

Health Outreach Kissy 2018/19

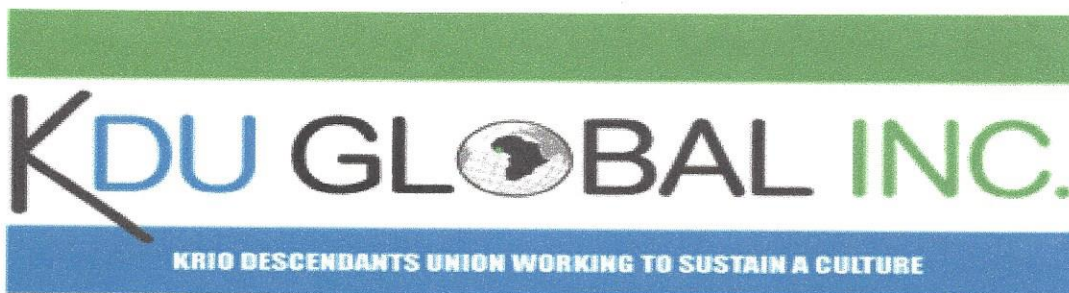
KDU
GLOBAL

January 12

2019

Review & Recommendations Report

Health
Outreach
Kissy



Health Committee Report: Annual Health Outreach 2018/ Kissy January 12 2019

Review & Recommendations Meeting on Thursday January 17 2019

Present

Mrs. Roseline Fyle; Member KDU North East Chapter

Mrs. Victoria Jacobs; Member KDU London

Mr. Michael Fraser Member; KDU Maryland

Haja Ayodele Davies-Folorunso

Mrs. Hannah Bright

Mr. Leslie Warburton

Mr. Henry Jones

Dr Maurice Netteh

Ms. Christiana Coker

Dr David Koroma

Ms. Amina Adams

Mrs. Doreen French

Mr. Ahmed Sankoh Hughes

Mr. Foday Munu

Mrs. May Njie; KDU Global Health Liaison, Freetown

Mrs. Josephine Buck; KDU Global Freetown Liaison

Ms Waltona Cummings, Co Chair KDU Global Health Committee

Excused Absences

Dr. Cheedy Jaja

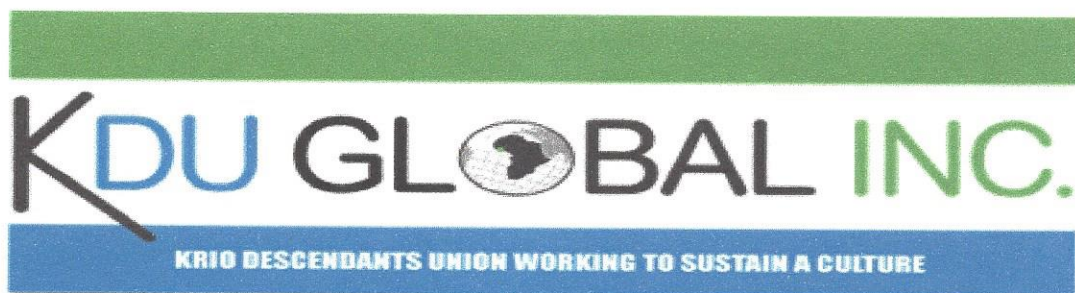
Dr. Mandy Garber

Dr. Olabisi Claudius- Cole

Dr. Francis Dove-Edwin

Mrs. Vicky Carlton Carew

Mr. Jethro Johnson



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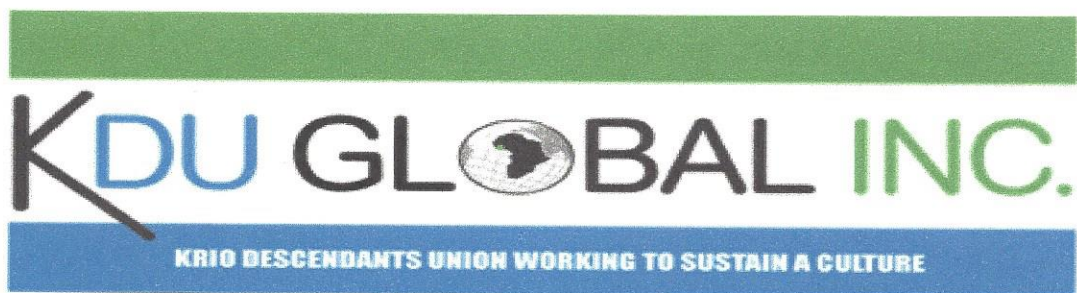
The meeting started with welcome comments from Mrs. Josephine Buck who thanked all for coming and their great labor of love at the 3rd annual outreach at Boston Community Center, Kissy.

Ms Cummings who chaired the meeting stated this was an annual event of the KDU Global Leadership and its thirteen chapters which is usually held in December immediately after Christmas to accommodate those who were home for Christmas, giving them an opportunity to serve. However this year it was delayed due to logistical issues with the Global Leadership. Mrs. May Njie thanked the donors including Mrs. Yvonne Hamilton, Proprietress Salvonne Bakery, Mrs. Aubee Proprietress D's bazaar, Mr. Edwin Fraser. Mrs. Roseline Fyle, Mrs. May Njie and Mr. Leon Jenkins-Johnston who came and saw the intensity of the work and long hours pending he supplied some sandwiches and drinks for a welcome break, Mrs. Buck also acknowledged Ms. Pauline Pratt, Mrs. Eugenia Chinsman, Ms. Emerica Curtis and the Boston chapter, Mr. & Mrs. Derrick Lewis all KDU members for their timely financial contributions. We also thanked Rev. Henry Samuels, Head of Vine Mission for the use storage space and meetings held at their facility since we started three years ago.

Planning Team: The planning team was setup for the first time to plan and collaborate the health outreach.

Recommendation: Send thank you letters to donors. We continue to use Vine Memorial building for storage and meetings. Seek more donors and partners. Add health professionals in Freetown eligible for KDU membership in the health professionals' database

Registration (Station 1): Mrs. Jacobs and Mr. Henry Jones gave the report and suggested we take off the tribal question but Mrs. Njie and Mr. Fraser disagreed as it was for demographics purpose and this was commonly done in the United States. Cold packets of water for those waiting in line was a welcome addition this year



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Recommendation: Continue with the current intake cards without any changes. Plan to continue to give cold water for those waiting in line and provide tents to create shade while waiting. Mr. Fraser and Haja Ayodele volunteered to take care of this next time.

Nurses Assessment (Station 2): The challenge of manpower started with less than 24hr cancellations of two nurses in addition the Ministry of Health (MoH) volunteers had challenges in utilizing the assessment tools which caused a backlog of those waiting to be seen. The Nurse Assistant was used for BP screenings only to ease the backup.

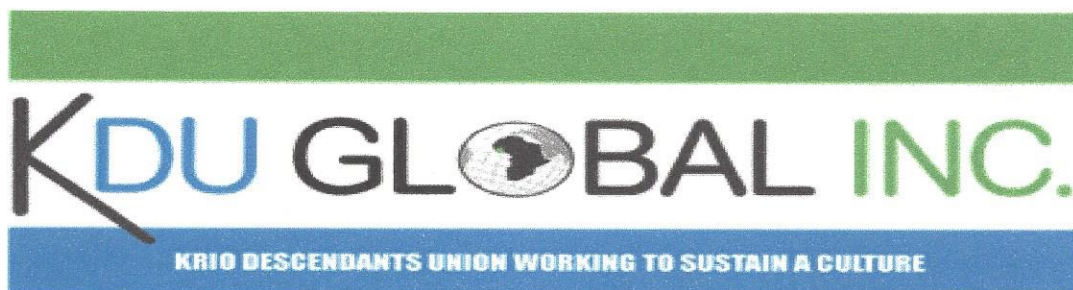
Recommendation: Review of the assessment process and equipment to be done by Haja Ayodele and /or Team Leader or her designee. The possibility of having two shifts of nurses to reduce the stress on them due to the high volume. Order or get donated stethoscopes and blood pressure machines. The use of only experienced Registered Nurses (RN) at this station

Health Providers: Dr Netteh enjoyed serving on his first health outreach and was grateful for the experience. He suggested it will be beneficial on both sides for final year medical students and technicians to be invited as it will be a rewarding learning experience for them. Dr. Koroma suggested we have a medications checklist at the back of the card but Ms. Cummings thought it was unsafe practice. It was a great team of six physicians and made it possible for all who needed to see a doctor.

Recommendations: They suggested the nurses deal with the minor ailments and consider giving out analgesics, anti histamines and vitamins at this station as needed. Invite senior medical students and technicians for future projects.

Pharmacy / Medication Pickup (Station 4): The pharmacists were commended for their positive attitude working with a smile inspite of the long hours and work volume. They were concerned about error due to work fatigue and not enough time for use of medication education. Some of the delay was attributed to counting of medicines and packaging of medicines as not enough bags were ordered and time constraints.

Recommendations: Consider two shifts of pharmacists or getting pharmacy techs to help with pill counting and bagging. West End Clinic staff offered to do this in the future.



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Gratitude to our Partners

The Ministry of Health, especially the District Medical Officer (DMO) for Kissy and the Community Health Officer (CMO) for providing emergency services. The Principal of the National School of Midwifery for providing nurses of their 2019 graduating class. The use of the bus and driver in transporting volunteers, supplies and throughout the day.

The West End Clinic, Freetown for pre-planning support, malaria screening, treatment and acute care under the auspices of Dr. Olabisi Claudius- Cole, Supervising Physician since the inception of the project.

The Well Woman Clinic for its education on breast cancer prevention under the auspices of Director Mrs. Jennifer Renner-Thomas in addition to pre-planning support since the inception of the project.

Dr. Cheedy Jaja and team on Sickle Cell education and screening since the inception of the project.

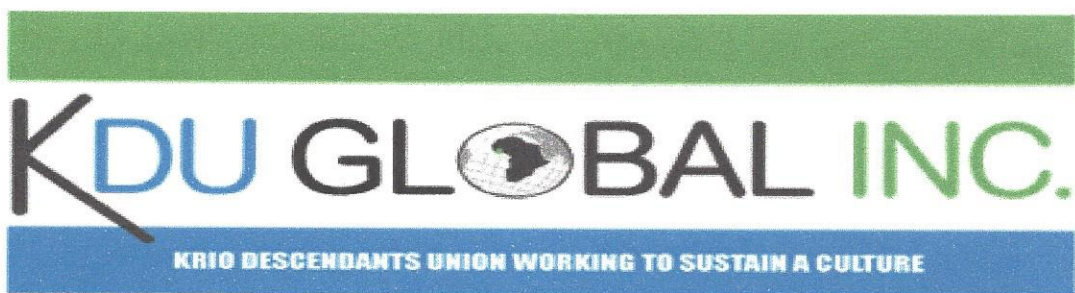
Blue Shield Hospital dental health care and pre-planning support under the auspices of Dr. Kojo Carew

Diabetes Association of Sierra Leone for diabetes education and screening

Welcome to our newest additions:

The organization of Sierra Leone Health Professionals Abroad (TOSHPA)

West Care Pharmacy Freetown



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Allied Health:

Nutrition Mrs. Roseline Fyle stated nutrition education was related to a lot of health problems. She recommended having educational aid from the United States (US).

Eye: No optometrist was available, a volunteer was taught on identifying need for reading glasses especially in the older adults gave out a total of 50 reading glasses to some happy recipients.

Dental: Tooth brushes and paste was given to as many as needed

Recommendations: Educational tools for group education on nutritional, eye, dental and spinal health. Recruit an Optometrist, Dentist or Dental Hygienist and Physical Therapist for future projects.

Additional Recommendations by the Planning Team:

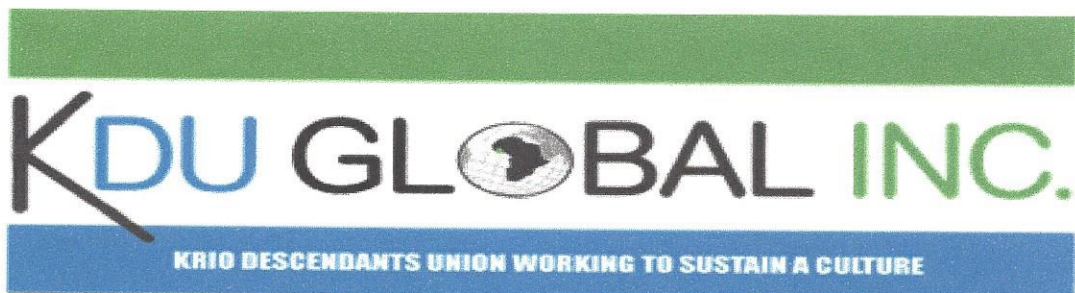
KDU Global Health Committee has one Chair that is sensitive to the health needs in Sierra Leone with a desire to serve. Licensed to practice with some experience in collaborating a community outreach with systems in place for sustainable change.

The medication and supplies list be shared with the health team members prior to ordering to ensure correct quantities and important supplies such as alcohol swabs are not missed and enough vital medications.

The health outreach is done immediately after Christmas so we give health professionals vacationing in Freetown an opportunity to give back to their communities.

Honorariums to much needed health professionals specifically non-KDU Members living and working in Freetown should continue but not as an incentive. See Financial Report below

We are extremely grateful to the unsung heroes who labored with great love and community concern especially Mr. Jethro Johnson KDU Young Adult & Pa. Rati Williams KDU Kissy Leader



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INCOME AND EXPENSES

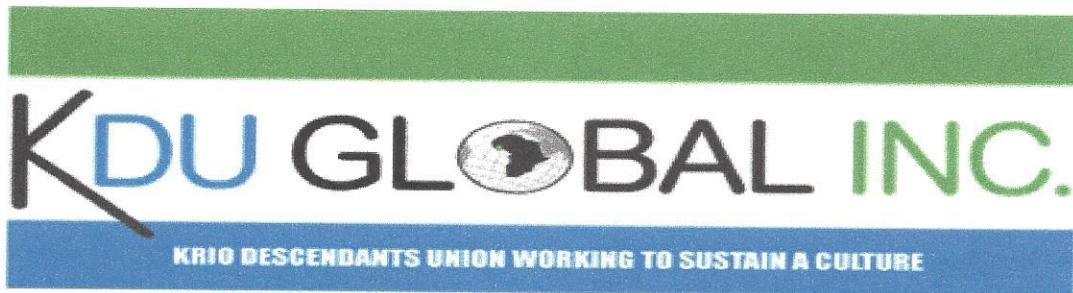
Income:	Dollars exchange rate \$1 = Le.8, 500	
KDU Global	\$900.00	Le.7, 650,000
Mr. & Mrs. Derrick Lewis	\$100.00	Le. 850,000
Ms. Pauline Pratt	\$100.00	Le. 850,000
KDU New England (Emerica Curtis)	\$150.00	Le.1, 275,000
Mrs. Eugenia Chinsman	\$150.00	<u>Le.1, 275,000</u>
Total		Le.11, 900,000
KDU Global sent \$500 Western Union paid out		<u>Le. 4,072,102</u>
<u>GRAND TOTAL RECEIVED</u>		<u>Le.15, 972,102</u>

Expenses

Honorarium to Doctors and Pharmacists	Le.4, 800,000
Honorarium to Nurses	Le.1, 350,000
Videographer	Le.1, 000,000
Media	Le. 800,000
Refreshments	Le.1, 578,000
Miscellaneous	<u>Le.2, 370,000</u>
<u>TOTAL SPENT</u>	<u>LE.11, 898, 00</u>

The amount of Le.4, 072,000 via Western Union was received after the event. It will be put into KDY account as a start up of 2019 Outreach expenses. If it was to be sent back, it will lose its dollar value. Thanks to KDU Global and its thirteen chapters and Treasurer Mrs. Olive Hamilton.

Prepared & Submitted by Mrs. Josephine Buck
KDU Freetown Global Liaison



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Compiled & Reported by the KDU Health Leadership Team

Kissy Outreach 2018/19

Mrs. Josephine Buck KDU Freetown /Global Liaison

Mrs. May Njie KDU Global Health Liaison

Ms. Waltona Cummings, Co- Chair KDU Global Health Committee/Team
Leader 2018/19