

## Prediction

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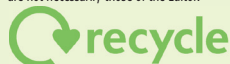
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# Life

10 Things  
has taught me



Intuitive healer and angel practitioner **Sabi Hilmi** runs regular workshops and offers individual consultations to help people connect to, and heal through, their angels

**1** Love is the most beautiful and incredible emotion that exists. Love exists within everyone, everywhere and in everything. When embraced, it is a great healer. The absence of love is fear.

**2** Angels are heavenly beings and divine messengers. They love us unconditionally, even if we don't believe in their existence. Each person is born with a guardian angel, who stays with them throughout each lifetime. The angels want to guide us to live a happy, successful life and can send healing energy to clear blocks.

**3** We have a family of spirit guides who walk with us through life. These could be relatives who have passed over to the spirit world or members of your spiritual family from past lives. Through relaxation, meditation and intention to receive you can connect with them for guidance.

**4** Healing begins when the heart and mind work together. Our natural state of being is innocent, pure and peaceful. When we come into the body we forget that we are souls. Before we entered

our physical body we didn't know about pain or suffering. Becoming soul-conscious leads to physical, emotional and spiritual healing.

**5** As we reawaken to love and peace we journey towards enlightenment. By following our inner light we start enjoying life and seeing the bigger picture. Naturally, our happiness, joy and peace ignites the light within others. This light has the power to dissolve negativity and create love and peace.

**6** Each person we meet has a gift for us. Even if the situation hurts, there is a higher purpose. Those who we have special connections with will teach us the biggest lessons. These people are called soulmates. Sometimes we can't understand why we are drawn to a person when being with them hurts.

**7** As a soul we wait in Heaven for an opportunity to come to Earth and fulfil a special mission. Unfortunately, we forget this mission and spend a lifetime searching for our purpose. Your divine purpose reveals itself when you find what you love doing most.

**8** The natural flow of abundance begins when we take the focus off needing money and start believing that we deserve to have all that we require. Everything is energy, including money. It is an exchange of energy!

**9** People who unconditionally share our happiness, joy and special moments are those we call family. Whether biologically, emotionally or spiritually connected, these special relationships support us through our challenges in life.

**10** Our outer world is a reflection of our inner world. Thoughts create emotions and action follows emotion. Positive and creative thinking is the key to health, wealth, happiness and success. The mind is like a computer, what you put in is what you get out!

*Sabi's next workshops are on 27th March and 17th April at Mysteries in London's Covent Garden. Tickets cost £50. For details, visit [purely-angels.com](http://purely-angels.com)*

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[www.predictionmagazine.com](http://www.predictionmagazine.com)

