S. L. (2014, October). The Posttraumatic Student. Two-hour training presented for the Eastern Mennonite University School Nursing Department.

Van Deusen, S. L. (2015, March). Understanding the Matrix of Attachment: Using Mentoring to Create Earned Security. One-hour workshop presented for Bridge of Hope of Chester County.

Van Deusen, S. L. (2015, March). Tamar Speaks. Full day Retreat given for Survivors of Sexual Abuse sponsored by The Samaritan Counseling Center.

Van Deusen, S. L. & Spitko, M. (2017, January). Renewal, Reflection and Focus Through Trauma-Sensitive Yoga. Two-hour workshop presented at the Aware Lancaster Yoga and Wellness Day 2017.

Van Deusen, S. L. (2017, March). The Process of Building Safe Communities with Traumatized Women. Two-hour training presented at the International Women’s Day Lancaster—Be Bold for Change.