

## MONTHLY MEETING'S AGENDA Successful Life Long Recovery

**Location**: Address or Room Number

Date: Date

**Point of Contact**: Name(s) number or email address.

Time: Time

### I. Weekly Meeting 1 Successful Life Long Recovery

Attendee Review and Print: On-Line www.familiesimpactedbyopioids.com tab 32 seminar downloads

- 1. Seminar Handout
- 2. Practical Exercises and Video Worksheets
- 3. Families Best Practices Model and Plan of Action.

#### II. Weekly Meeting 2 Speaker, Successful Life Long Recovery.

Invited a Family Therapist from our referral network list to speak on Characteristics of Family Interaction and the awareness of Successful Life Long Recovery.

#### III. Weekly Meeting 3 Personal Testimony, The Family Dynamic

One of our own members will volunteer to share their family dynamic story.

### IV. Weekly Meeting 4 The Workshop, with Group Family Therapist

Meeting leader will assist the group in worksheet experiences to examine their individual family dynamics.



# WEEKLY MEETING AGENDA Weekly Meeting # 1 1.5hrs duration

- Pre-Meeting Reading Assignment Family Solution Finder Learning Seminar Study Guide
- 2. Presentation Power Point Seminar #1
- Family Solution Finder Learning Seminar Workbook
  - i) Practical Exercise # 1-3
  - ii) Video worksheets
- 4. Group Discussions



## WEEKLY MEETING AGENDA Weekly Meeting # 2

- 5. Pre-Meeting Reading Assignment Family Solution Finder Learning Seminar Study Guide
- 6. Presentation Power Point Seminar #1
- 7. The Substance Use Disorders Journey, It's Time to get Organized, Chapter "Responding to Family Issues Process" worksheet.
  - i) Practical Exercise # 1-3
  - ii) Video worksheets

**Group Discussions** 



# WEEKLY MEETING AGENDA Weekly Meeting # 3

- 8. Pre-Meeting Reading Assignment Family Solution Finder Learning Seminar Study Guide
- 9. Presentation Power Point Seminar #1
- 10. My Organized Resource and Evaluation Guidebook Seminar 1 The Family is a System worksheet.

11.

- i) Practical Exercise # 1-3
- ii) Video worksheets

Group Discussions



## WEEKLY MEETING AGENDA Weekly Meeting # 4

- 12. Pre-Meeting Reading Assignment Family Solution Finder Learning Seminar Study Guide
- 13. Group discussion, Q&A. How to Create a Family Plan of Action.
- 14. The Substance Use Disorders Journey, It's Time to get Organized. Chapter: Family Plan of Action.
  - i) Practical Exercise # 1-3
  - ii) Video worksheets

**Group Discussions**