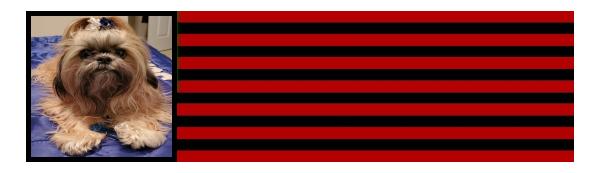
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News & Views report

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July is National Baked Bean Month

"You must be shapeless, formless, like water. When you pour water in a cup, it becomes the cup. When you pour water in a bottle, it becomes the bottle. When you pour water in a teapot, it becomes the teapot. Water can drip and it can crash. Become like water my friend."—Bruce Lee

Monday, July 27, 2020

Canada court rules US 'not safe' for asylum seekers

bbc.com
Canada's federal court has ruled that
an asylum agreement the country has

with the US is invalid because America violates the human rights of refugees.

The Safe Third Country Agreement (STCA), in place since 2004, requires refugee claimants to request

protection in the first safe country they reach.

But on Wednesday, a judge declared the deal unconstitutional due to the chance that the US will imprison the migrants.

The ruling marks a major victory for Canadian immigration activists.

Lawyers for refugees who had been turned away at the Canadian border had challenged the agreement, arguing that the US did not qualify as "safe" for asylum seekers.

Is Canada asking countries for a million immigrants?

They lost fingers entering Canada. Then what happened?

Nedira Jemal Mustefa, one of the refugees forced to remain in the US, told the court her time in US solitary confinement was "a terrifying, isolating and psychologically traumatic experience," according to the court ruling.

"We're all too familiar with the treatment that the US metes out to asylum seekers," Maureen Silcoff, president of the Canadian Association of Refugee Lawyers, told Reuters news agency.

The 5,525 mile (8,891 km) US-Canada border is the longest border between two countries in the world.

What is the Safe Third Country Agreement?

The Safe Third Country Agreement is a policy implemented to better manage refugee claims and to avoid so-called "asylum shopping" between countries.

But it is also driving asylum seekers to make what the Canadian government calls "irregular" crossings to avoid being turned back at official border points.

Since 2017, when President Donald Trump took office promising a crackdown on immigration, some 58,000 people have crossed into Canada from the US in that manner to make subsequent refugee claims.

Canada had been processing their claims until the coronavirus pandemic, when the Canadian government said they would be turned back.

There have been calls in Canada to suspend or renegotiate the agreement with the US.

What did the judge say?
Federal court judge Ann Marie
McDonald ruled that the deal was in
violation of a section of Canada's

Charter of Rights that bans the government from interfering in the right to life, liberty and security.

"It is my conclusion, based upon the evidence, that ineligible STCA claimants are returned to the US by Canadian officials where they are immediately and automatically imprisoned by US authorities," Judge McDonald said in her ruling.

"I have concluded that imprisonment and the attendant consequences are inconsistent with the spirit and objective of the STCA and are a violation of the rights guaranteed by section 7 of the [Charter of Rights and Freedoms]," she continued.

But the judge delayed the ruling for six months to allow Canada's parliament and the US Congress to respond. The ruling can also be appealed.

US immigration authorities not have yet to comment on the ruling.

A spokeswoman for the Canadian Minister of Public Safety and Emergency Preparedness told BBC News that they are "aware of the Federal Court's decision and are currently reviewing it".

Whistleblowers Reveal How ICE Used Deception to Deport Immigrants with COVID-19

democracynow.org In immigration news, two whistleblowers at an ICE prison in Louisiana have revealed officers have knowingly deported immigrants who had temperatures as high as 103 degrees and likely had COVID-19 by deceptively covering up their symptoms. Under ICE policy, immigrants with temperatures above 99 degrees cannot be deported. But one of the whistleblowers says staff was instructed to blast an air conditioner to "freeze them out" so sick immigrants could pass the temperature check in order to be deported. The U.S. continued to deport thousands of people despite their symptoms, contributing to a rapid spread of COVID-19 in Central America and Haiti. The whistleblowers work at the privately-run Richwood Correctional Center in Louisiana where at least 69 individuals have tested positive. Two guards have died. Mother Jones reports the whistleblowers also allege LaSalle Corrections, the private prison company that runs Richwood, prohibited staff from wearing personal protective equipment, forced guards who likely had COVID-19 to work while awaiting

for their test results and regularly exposed healthy prisoners to people who had been exposed.

The Pentagon's Fighter Jet of the Future Is Causing a Whole Lot of Problems in the Present

motherjones.com

But both parties have been reluctant to cut
off Lockheed's gravy train.

The F-35 fighter jet program has long been, as they say in the military, FUBAR. With a price tag that was slated to be \$233 billion, the program's costs have doubled over the past two decades, even as hundreds of jets remain unfit for combat and remain stuck in testing. The so-called stealth jet of the future has increasingly commanded a larger presence on the Pentagon's balance sheet than on the battlefield.

Dan Grazier, a fellow at the Project on Government Oversight, a nonpartisan watchdog that advocates for slimmer defense budgets, has written extensively about the F-35's many problems. Last week, he broke the news that the 23 test aircrafts at Edwards Air Force Base in California were "fully mission capable" just 11 percent of the time from December through June. This average falls far short of the 80 percent goal set by

Defense Secretary James Mattis last year and reflects the sorry state of Pentagon readiness even as Lockheed, the number one recipient of government contracts, plays an increasingly important role in guiding defense policy.

And yet, despite its many troubles, the F-35 remains not only a crucial part of the Pentagon's strategy for conquering the skies, but a signature component of its relationship with Capitol Hill and America's allies abroad. Forty-six states rely on jobs created by the F-35 and in 17 of them, the jets generate at least \$200 million of economic impact, according to Lockheed's data. Across the pond, the United Kingdom and 11 other countries have signed up to receive F-35 joint strike fighters as part of an agreement with the US. The jet's significance is so uncontested that when Turkey accepted a Russian-made defense system last month, the Trump administration's punishment was to kick it out of the F-35 program. Lawmakers have repeatedly chided the Pentagon for its management of the F-35, and even **President Donald Trump once** bemoaned its "tremendous cost" in a tweet, but both parties have been reluctant to cut off Lockheed's gravy train or come up with a cheaper alternative.

Underperformance by the F-35 has been bad and appears to be getting

worse. Nearly every month there appears a slew of reports lambasting some aspect of the program, from Lockheed's data management to cockpit pressure within certain jets that cause "excruciating" ear and sinus pain for pilots. According to the Government Accountability Office, between May and November 2018, F-35 jets achieved "full mission capability" only 26.8 percent of the time; the Pentagon's minimum acceptable rate is 60 percent. During this period, "fleet-wide F-35 aircraft performance did not meet any of the US warfighter's requirements," a GAO report concluded in April. The F-35's performance has suffered across the military, but Grazier described the results at Edwards as especially alarming given that these aircraft were part of an operational testing fleet that "receives extra support in the form of larger maintenance crews, and is presumably higher on the priority list to receive spare parts."

There is a number of reasons why this particular high-profile aircraft has been mired in problems, but one crucial element is the near-total control that Lockheed Martin, the primary contractor, exerts over an array of functions critical to the F-35's supply chain. "There are so many parts of this problem that are wholly controlled by Lockheed Martin," Grazier told me. "These are

problems that are baked into the system."

For instance, the Defense Department is often left at Lockheed's mercy to fix or replace jets that have broken down. Even a missing spare part can sink an aircraft's ability to complete a mission effectively. Within the F-35 program, Lockheed "is responsible for allocating parts" across the globe—not just to the United States—leaving American service members with "no control" over how their repair needs are prioritized, the GAO report found. This uncertainty has led personnel, in some cases, to strip parts from other aircraft rather than wait some indefinite period for new parts to arrive.

The military can't even price their options fairly, because Lockheed controls access to how many spare parts are available. Pentagon officials have apparently tried negotiating with the defense contractor to gain access to this data, but these efforts failed because of the "high price" the government would have been charged to access it, according to the GAO report. "This is potentially quite the subterfuge," Grazier wrote in June. "It calls into question whether Lockheed Martin actually has the information readily at hand."

No one has pulled a Lockheed executive in front of Congress to ask. Meanwhile, lawmakers from both parties keep approving the purchase of more fighter jets despite these increases leading to "exacerbated pressure on the supply chain," Bloomberg reported. The defense authorization bill passed by the Senate in June approves the purchase of 94 more F-35 fighters, 16 more than the White House had requested.

37 Senate Democrats Join GOP in Passing \$740 Billion Military Spending Bill

In news from Capitol Hill, 37
Democrats joined Republicans to pass a \$740 billion military spending package — a \$2 billion increase from last year. President Trump had threatened to veto the bill because it includes an amendment to rename military bases named after Confederate generals, but the legislation was passed by a veto-proof majority. Thursday's vote came a day after a majority of Democrats rejected a proposal to cut the Pentagon's budget by 10%.

Here's why everyone is suddenly talking about

Karen Bass as Biden's potential VP

Alternet.org



The Democratic women who have often been mentioned as a possible running mate for former Vice President Joe Biden include Sen. Kamala Harris. Sen. Elizabeth Warren, Sen. Tammy Duckworth, Rep. Val. **Demings and Stacey Abrams**, the former Georgia House of Representatives minority leader who narrowly lost a gubernatorial campaign to Republican Gov. Brian Kemp in 2018. In Politico, reporters **Christopher Cadelago and** Natasha Korecki on Friday analyzed another possibility that is suddenly receiving a lot of attention: Rep. Karen Bass of California.

"In many ways, Karen Bass is the anti-Kamala Harris," Cadelago and Korecki write.

"And yet, the Californians have ended up in a similar spot: on Joe Biden's vice presidential shortlist."

The Politico reporters explain what they mean by calling the 66-year-old Bass "the anti-Kamala Harris." Bass, they observe, is "content to let others grab headlines" — and "her personal qualities starkly contrast with Harris" because she is "persuasive but not flashy."

Nonetheless, they note, Bass (who, in 2018, was chosen to chair the Congressional Black Caucus) "has seen her profile rise of late amid the twin crises of the coronavirus pandemic and national reckoning with racism. Her standing in the VP search has improved based on private assessments shared with Biden's team."

Former Los Angeles Mayor Antonio Villaraigosa weighed in on Bass' appeal, telling Politico: "The reason she's gone from a name bandied about to a serious contender is because the more you look at her, the more you realize what a perfect choice for the time she is."

According to Cadelago and Korecki, Bass has "already undergone intense scrutiny from the campaign — including a half-day interview with Biden representatives that a friend described as 'invasive' — and has advanced deep into the vice presidential process, according to three people familiar with the vetting."

Upon seeing Politico's article, Bass disagreed with being called "the anti-Kamala Harris" and tweeted:

Karen Bass

@KarenBassTweets
US House candidate, CA-37
Senator Kamala Harris has
spent her entire life fighting for
the people. I would never want
to be labeled the "anti-Kamala
Harris." We're fortunate to have
had her as Attorney General
and now as Senator. She would
be an excellent VP and the

same goes for anyone else on the list.

Despite the attention Bass is receiving from Biden's campaign, Cadelago and Korecki explain that she "would still have to overcome long odds: the extent of her personal rapport with Biden, whom she didn't know well at the onset of the process, remains unclear. As does how she would handle the scrutiny and pressures of the role. She is a virtual unknown in most of the country, and unlike Harris, hasn't been vetted or gone through the rigors of a national campaign."

The liberal Bass has drawn praise from some conservatives, including Washington Post columnist George Will — who has spoken highly of her calm demeanor — and Jim Brulte, former chairman of the California Republican Party.

But she has also won the praise of progressives within the

Democratic Party. In a recent letter to Biden, a group of California delegates for Sen. Bernie Sanders cited Bass as a strong potential VP, along with former Ohio State Sen. Nina Turner and Rep. Barbara Lee of California.

"There are a lot of people in politics who are well liked, and there are a lot of people in politics who are well respected," Brulte told Politico. "But there aren't a lot of people who are well liked and well respected. Karen is one of them."

Heavily armed protesters march through Louisville demanding justice for Breonna Taylor telegraph.co.uk

Demonstrators carrying semi-automatic rifles and shotguns call for justice as protests continue across the US

Demonstrations against racial injustice continued across the

US on Saturday with protests in Kentucky, Colorado and Texas where one person was shot and killed.

A group of heavily armed black protesters marched through Louisville, Kentucky demanding justice for Breonna Taylor, a black woman killed in March by police officers who burst into her apartment.

Scores of the demonstrators, carrying semi-automatic rifles and shotguns and clad in black paramilitary gear, walked in formation to a fenced off intersection where they were separated by police from a smaller group of armed counter-protesters.

The black militia dubbed NFAC want justice for Ms Taylor, a 26-year-old emergency medical technician who died in a hail of gunfire when drug investigators bearing a "no-knock" warrant entered her Louisville home four months ago.

One police officer involved in the raid was fired by the city's police department in June. Two other officers have been placed on administrative reassignment. No criminal charges have been filed against any of the three.

The leader of the NFAC group, John "Grandmaster Jay" Johnson, called on officials to speed up the investigation into her death and to be more transparent.

Three members of the group were hospitalised with non-life-threatening injuries when a weapon was accidentally discharged, police said.

Ms Taylor's death, which returned to prominence following the May 25 suffocation in Minneapolis police custody of George Floyd, has become a rallying cry in nationwide protests against police brutality and racial bias in the US criminal justice system.

In downtown Austin, Texas one person was killed when several shots were fired amid a Black Lives Protest on Saturday, authorities said.

Footage posted during a
Facebook Live showed the
moment when several shots
rang out as a group of about
100 people marched and
chanted "fists up! Fight back!"

In the Denver suburb of Aurora on Saturday a car drove through a crowd and a protester was shot in the during a demonstration.

The Aurora Police Department said on Twitter that protesters were walking on Interstate 225 Saturday when a vehicle drove through.

Police said a protester fired a weapon, striking at least one person who was taken to a hospital in stable condition.

Authorities said the vehicle was towed and they are investigating. Protesters also

broke windows to the courthouse and a fire was started in an office, police said. An unlawful assembly was declared and police ordered protesters to leave the area, authorities said.

Malaysia arrests Bangladeshi migrant who criticised government on TV bbc.com

Malaysian authorities say they have arrested a Bangladeshi man who criticised on television the country's treatment of undocumented migrants during the coronavirus pandemic.

In a documentary on Al Jazeera, Rayhan Kabir said the government discriminated against irregular foreign workers by arresting and jailing them.

The 25-year-old will now be deported.

Critics call the detentions of hundreds of migrants inhumane. Officials say the move was needed to curb the virus.

Those arrested included children and Rohingya refugees, activists say. The detentions were carried out when Malaysia was under lockdown due to Covid-19.

Malaysia migrant raids 'to reduce Covid-19 spread'
'The bodies were thrown out of the boat'
Police launched an investigation into the documentary Locked Up in Malaysia's Lockdown, broadcast on 3 July, following complaints by officials and local media that it was "inaccurate, misleading and unfair", the Qatari broadcaster said.

An arrest warrant was issued for Mr Kabir - whose work permit was revoked after the

programme aired - and he was arrested on Friday.

"This Bangladeshi national will be deported and blacklisted from entering Malaysia forever," **Immigration Director General** Khairul Dzaimee Daud said in a statement, without explaining why Mr Kabir was arrested or whether he was suspected of committing a crime. Bangladeshi newspaper Daily Star quoted Mr Kabir as saying in a message before his arrest: "I did not commit any crime. I did not lie. I have only talked about discrimination against the migrants. I want the dignity of migrants and my country ensured. I believe all migrants and Bangladesh will stand with me."

A group of 21 Bangladeshi civil society organisations demanded Mr Kabir's release, saying: "An interview with the media is not a crime and Rayhan Kabir did not commit any crime."

In a separate statement, Human Rights Watch said: "The [Malaysian] government's action sends a chilling message to the country's many migrant workers: if you want to stay in Malaysia, don't speak up no matter how badly you have been treated."

Al Jazeera said Malaysian police had announced an investigation of its staff over potential sedition, defamation and violation of the country's Communications and Multimedia Act. It said they were being subjected to "sustained online harassment", including abusive messages and death threats.

The broadcaster said it "strongly refutes" the accusations against the programme and that it "stands by the professionalism, quality and impartiality of its journalism".

In a separate development, a Malaysian judge overturned on Wednesday a decision to cane 27 Rohingya refugees for illegal entry, their lawyer said. The case sparked an outcry from activists.

Malaysia does not recognise refugees and there are high levels of distrust for those who come from abroad, often working as low-paid labourers.

Some have accused migrant workers of spreading the coronavirus and being a burden on government resources.

Sierra Club Apologizes For Racist Views of Founder John Muir democracynow.org

The Sierra Club has apologized for the racist views held by the conservationist John Muir who founded the organization in 1892 and has been called the "The Father of our National Parks."

Sierra Club's executive director Michael Brune wrote this week, "As defenders of Black life pull down Confederate monuments across the country, we must also take this moment to

reexamine our past and our substantial role in perpetuating white supremacy. It's time to take down some of our own monuments.

Black Lives Matter: Arkansas senator describes slavery as 'necessary evil' bbc.com



A senator for the state of Arkansas has described slavery as a "necessary evil" on which the American nation was built.

In a local newspaper interview, Republican Tom Cotton said he rejected the idea that the US was a systemically racist country to its core.

He is introducing legislation to ban federal funds for a project by the New York Times newspaper, aimed at revising the historical view of slavery.

The project's founder expressed outrage at the remarks.

This comes amid the rise of the Black Lives Matter movement. The death of George Floyd, an unarmed black man, in Minnesota in May sparked huge protests across the US against police brutality and racism.

Protesters and police in the city of Portland, Oregon, have clashed repeatedly in recent days. The confrontations have escalated since a deeply controversial decision by President Donald Trump to send federal law enforcement to the city. Under the US constitution, policing is a matter for individual states, not for the federal government.

Senator Cotton has been a strong critic of the nationwide protests, describing them in an opinion piece for the New York Times as an "orgy of violence" and backing Donald Trump's

threat to use troops to quell unrest.

The article was widely criticised, and more than 800 Times employees signed a letter denouncing its publication, saying it contained misinformation.

The newspaper later apologised, saying the piece fell below its editorial standards. Opinion editor James Bennet resigned as a result.

What did Senator Cotton say?
Senator Cotton told the
Arkansas Democrat-Gazette:
"We have to study the history of
slavery and its role and impact
on the development of our
country because otherwise we
can't understand our country.

"As the Founding Fathers said, it was the necessary evil upon which the union was built, but the union was built in a way, as [Abraham] Lincoln said, to put slavery on the course to its ultimate extinction."

On Thursday Senator Cotton introduced the Saving American History Act, aimed at stopping funding for 1619, an initiative which bases US history teaching around the first arrivals of slave ships in the US in August of that year.

The project won the Pulitzer prize for commentary for its founder, the New York Times journalist Nicole Hannah-Jones, but it has been criticised by many US conservatives, with Senator Cotton describing it as "left-wing propaganda".

"The entire premise of the New York Times' factually, historically flawed 1619 Project... is that America is at root, a systemically racist country to the core and irredeemable," Senator Cotton said.

"I reject that root and branch.

America is a great and noble country founded on the proposition that all mankind is created equal. We have always struggled to live up to that

promise, but no country has ever done more to achieve it."

Responding to Senator Cotton's legislation, Hannah-Jones tweeted that if slavery was justified as a means to an end, anything else could be too.

Senator Cotton responded, denying that he was justifying slavery and describing



If chattel slavery — heritable, generational, permanent, race-based slavery where it was legal to rape, torture, and sell human beings for profit — were a "necessary evil" as @TomCottonAR says, it's hard to imagine what cannot be justified if it is a means to an end.



Hannah-Jones' comments as "lies".

Vietnam reports 11 new locally transmitted COVID-19 cases linked to a hospital

yahoo.com
HANOI (Reuters) - Vietnam on
Monday reported 11 new locally
transmitted cases of the novel
coronavirus, all linked to a
hospital in the central province
of Danang and including four
healthcare workers, the
country's health ministry said.

Vietnam has registered a total of 431 cases, with no deaths, the health ministry said in a statement. The country has carried out more than 430,000 tests and nearly 12,000 people are under quarantine.

Vegan Baked Beans

allrecipes.com
There is no meat in this hearty
side dish, just the great sweet
and tangy flavors of delicious
baked beans.

Ingredients Original recipe yields 10 servings **Ingredient Checklist** 1 (16 ounce) package dry navy beans 6 cups water 2 tablespoons olive oil 2 cups chopped sweet onions 1 clove garlic, minced 4 (8 ounce) cans tomato sauce 1/4 cup firmly packed brown sugar 1/4 cup molasses 2 tablespoons cider vinegar 3 eaches bay leaves 1 teaspoon dry mustard 1/4 teaspoon ground black pepper 1/4 teaspoon ground nutmeg

1/4 teaspoon ground cinnamon

VEGAN CHOCOLATE CHERRY SMOOTHIE

side angle view of a glass full of healthy chocolate cherry smoothie.

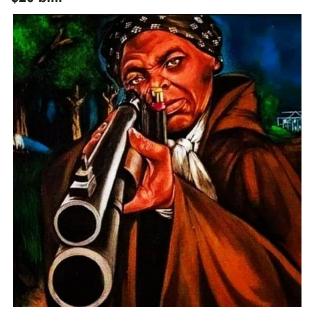
A little something to sweeten your day and boost your mood! Sweet cherries and cacao blended with almond milk come together creating this healthy, rich and flavorful vegan Chocolate Cherry Smoothie. Prep Time: 5 min Total Time: 5 min

INGREDIENTS

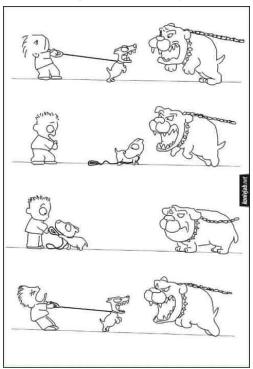
2 cups frozen cherries
1 cup unsweetened almond milk
2 tablespoons raw cacao
powder (cocoa powder is ok
too)

1 small medjool date (pitted and chopped) or 1 teaspoon pure maple syrup, optional 1 scoop protein powder (plain or vanilla) or 2 tablespoons almond butter, optional

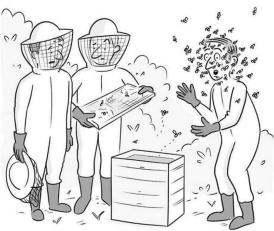
Here is the portrait, we should have on the \$20 bill.



Voters against the system.







"I told him as an expert in the field I strongly recommend wearing it, but he just kept bringing up his 'rights."

"What is Progressive?"
According to David Sirota,
author and political strategist,
"liberals" in our current
parlance are those who focus
on using taxpayer money to
help better society.

"Progressives are those who focus on using government power to make large institutions play by a set of rules."

CCP Mission Statement:

The purpose of the Cumberland County Progressives is to promote economic, social, and environmental justice, peace and sustainability in North Carolina to maximize the democratic process, to advocate for today's most pressing issues, and to serve as a voice of conscience.

Our ultimate goal is to educate, bring unbiased and informative political information for the citizens of Cumberland County and how citizens can effect change.

Founded on June 5, 2004, in Greensboro, the Cumberland County Progressives is composed of a broad array of grassroots activists from progressive civil rights and issue movements, as well as many who were mobilized by the 2004 campaigns of Dennis Kucinich & Howard Dean.

CCP Founding Members
Jacquelyn Cephas Abram
Andrew Bryant Jr.

Delilah Lewis
Roderick Lewis
Richard Chip Smith
Roberta Waddle

In Memoriam

John Ashford Brandy Blue Stacey Milbern Jerry N. Woods, PHD San Isidro Bajo Primary School
School Repair Fundraiser Project
Conclude in July and money transferred on
San Isidro Bajo Primary School
School Repair Fundraiser Project
concluded on 07/11/2020
\$237.31 USD or 11,508.18 PHP
The 10 marine and 15 ordinary plywoods.

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San Isidro Bajo Primary School CCP Root Removal Project We will have an estimate soon.







San Isidro Bajo Primary School CCP School Replacement Project

Grades 1 and 2 in one classroom Grades 3 and 4 in one classroom and Grades 5 and 6 in one classroom

Cost estimate to be announced



Site of the new school

CCP Merchandise https://teamlocker.squadlocker.com/#/lockers/cumberl and-county-progressives?_k=w6wmq2

