WELCOME TO HENRY CHIROPRACTIC

Grimsley, Chiropractic Services, P.C 22780 Three Notch Road, Lexington Park, MD 20653

Phone: 301-737-0662

Fax: 301-737-0675

| Full Name: | | Date: | Circle: M or F | |
|--|--|--|--|--|
| How did you hear about us? | | Date of Birth: | Age: | |
| Address: | | | | |
| City, State, Zip code: | | A | The state of the s | |
| Home phone: | | Cell: | Work: | |
| Employer: | | Occupation: | | |
| Name of Spouse: | | Email: | | |
| Emergency Contact: | | Relationship: | Phone: | |
| Hea | lth Insuran | ce Information | | |
| Primary Insurance | | Secondary Insurance | e . | |
| Insurance Carrier: | | Insurance Carrier: | | |
| ID#: | | ID#: | | |
| Group#: | | Group#: | | |
| Name of Insured: | | Name of Insured: | | |
| Relationship: □Self □Spouse □Cl | nild Other | Control of the contro | Spouse □Child □Other | |
| Insured's DOB: Insured Employer: | | Insured's DOB: Insured Employer: | | |
| I certify that I, and/or my dependent(s) have insurance payable to me for services rendered. I understand that authorize the use of my signature on all insurance subinformation to the above named insurance companies or the benefits payable for related services. A photocompanies | t I am financially re omissions, GCS, P.C & their agents for | sponsible for all changes wheth C. may use my health care infor- the purpose of obtaining payme, ent shall be considered as effect | er or not paid by insurance. I mation & may disclose such not for services & insurance benefits | |
| | OUR CON | | | |
| MARK PROBLEM AREAS WITH AN "X" | Reas | on for visit: | 18. | |
| 為月美人美 一月至人 | 1 4137 | lition is getting: DWG | rea Better Como | |
| EX VI AV JUNE WAY | 4 1 11 | your pain (1=least, 10 | | |
| 1/1=1/1 1/1=1/1 | | | J-Severe). | |
| | 1 3 | uency of the pain: | | |
| The state of the s | NN Pain | interferes with: □Work □Daily Ro | uting Degraption | |
| | Thuy, Dain | to perform: | dune divecteation | |
| | I + | | king □Bending □Lying | |
| HI M M LILLAM | 2.4 W | | urning Cramps Dull | |
| | 35711135 | | nooting Stabbing Stiff | |
| 00 | 1 | elling Throbbing | | |

Health History

| | | | ived for your condition? urgery □ Chiropractic □No | ne Other |
|---------------------------|-----------------|----------------------|---|-------------------------------|
| | | | ted you for this condition: | ri |
| Please fill in | the dates of yo | ur last: | | |
| | m | | List Location of Lab | Work or Radiology |
| Spinal X-ray | - | | | |
| Blood Test | | | *************************************** | |
| Chest X-ray | | | | |
| Spinal Exam | | | | |
| CT Scan | | | • | |
| MRI | - | ==== | 3 | |
| Bone Scan | | | | |
| Exercise | Work Activity | Habits | PLEASE LIS | ST ALL: |
| □None | □Sitting | □Smoking | Medications: | |
| | | | Tractications. | y |
| □Moderate | □Standing | □Alcohol | | |
| | | | Allergies: | |
| □Daily | □Light | □Caffeine | | |
| | H=0.11 | | Surgeries, Falls, Broken Boi | nes: |
| □Heavy | □Heavy | □Stress | N | |
| | | | | |
| - | nave had any o | | _ | |
| □AIDS/HIV | | nicken Pox | □Low Back Pain | ☐Spinal Disorders |
| Alcoholism | | iabetes | □Lung Disease | □Stomach |
| ☐ Allergy Shots | | nphysema | □Measles | Disorders |
| Anemia | _ | pilepsy | ☐ Migraines | □Stroke |
| Anorexia | - | e Disorder | ☐ Mononucleosis | □Thýroid |
| Appendicitis | * | actures | ☐ Multiple | Problems |
| Arthritis Asthma | | ill Bladder sease | Sclerosis | □Tonsillitis □Tuberculosis |
|]Asthma]Bleeding diso | | aucoma | □Mumps □Nerve Disorder | ☐ Tumors/Growths |
| Bladder Disea | | | □ Osteoporosis | ☐ Typhoid Fever |
| Bone Disease | | adaches | □ Pacemaker | □Ulcers |
| Bowel Disorder | | □Parkińson's | | |
| Bronchitis | | rniated Disc | Disease | □Other |
| Bulimia | □He | | □Pneumonia | |
| Cancer | | gh Cholestero | | |
| Cataracts | _ | pertension | □ Rheumatoid | |
| Chemical | • • | lney Disease | Arthritis | |
| Dependencies | | er Disease | □Scarlet Fever | |

Date:_

Patient Name:__

| 9. | | | | | Ple | ase re | ad inst | nıci | ons: | | |
|--------------------------|-------------------|----------|-----------|------------|----------|----------|----------|-------|-----------|----------------|---|
| This questionnaire la | is been designe | d to gi | ve the c | doctor | infoin | nation a | s to bo | w vou | it neek i | nain kas affe | cted your ability to manage in everyday life |
| Please answer eve | ry section and i | mark ir | each s | section | ouly t | he ON | E box v | vhích | applies | to vou We | e realize you may consider that two of the |
| stat | tements in any | one sec | tion re | late to | you, I | but just | mark t | be bo | x which | most close | ly describes your problem. |
| | | | | | | • | | | | | 7 7 7 |
| SECTION 1- PAIN | | | | | | | | SE | СПО | N 6- CON | CENTRATION |
| [] I have no pain at t | be moment. | | | | | | | - [] | I can o | oncentrate f | fully when I want to with no difficulty: |
| [] The pain is very m | ild at the morn | ent. | | | | | | | | | fully when I want to with slight difficulty. |
| [] The pain is moder | ate: | | | | | | | - (1 | I have | a fair deore | e of difficulty concentrating when I want to |
| [] The pain is fairly s | evere at the me | oment. | | | | | | (1 | I have | a lot of diffi | culty concentrating when I want to. |
| [] The pain is very so | evere at the mo | ment | | | | | | [] | I have | a most deel | of 2:00 miles are southern want to |
| [] The pain is the wo | erst imaginable | at the r | momen | nt. | | | | | | | of difficulty concentrating when I want to. |
| | | u un i | inome: | 1,11 | | | | 11 | 1 Canno | ot concentra | ite at all: |
| SECTION 2 - PER | | E | 25 | | | | | SE | cmoi | N 7- WOR | 2K |
| (washing, dressing, en | tc) | | | | | | | | | | vork as I want to. |
| [] I can look after my | self normally | with ou | t causi | na aut | m mir | | | | | | |
| [] I can look after my | eself normally l | unt it a | at Causa | ng ext | i a paui | .4 | | | | | usual work; but no more: |
| [] It is painful to look | ofter myself 8 | T | .1 e | xua pa | un. | | | | | | ny usual work, but no more. |
| [] It is painful to look | atter mysen o | ci am s | STOM & | carefu | I. | | | | | ot do my usi | |
| [] I need some help b | out manage mo | st of m | y perso | onal ca | re. | | | [] | I can h | ardly do any | y work at all. |
| [] I need help every | day in most asp | ects of | self car | re: | | | | [] | I can't | do any wor | k at all. |
| [] I do not get dresse | d. I wash with | difficul | lty & s | tay in | bed. | | | | | • | · · |
| 000000000 | | | | | | | | SE | CTIO | N 8- DRIV | ING |
| SECTION 3-LIFTI | | | | | | | | Π | I can d | rive my car | without any neck pain. |
| [] I can lift heavy wei | ights without e | xtra pa | in. | | | | | | | | as long as I want with slight pain in neck. |
| [] I can lift heavy wei | ghts but it give | s extra | pain. | | | | | [] | Icand | rive my car | as long as I want with moderate |
| [] Pain prevents me f | rom lifting hea | vv wei | inhte of | Tthe fl | oor h | | | 13 | | | as long as I want with moderate pain |
| I can manage if the | v are convenie | mtlu me | girls Or | d E | 0. | 1.1 | | | in my | | |
| [] Pain prevents me f | rom lifting has | nuy po | January 1 | u. Lx. | Onta | DIC. | | | | | ur as long as I want because of |
| [] Pain prevents me f | Con mung nea | vy wei | gnts, bt | it I can | mana | ge light | ĺ. | | | ate pain in n | |
| to medium weight | s it they are con | ivenier | itly pos | sitione | d: | | | [] | I can h | ardly drive a | at all because of severe pain in my neck. |
| [] I can lift very light | weights. | | | | | | | | | | • |
| [] I cannot lift or carr | y anything at a | li. | | | | | | [] | I can't | drive my ca | ar at all. |
| | | | | | | | | | | | |
| SECTION 4- READ | INIC | | | | | | | | | | |
| | | | | | | | | | | | |
| [] I can read as much | as I want with | no pair | in my | neck. | | | | | | | 9 |
| [] I can read as much: | as I want to wi | th sligh | nt pain | in my | neck | | | SE | CHO | N 9- SLEEI | PING |
| [] I can read as much | as I want with | moder | ate pair | n in m | y neck | | | [] | I have i | no trouble s | deeping. |
| [] I can't read as mud | h as I want bec | ause of | moder | rate pa | in in n | iy neck | <u> </u> | | | | y disturbed (less than 1hr. sleepless) |
| [] I can hardly read at | all because of | severe | pain in | myne | eck. | • | | | | | disturbed (1-2 hrs. sleepless) |
| [] I cannot read at all. | | | | • | | | | | | | ately disturbed (2-3 hrs. sleepless) |
| | | | | | | | | | | | disturbed (3-5 hrs. sleepless) |
| SECTION 5-HEAD | ACHES | | | | | | | | | | |
| [] I have no headaches | | | 5 | | | | | IJ | my stee | ep 18 comple | etely disturbed (5-7 hrs. sleepless) |
| | | | ā | | | | | 022 | ~~~ ^ . | | |
| [] I have slight headac | nes which com | e mire | quently | y - | | | | SE | CTIO | N 10- REC | REATION |
| [] I have moderate her | idaches which | come i | nfreque | ently. | | | | [] | I am ab | ole to engage | e in all my recreation activities with no nec |
| [] I have moderate hea | daches which | come f | requen | tly: | | | | | Pain at | | • |
| [] I have severe headar | thes which con | ne freq | uently. | | | | | f1 | I am ab | de to engage | e in all my recreation activities, with some |
| [] I have headaches alm | nost all the tim | ie. | | | | 15 | | | | my neck. | o Tree care and reading, with some |
| | | | | | | | | | | - | o in most but not all aCommunity |
| | | | | | | | | | | | e in most, but not all of my usual recreation |
| | | | | | | | | | | | of pain in my neck: |
| | | | | | | | | | | | e in a few of my usual recreation activities |
| | | | | | | | | | | e of pain in 1 | |
| | | | | | | | | [] | I can ha | ardly do any | y recreation activities because of pain in my |
| | | | | | | | | | neck: | , | • , |
| D | | | | | | | | [] | I can't | do any recr | reation activities at all. |
| Pain Scale: | | | | | | | | | | | |
| Rate the severity of | your pain b | y circ | ling o | ne nu | mbei | on th | e follo | win | g scale | e | |
| | | | | | | | | | J | | - |
| No Pain | 0 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | _ |
| | | | | | | | | ~ | | ~ ~ | Excruciating Pain |

| AUTHORIZAT | ION FOR RELEASE OF | MEDICAL RECOR | DINFORMATION |
|---|--|---|--|
| Patient Name: | | Date of Birth: | |
| Phone: H) | | Phone: W) | 4 |
| | | | |
| | Please Note: Copy Fee May | | |
| Above listed patient authoriz | es the following healthcare facility | to make record disclosure: | |
| Facility Name: | | Facility Phone | e: |
| Facility Address: | | Facility Fax:_ | allies of the second of the se |
| City, ST, Zip: | | | |
| Dates and Type of inform | nation to disclose: | 21 | of disclosure is: |
| ☐ 2 years prior from last da | | | Insurance or Physician |
| ☐ Dates Other: | 4 | and - | on of Care (e.g., VA Med Ctr) |
| ☐ Specific Information Req | uested: | ☐ Referral☐ Other | |
| Information about behaviora This information may be di Release To: | syndrome (AIDS), or human is for mental health services, and trossclosed and used by the following the CHIROPRACTIC & WE 2780 THREE NOTCH ROAD | eatment for alcohol and drug individual or organizat | ug abuse. tion: |
| City, State, Zip: | XINGTON PARK, MD 20650 |) | □ Please mail records. |
| Fax: 301-737-06 | 75 Phone:_ | 301-737-0662 | ☐ Please fax records. |
| I understand I may revoke this a and present my written revocation apply to information that has also apply to my insurance company otherwise revoked, this author If I fail to specify an expiration | authorization at any time. I understa on to the health information manage ready been released in response to t when the law provides my insurer or orization will expire on the follow on date, event, or condition, this a | ment department. I underst his authorization. I underst with the right to contest a c wing date, event; or cond outhorization will expire 1 | and that the revocation will not claim under my policy Unless lition: year from the date signed. |
| not sign this form in order to assudisclosed, as provided in CFR 1 unauthorized redisclosure and the disclosure of my health information | disclosure of this health information ure treatment. I understand that I m 64.524. I understand that any disc information may not be protected n, I can contact the authorized individuals. | ay inspect or obtain a copy of closure of information carrie by federal confidentiality rulual or organization making d | es with it the potential for an les. If I have questions about isclosure. |
| I have read the above foregoir familiar with and fully underst | ng Authorization for Release of In and the terms and conditions of t | formation and do hereby his authorization. | acknowledge that I am |
| X | Market Company | | |
| Signature of Patient / Parent / Guardian (Guardian or Authorized Representative | or Authorized Representative must attach documentation of such statu: | Date 5.) | |
| Printed name of Authorized Representat | | Relationship | / Capacity to patient |

Low Back Pain & Disability Questionnaire (Revised Oswestry)

| Patient Name: | Date: |
|---------------|-------|
|---------------|-------|

This questionnaire has been designed to give the doctor information as to how your back pain has affected your ability to manage everyday life. Please answer every section and mark in each section only the ONE box which applies to you. We realize you may consider that two of the statements in any one section relate to you, but just mark the box which most closely describes your problem.

SECTION 1: PAIN INTENSITY

| The pain comes & goes & is mild | |
|---|--|
| The pain is mild & does not vary much | |
| The pain comes & goes & is moderate | |
| The pain comes & goes & is very severe | |
| The pain is severe & does not vary much | |

SECTION 2: PERSONAL CARE

| I would not have to change any way of washing & dressing to avoid pain |
|--|
| I do not normally change my way of washing or dressing even though it causes some pain |
| Washing & dressing increases the pain but I manage not to change my way of doing it |
| Washing & dressing increases the pain & I find it necessary to change my way of doing it |
| Because of the pain I am able to do some washing & dressing without help |
| Because of the pain I am unable to do any washing and dressing without help |

SECTION 3: LIFTING

| I can lift heavy weights without extra pain |
|--|
| I can lift heavy weights but it causes extra pain |
| Pain prevents me from lifting heavy weights off the floor |
| Pain prevents me from lifting heavy weights off the floor but I can manage if they are conveniently positioned |
| Pain prevents me from lifting heavy weights but I can manage light to medium weights if they are conveniently positioned |
| I can only lift very light weights at the most |

SECTION 4: WALKING

| 1 | I have no pain on walking |
|---|--|
| | I have some pain on walking but it does not increase with distance |
| | I cannot walk more than 1 mile without increasing pain |
| | I cannot walk more than ½ mile without increasing pain |
| | I cannot walk more than 1/4 mile without increasing pain |
| | I cannot walk at all without increasing pain |

SECTION 5: SITTING

| I can sit in any chair as long as I like |
|---|
| I can only sit in my favorite chair as long as I like |
| Pain prevents me from sitting more than 1 hour |
| Pain prevents me from sitting more than ½ hour |
| Pain prevents me from sitting more than 10 minutes |
| I avoid sitting because it increases pain right away |

SECTION 6: STANDING

| I can stand as long as I want without pain |
|--|
| I have some pain with standing but it doesn't increase with |
| time |
| I can't stand for longer than 1 hour without increasing pain |
| I can't stand for longer than ½ hour without increasing pain |
| I can't stand for longer than 10 minutes without increasing pain |
| I avoid standing because it increases the pain right away |

SECTION 7: SLEEPING

| I have no pain in bed |
|---|
| I have pain in bed but it doesn't prevent me from sleeping well |
| Because of pain my normal night's sleep is reduced by less than 1/4 |
| Because of pain my normal night's sleep is reduced by less than ½ |
| Because of pain my normal night's sleep is reduced by less than 3/4 |

SECTION 8: SOCIAL LIFE

| My social life is normal & give me no pain |
|---|
| My social life is normal but increases the degree of pain |
| Pain has no significant effect on my social life apart from limiting my more energetic interests (i.e. dancing, etc.) |
| Pain has restricted my social life and I do not go out very much |
| Pain has restricted my social life to my home |
| I have hardly any social life because of the pain |

SECTION 9: TRAVELING

| |
|---|
| I have no pain when traveling |
| I get some pain when traveling but none of my normal forms of traveling |
| I get extra pain when traveling but it does not compel me to seek alternative forms of travel |
| I get extra pain when traveling which compels me to seek alternative forms of travel |
| Pain restricts all forms of travel |
| Pain prevents all forms of travel except that done lying down |

SECTION 10: CHANGING DEGREE OF PAIN

| \sim 1 | OTION TO: OTHER DESIGNATION |
|----------|---|
| | My pain is rapidly getting better |
| | My pain fluctuates but overall is definitely getting better |
| | My pain seems to be getting better but improvement is slow |
| | My pain is neither getting better nor worse |
| | My pain is gradually worsening |
| | My pain is rapidly worsening |

PAIN SCALE: Rate the severity of your pain by circling a number on the scale below: 1 No Pain 5 Moderate Pain 10 Excruciating Pain

| At Worst | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|------------|---|---|---|---|---|---|---|---|---|----|
| At Average | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| At Best | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

Notice of Privacy Practices Effective Date: April 14, 2003

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Understanding Your Health Record:

A record is made each time you visit a hospital, physician, or other health care provider. Your symptoms, examination and test results, diagnosis, treatment, and a plan for future care are recorded. This information is most often referred to as your "health or medical record", and serves as a basis for planning our care and treatment. It also serves as a means of communication among any and all other health professionals who may contribute to your care. Understanding what information is retained in your record and how that information may be used will help you to ensure accuracy and enable you to relate to who, what, when, where, and why others may be allowed to access your health information. This effort is being made to assist you in making informed decisions before authorizing the disclosure of your medical information to others. Use or disclosure of your health information will follow the more stringent of State or Federal laws.

Understanding Your Health Information Rights:

Your health record is the physical property of the health care practitioner or facility that compiled it but the content is about you, and therefore belongs to you. You have the right to request restrictions on certain uses and disclosures of your information, and to request amendments be made to your health record. Your rights include being able to review or obtain a paper copy of your health information, and to be given an account of all disclosures. You may also request communications of your health record be made by alternative means or to alternative locations. Other than activity that has already occurred, you may revoke any further authorizations to use or disclose your health information.

Our Responsibilities:

This office is required to maintain the privacy of your health information and to provide you with notice of our legal commitment and privacy practices with respect to the information we collect and maintain about you. This office is required to abide by the terms of this notice and to notify you if we are unable to grant your requested restrictions or reasonable desires to communicate your health information by alternative means or to alternative locations.

This office reserves the right to changes it practices and effect new provisions that enhance the privacy standards of all patient medical information. In the event that changes are made, this office will notify you at the current address provided on your medical file. If applicable, this office will post changes on our website that provides information about our customer service and/or benefits. Other than the reason described in this notice, this office agrees not to use or disclose your health information without your authorization.

To receive additional information or to report a problem:

For further explanation of this notice you may contact our Privacy Officer at (301) 737-0662. If you believe your privacy rights have been violated, you have the right to file a complaint with this office by contacting the individual above, or by contacting the Secretary of Health and Human Services, with no fear of retaliation by this office.

Your Health Information Will Be Used For Treatment, Payment, and Health Care Operations:

Treatment—Information obtained by your health practitioner in this office will be recorded in your medical record and used to determine the course of treatment that should work best for you. This consists of your physician recording his/her own expectations and those others involved in providing your care such as his/her physician assistant, nurse, or medical assistant. The sharing of your health information may progress to others involved in your care, such as specialty physicians or lab technicians.

Payment---Your health care information will be used in order to receive payment for services rendered by this office. A bill may be sent to you or a third-party payer with accompanying documentation that identifies you, your diagnosis,

procedures performed, and supplies used.

Health Care Operations---The medical staff in this office will use your health information to assess the care provided and the outcome of your care compare to others like it. Your information may be reviewed for risk management or quality improvement purposes in our efforts to continually improve the quality and effectiveness of the care and services we provide.

(continued over)

Business Associates---Some or all of your health information may be subject to disclosure through contracts for services to assist this office in providing health care. For example, it may be necessary to obtain specialized assistance to process certain laboratory tests or radiology images. To protect our health information, we require these Business Associates to follow the same standards held by this office through terms detailed in a written agreement.

Notification---Your health care record may be used to notify or assist family members, personal representatives, or other persons responsible for your care to enhance your well-being or whereabouts.

Communications with Family---Using best judgment, a family member, or a close personal friend, identified by you, may be given information relevant to your care and/or recovery.

Upon Your Death--- Your health information may be disclosed consistent with laws governing estate and post-mortem personal matters. Generally, your health information may be disclosed to your personal representative as designated by you and certified by the State and to Funeral Directors with laws governing mortician services.

Organ Procurement Organization—Your health information may be disclosed consistent governing entities engaged in the procurement, banking, or transplantation of organs for the purpose of tissue donation or transplant. Marketing—This office reserves the right to contact you with information about treatment alternatives and other health related benefits that may be appropriate to you.

Appointment Reminders---This office reserves the right to contact you with appointment reminders through an automated system, by our staff, or via U.S. Postal Service.

Phone Contact---This office reserves the right to contact you via the telephone for such things as test result notification. We may leave a generic message on your answering machine, or with the person answering the phone concerning the nature of the call along with a request that you call us for more specific details.

Research---Your information will be disclosed to researchers upon institutional Review Board approval and upon the assurance that established protocol to ensure the privacy of your health information has been obtained.

Food and Drug Administration (FDA)— This office is required by law to disclose health information to the FDA related to any adverse effects of food, supplements, products, and product defects for surveillance to enable products recalls, repairs, or replacements.

Workers Compensation---This office will release information to the extent authorized by law in matters of Workers' Compensation.

Public Health---This office is required by law to disclose health information to public health and/or legal authorities charged with tracking reports or birth and morbidity. This office is further required by law to report communicable disease, injury, or disability.

Correction Facilities---This office will release medical information on incarcerated individuals to Correctional Agents or Institutions for the necessary welfare of the individual or for the health and safety of other individuals. The rights outlined in this Notice of Privacy Practices will not be extended to incarcerated individuals.

Law Enforcement— (1) Your health information will be disclosed for law enforcement purposes as required under State Law or in response to a valid subpoena. (2) Provisions of Federal Law permit the disclosure of your health information to appropriate health oversight agencies, public health authorities, or attorneys in the event that a staff member or business associate of this office believes in good faith that there has been unlawful conduct or violations of professional or clinical standards that may endanger one or more parties, workers, or the general public.

NOTICE OF PRIVACY PRACTICES AVAILABILITY: The terms described in this notice will be posed where registration occurs. All individuals receiving care will be given a hard copy

| | 40050 - 110 - 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | |
|--|---|--|
| | | |
| | | |
| | Data | |
| Signature of Patient or Legal Representative | Date | |

CONSENT TO CHIROPRACTIC EXAMINATION AND CARE

I hereby authorize Grimsley Chiropractic Services and its licensed doctors and assistants, based on my complaints and the history I have provided, to undertake an examination and provide an evaluation and treatment plan which may include chiropractic adjustments and other tests and procedures considered therapeutically appropriate. I also wish to rely on Grimsley Chiropractic doctors to make those decisions about my care, based on the facts then known that they believe are in my best interest.

The nature and purpose of the chiropractic examination and evaluation, the chiropractic adjustments and the other procedures that may be recommended during the course of my care have been explained and described to my satisfaction.

By signing below I acknowledge my consent to be examined:

| Patient's Printed Name | |
|------------------------|------|
| | |
| | 5 |
| Patient's Signature | Date |
| | |

The specifics of the doctor's recommendation will be further explained during a Report of Findings following your examination and any subsequent examinations and significant changes in your diagnosis or treatment plan.

Based on current findings, Grimsley Chiropractic doctors have discussed my diagnosis and treatment plan, the benefits and expected improvement with the proposed treatment and the reasonable alternatives to the proposed treatment. They have also explained the cost of my proposed care (or provided me with a current fee schedule) and to the extent practicable the costs of reasonable alternatives to the proposed treatment.

To aid the understanding of my condition and the reasons for the proposed course of care, Grimsley Chiropractic Services has provided me with the information and Grimsley Chiropractic doctors have answered my questions regarding the planned treatments and course of care that I will receive. The doctors of Grimsley Chiropractic Services have also explained that my diagnosis and treatments may change during the course of care and that they will advise me of material changes in my diagnosis and treatment options and answer any additional questions that I may have at any time.

I have been advised that although the incidence of complications associated with chiropractic services is very low, anyone undergoing adjusting or manipulative procedures should know of rare possible hazards and complications which may be encountered or result during the course of care. These include, but are not limited to, fractures, disk injuries, dislocations, sprains, and those which relate to physical aberrations unknown or reasonably undetectable by the doctor.

I understand and accept that:

- 1. I have the right to withdraw from or discontinue treatment at any time and that the Practice doctors will advise me of any material risks in this regard.
- 2. That neither the practice of chiropractic nor the medicine is an exact science and that my care may involve the making of judgments based upon the facts known to the doctor during the course of my care.
- 3. That it is not reasonable to expect the doctor to be able to anticipate or explain all risks and complications or an undesirable result does not necessarily indicate an error in judgment or treatment.
- 4. The Practice does not guarantee as to results with respect any course of care or treatment.
- 5. My care and treatment will not be observed or recorded for any non-therapeutic purpose without my consent.

I have read this Consent (or have had it read to me) and have also had an opportunity to ask questions about the Consent and understand to my satisfaction the care and treatment I may receive. My signature below acknowledges my consent to the examination, evaluation and proposed course of care and treatments by the Practice.

| | Patient's Printed Na | ame | ,: | | |
|---------------------|----------------------|------|-------------|------|---|
| 8 | | 13 | | | |
| | | | | | |
| | | | 91 | | |
| | Patient's Signature | | | Date | |
| | | | | | |
| Doctor's Notes: | | | | | ē |
| 5 | | 2: | | | 8 |
| ¥ | | | 2 | | |
| Signature of Doctor | | Date | 2 | | |

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AUTHORIZATION TO PAY CHIROPRACTOR

| I hereby authorize theout and mailed directly to: | Insurance Company to pay by check made |
|---|--|
| 22780 | iropractic of St. Mary's Three Notch Road on Park, MD 20653 |
| current insurance policy, as payment toward This payment will not exceed my indebtedne | Illowable, and otherwise payable to me under my the total charges for Professional Services rendered. ess to the above mentioned assignee, and I agree to d Professional Service charges over and above this |
| If my current policy prohibits direct payment t check to me and mail it as follows: | o doctor, then I hereby authorize you to make the |
| 22780 TI | practic of St. Mary's hree Notch Road Park, MD 20653 |
| THIS IS A DIRECT ASSIGNMENT OF MY RIG | GHTS AND BENEFITS UNDER THIS POLICY. |
| A photocopy of this Assignment shall be consid | dered as effective and valid as the original. |
| I also authorize the release of any information padjuster, or attorney involved in this case. | pertinent to my case to any insurance company, |
| Date | Δ. |
| (Signature of Policyholder) | (Witness) |

Missed Appointments

Effective November 1st, 2016, we will allow 2 missed appointments per year before charging \$40.00 to your account. In other words, you get 2 "free" no show appointments per calendar year. The appointment will not be charged if you call to cancel or reschedule at least 4 hours prior to the appointment time or left a message on our voicemail.

Thank you for your consideration to our other patients who can fill in during these missed slots.

| Print Name: | |
|-------------|-------|
| Signature: | Date: |