



**ABOUT YOUR INFANT**

Today's Date: \_\_\_\_\_ Name: \_\_\_\_\_  
 Date of Birth: mm/dd/yyyy \_\_\_\_\_ Age: \_\_\_\_\_  Male  Female  
 Alberta Health Care Number: \_\_\_\_\_ Present Height: \_\_\_\_\_ Present Weight: \_\_\_\_\_  
 Alberta Blue Cross ID Number: \_\_\_\_\_ Group Number: \_\_\_\_\_  
 Mother's/Father's Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_  
 Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_ E-mail: \_\_\_\_\_  
 Phone: (H) \_\_\_\_\_ Bus/Cell: \_\_\_\_\_  
 Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_  
 How did you hear about our clinic? \_\_\_\_\_

**REASON FOR VISIT**

What is your main reason for contacting us? \_\_\_\_\_  
 When did this condition begin? \_\_\_\_\_  
 List other care undergone for this complaint, including medication: \_\_\_\_\_  
 Other health concerns: \_\_\_\_\_

**Pregnancy & Birth History:**

Please indicate and explain any of the following which apply:

**If Yes, please explain**

Mother's illness during Pregnancy:	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Supplements taken during pregnancy:	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Medications taken during pregnancy:	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Ultrasound done during pregnancy & reason:	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Invasive procedures: i.e. amniocentesis, CVS	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Trauma during pregnancy i.e. falls, accidents	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Complications during birth:	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Assisted birth: i.e. forceps/vacuum/c-section/induce	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Birth trauma: i.e. bruises/odd shaped head/ cord around neck	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Medication given to mother during birth:	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Duration of gestation: _____ weeks		Duration of birth: _____
Setting of birth: <input type="checkbox"/> Hospital <input type="checkbox"/> Home		<input type="checkbox"/> Birthing Centre <input type="checkbox"/> Midwife
APGAR at birth: _____ After 5 minutes: _____		Birth weight: _____ Birth length: _____

**Growth & Development:**

Was the infant alert and responsive within 12 hours of delivery?  Yes  No

If no, please explain: \_\_\_\_\_

Sleeping pattern seems normal?  Yes  No If no, explain: \_\_\_\_\_

Any health problems (cancer, diabetes, heart disease etc.) in the family?  Yes  No

If yes, please explain: \_\_\_\_\_

**Feeding & Nutritional History:**

*(fill in only what is applicable)*

Was/Is the infant breast fed?  Yes  No If Yes, for how long? \_\_\_\_\_

Food Introduction	Age	Type	Difficulties <small>(spitting up, colic, diarrhea, not latching, not eating from R/L breast)</small>
Formula			
Cow's Milk			
Baby Food			
Solid Foods			

**Environmental Stressors:**

Any vaccinations received?  Yes  No Specify: \_\_\_\_\_

Any illnesses requiring antibiotics?  Yes  No Explain: \_\_\_\_\_

Total number of courses of antibiotics to date: \_\_\_\_\_

Any difficulties with lactation?  Yes  No Explain: \_\_\_\_\_

Any problems bonding?  Yes  No Explain: \_\_\_\_\_

Any pets at home?  Yes  No Specify: \_\_\_\_\_

Any smokers in the home?  Yes  No How much: \_\_\_\_\_

**ROS - For Doctors Use Only**

1. GENERAL: Weight changes, energy level, sleep pattern, growth patterns, fever, fatigue.
2. SKIN: Birthmarks, rashes, pallor, sweating, itching, bleeding, swelling, dryness, colour changes, lumps, changes in hair/nails
3. HEAD: Headaches, head injuries, dizziness
4. EYES: Vision disorder, pain, redness, excessive tearing, glasses
5. EARS: Hearing disorder, infections, dizziness, ringing in ears
6. NOSE & SINUSES: Frequent colds, nasal stuffiness, hay fever, nose bleeds, drainage, discharge, sinus troubles
7. MOUTH/THROAT: Dental/gum issues, sore throat, speech problems, hoarseness, sore enlarged tongue, last dental exam
8. LYMPHATICS: Enlarged/painful lymph nodes