

# TO THE T SOLUTIONS PRESENTS

## YOGA BASICS WITH ELIANAE



SOULWORKS CENTER  
7584 SOUTH 84TH  
LAVISTA, NE

NOVEMBER 12TH  
7 PM

**THIS IS A BASIC YOGA CLASS FOR BEGINNERS OF ALL AGES.  
BRING YOUR YOGA MAT, WATER, AND WEAR COMFY CLOTHES.**

**LIMITED SPACE AVAILABLE --- REGISTRATION RECOMMENDED**

Register at [www.tothetsolutions.com](http://www.tothetsolutions.com)