# November 2017

News Message of the Month

Sound: Building Block of the Universe



Ray Consciousness

Ray Five:

**Master Hilarion** 

# A Big Thank You!



John transported cedar boards from the mill for the completion of the new ONE-TLC guest cabin.

ONE-TLC Practitioners are available for YOU... Rosemary Slade Sheryl Sitts Mario Rosales Tamara Pedlow

www.thecarmineconnection.com/PRACTITIONERS.html



#### **ONE-TLC**

Oneness-Now-Energy ~ Transformational-Light-Center "Experiencially Awakening to the Truth of Your Divinity" www.thecarmineconnection.com



This is a wonderful time of the year for all to collectively share Gratitude and Appreciation for the Abundance we each have in our lives. We Now have a greater opportunity to joyously receive and express our Abundance of family, friends, and special times with an open heart and mind.

Abundance comes in many forms and is actualized by our personal beliefs, perceptions and attitudes.

While reflecting on previous holiday family gatherings, I remembered an assignment one of my A & M instructors gave our class. Working with this assignment opened my mind and my heart to others' belief systems and ways of celebrating Life. We were each asked to write about our family's holiday traditions. This culminated in a shared book of family traditions and an 'honoring' of different belief systems and traditional ways of celebrating Life.

Speaking of Celebrating Life... David was actually <u>speechless</u> when he arrived at his Surprise birthday gathering! Imagine that.



We are very grateful for our ONE-TLC Friends and Family for expanding our Abundance in so many unique ways. THANK YOU ALL for BEing in our lives!



What if Life is ONE big open mind and heart... and to live joyously, all we have to do to is Accept what it has to offer?

ONE-TLC continues to provide a safe place for those that are ready and willing to Discover, Experience, Integrate and BEcome more of WHO, WHAT, & WHY they ARE...



"No matter what you think you are, You are always more than that."

### New Articles Available

October 2017 Edition
JOP Magazine
www.journeyofpossibilities.com

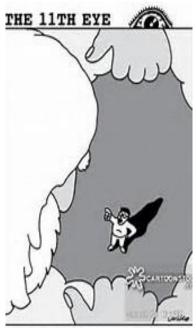
The Magic of Gratitude & Appreciation
---- and ---Dear Cosmos:
<Less is More>

### The 'I AM' Circle



A meeting place where 'Interdimensional Ascended Masters' (I AMs) meet and communicate telepathically with whomever arrives to ask questions.

# **Joke of the Month**



"Hey! You! Yes, You! I read in a yoga book that I, too, am God... So watch it!"

Yes-Watch Me Embrace it!

# Message of the Month

At the beginning of our ONE-TLC Board Meetings, an informative message is usually channeled from an Intergalactic Ascended Master. Following is a message through David:

## Sound is the building block of the universe.

Sound is frequency which equates to vibration which is heard/felt.

#### Everything is a band of frequency.

<u>Ex:</u> AM radios are amplitude modulators. FM radios are frequency modulators. The AM radio = the AM dimension. The FM radio = FM dimension. <u>This creates two realities</u>. This is the understanding for inter-dimensional travel and fractal relationships.

Vibrations affect energy softness. We are starting to hear with our real ears and it would be wise to clean up our <u>Sound</u> environment. On a personal level this means to be out in nature, keep TVs and radios down so that you can have more time in stillness.

Sound that is NOT in harmony with the human body is disruptive.

# **12 Ray Consciousness**

Ray Five carries the frequency of the color Orange and is governed by Master Hilarion. We can invoke this Light when we want to develop discernment, orderliness and punctuality. The qualities of the Fourth Ray are Research, Science and Knowledge.

Coming next month: Ray Six ~ Master Lanto

# ONE-TLC ~ Open Forum Exploring Beyond...

Beginning in January 2018 - Date & Brenham Location TBA

What if there was a safe place to share, explore and discuss your ideas, questions and the desires of your heart & mind...

What's on Your Mind & in Your Heart?

Plan to join us... as we gather together for greater awareness of available Potentials that can lead us into a world/reality that we truly desire.

"The important thing is not to stop questioning...

Never lose a holy curiosity." - Albert Einstein

ONE-TLC offers a compassionate, supportive, and friendly environment to BE who You Are and Expand/Express YourSelf.

The Carmine Connection and ONE-TLC appreciate all donations and contributions for the continued development of the Center and Facilities.

www.thecarmineconnection.com/DONATIONS.html