



CHAKRA THERAPY PRACTITIONER

THE TRAINING CENTRE OF WELLBEING LTD

Chakras have an influence on us, but how do we access all this wonderful life supporting energy we have? This course delivers all the answers and will have you balancing and experiencing this new found energy and happiness in no time. On successful completion, you are able to obtain insurance and practice as a professional chakra therapist. Every area of your life is influenced by the 7 main energy Chakras in your body. This course gives you the knowledge to balance and heal chakras in a variety of ways to treat you and your clients. You will balance and restore good health to the body, relieve stress and anxiety, empower yourself and others, vitalise the physical body and bring about the development and awareness of the self consciousness, bringing mental, emotional and spiritual balance. In order to manage your energy effectively, it's important that you understand how it works before you can transform it. One of the best ways to access this knowledge is by understanding your energy centres or your chakras. Chakra Balancing is a form of energy healing that focuses on channeling energy into the seven chakras. Each chakra is associated with aspects of our physical, mental and emotional wellbeing. This course is designed for the student who is new to chakra healing as well as the practiced student who wishes to learn more. These Modules in Chakra Healing have been written with the aim of allowing you to develop your own healing potential through an understanding of the energies of Chakra's and their physical and metaphysical properties and their application in healing as well as treating those of clients.



A fully accredited and certificated practitioners course in Chakra Therapy, which is available as an intense study weekend or over 12 monthly daytime or evening classes.

This course is accredited by the Complimentary Medical Association and approved by Balens holistic insurance.

Total cost of training is £450. Guided learning hours are 16-24 classroom based and 120 hours home study.

A full printed manual is supplied along with a student kit for chakra therapy to help you begin your practice.

You are required to carry out 3 case studies on completion of your training, including a minimum of 2 follow up appointments. There is also a final exam which can be done in class or taken home for completion. You are required to study basic body systems and an e-booklet is supplied for you to study at home along with reading and agreeing to our codes of conduct.

THE TRAINING CENTRE OF WELLBEING LTD – CHAKRA THERAPY PRACTITIONER

SYLLABUS INFORMATION

Codes of Conduct,
The Law and Ethics,
Holistic Therapy,
Research,
Anatomy and Physiology,
Energy Anatomy and the symbols,
History and Methods and Practice of Chakra Healing,
Attunement
Cleansing, unblocking, balancing and healing the energy system:
 Aromatherapy
 Crystal
 Colour
 Sound
Therapy Sessions
Listening Skills
First Aid
Business Management

No matter where you are at with your development, studying this course will help you to:

- discover your path of healing and spiritual growth
- learn more about who you are
- unleash the power to direct your own life
- awaken your intuition
- empower yourself in all aspects of life
- find your inner balance
- explore the seven energy centres and your energetic anatomy in depth
- learn powerful techniques to feel better emotionally, spiritually, and physically
- master principles of energy transformation and healing
- harness the power of your subtle body for self-healing and transformation

