

Mental Health Emergency Contacts

Disaster Distress Helpline
(800) 985-5990

National Suicide Prevention Lifeline
(800) 273-TALK (8255)

Crisis Text Line
Text MHFA to 741741

National Domestic Violence Hotline
(800) 799-7233
TTY: (800)799-7233

National Human Trafficking Hotline
(888) 373-7888
Text "HELP" or "INFO" to 233733

Your Local 9-1-1