

"The main complaints of bruxers during mastication were facial pain and headache while chewing as well as the presence of clicking sounds in the jaw joint. Findings demonstrate an association between emotional factors such as anxiety and bruxism, resulting in compromised masticatory function." Alves, Anne & Alchieri, Joao & Barbosa, Gustavo. (2013). Bruxism. Masticatory implications and anxiety. Acta odontológica latinoamericana : AOL. 26. 15-22.

"The rhythmic activity of a cluster of neurons in the brainstem initiates breathing. This cluster is composed of distinct, though intermingled, subgroups of neurons. Yackle et al. found a small, molecularly defined neuronal subpopulation in this breathing rhythm generator that directly projects to a brain center that plays a key role in generalized alertness, attention, and stress (see the Perspective by Sheikbahaei and Smith). Removal of these cells did not affect normal breathing but left the animals unusually calm. The breathing center thus has a direct and dramatic influence on higher-order brain function." Kevin Yackle, Lindsay A. Schwarz, Kaiwen Kam, Jordan M. Sorokin, John R. Huguenard, Jack L. Feldman, Liqun Luo, Mark A. Krasnow, Breathing control center neurons that promote arousal in mice. Science 31 Mar 2017 : 1411-1415