

Laura Murphy
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Career Objectives:

My goal is to obtain a position of creative leadership where I may collaborate with change-oriented professionals and communities in a variety of creative ways. I aspire to facilitate inclusive public dialogues, serve as a mediator/educator/advocate/mental health professional, and implement restorative relational processes in grass-roots environments. As an educator, my goals are to design and teach empowerment-based programs founded on social justice, violence prevention, emotional intelligence, leadership, and positive psychology; to facilitate safe environments for learning and trauma-informed healing; and to empower and educate women, girls, youth and other marginalized populations. I also aspire to facilitate alternatives to conflict and healthy life skills through evidence-based, anti-oppression curricula, in conjunction with artistic expression, dance, yoga, mindfulness, and other empowering body-based practices. As an advocate, my goals are to work on initiatives which promote multicultural awareness and sensitivity in the forms of gender, racial and Indigenous justice, as well as initiatives which promote conflict transformation, prevention and safety planning for victims/Survivors of violence. Public policy, research, grant writing, and local and international capacity-building working with refugees and immigrants are fields I am inspired to grow professionally in. As an artist and art therapist, I seek to pursue and create new realms of thought, beauty, authentic expression and experiences with identity in my personal work and to inspire healing-change in individuals and collectives I work with. I aspire to travel, to exhibit my work internationally, to contribute the growing field of art therapy through research and practicum, and to collaborate with other artists in peacebuilding endeavors.

Education:

- **B.A.—Major: Negotiation Conflict Resolution Peacebuilding (NCRP)**
Minor: Studio Art, 2015
California State University Dominguez Hills, Los Angeles, CA

GPA: 3.8
First Place—Student Research Day
California Campus Compact Coalition: Community Engagement Student Fellowship
CSUDH Undergraduate Student Fellows Program
20-hour mediation certification
Dean’s Honor Roll each semester consecutively
- **A.A.—Liberal Arts, 2004**
Tulsa Community College, OK

- **200 Hour—Registered Yoga Teacher, 2015**
Certified through Yoga Alliance
Saint Petersburg Yoga, Saint Petersburg, FL

Professional Development and Special Training:

- **Core Competency Training: Florida Coalition Against Domestic Violence, 2015**
Intensive, on-the-job training at Community Action Stops Abuse (CASA)
Saint Petersburg, FL
- **Restorative Justice Mediation Training, 2014**
50 hour mediation training through Centinela Youth Services (CYS)
Victim Offender Restitution (VORS) and Family Able to Resolve Situations (FARS)
Los Angeles, CA
- **Community and Public Dialogue Mediation Training, 2014**
Mediators Beyond Borders and Southern California Mediation Association
Los Angeles, CA
- **Millennium Momentum Foundation 2014-2015**
6-month Leadership Development Institute
Los Angeles, CA
- **Street Yoga, 2013**
Yoga teacher-training for “at-risk” youth and marginalized populations
Los Angeles, CA
- **Beyond Duality: Yoga and Social Justice, 2014**
Yoga teacher-training for at-risk youth and marginalized populations
Los Angeles, CA
- **Council in Schools, 2014**
Training in facilitating “peacemaking circles” and The Way of Council for Educators
through the Ojai Foundation
Los Angeles, CA
- **Respectful Confrontation, 2011**
Training in effective intercultural communication
Los Angeles, CA
- **Nonviolent Communication (NVC), 2013**
Training in Marshall Rosenberg’s NVC program
Oxnard, CA

Honors:

- **CSUDH Student Research Day, 2015**
First Place in the Arts and Creativity oral presentation or original works competition
- **CSUDH America Happens Here, 2014**
Exhibit commemorating inauguration of CSUDH President Willie Hagan
- **California Campus Compact Coalition, 2013**
Community Engagement Student Fellowship
- **CSUDH Student Health Services Art Exhibit, 2013**
2nd and 3rd place winner with work on permanent display
- **Gold Award Recipient** visual arts competition, 2002
Tulsa Community College

Advocacy:

- **Girls Incorporated Santa Fe**, September 2017- to present—After School Facilitator
Girls Inc. is an empowerment-based and feminist organization with the mission to inspire girls and youth to be strong, smart, and bold, so that they may be effective leaders in their communities and in the world. As an after school program facilitator, I work with girls aged 5-11 and I conceptualize and implement activities in the arts, STEM, peacebuilding initiatives, and offer mentorship in educational and interpersonal capacities.
- **CASA—Community Action Stops Abuse**, August 2015- 2016—Youth Advocate
CASA specializes in serving survivors of domestic violence, sexual assault and human trafficking. As a Youth Advocate at the residential shelter I conceptualized and facilitated trauma-informed classes in yoga, meditation, visual art, nonviolent parenting and communication skills, and other support groups which implement CASA's empowerment model. Other than the classes I led, I provided counseling, mediation, team-building, safety-planning and case management to youth, parents and CASA staff; I cared for infants and toddlers in daycare as mothers established their employment; and mentored youth in the afterschool program located on site.

Workshop Facilitations and Partnerships:

- **Community's Child, 2015**
Facilitated art classes for children between 3-17 years old, engaged children in learning about creative media and techniques to use the media, and used the arts to teach about health and nutrition—Los Angeles, CA
- **Conflict Revolution, 2014**

Partnered with Dorit Cypis, owner of *Foreign Exchanges*, in designing and implementing multi-tiered conflict transformation project in collaboration with the North East Youth Project, Los Angeles County and Los Angeles Police Department

- **Power of Personal Practice: Being the Change We Want to See in the World, 2013**
Designed and facilitated workshop through Common Peace Center for the Advancement of Nonviolence—Los Angeles, CA
- **Watts United Youth Peacebuilding Initiative, 2013**
100-hour internship through NCRP program at CSUDH partnering with Los Angeles Housing Authority; designed and facilitated yoga, meditation, and conflict resolution education to youth in pilot program
Watts, CA
- **Raw Cane Super Juice, 2015**
Consulted, designed, and facilitated teambuilding strategies and “peacemaking circle” during annual company meeting
Los Angeles, CA
- **Conscious Creativity, 2011**
Commissioned to design and facilitate mural and watercolor painting workshops focused on dreams, symbols, and archetypes
Los Angeles, CA

Internships and Volunteer Work:

- **New Mexico Center for Therapeutic Riding, 2016 to present**
Weekly volunteer work supporting clients with special needs, victims of human trafficking, and vulnerable youth from local shelters, as they engage and heal with therapy horses. I also work with the horses directly to help maintain their mental and physical health, as they give so much to the clients and need lots of love.
- **Bay Area Activist Coalition, 2015**
Organized strategic conceptual design to implement anti-racist public policy and change as well as criminal justice system reform; worked with team on dismantling school-to-prison-pipeline
Saint Petersburg, FL
- **Florida Consumer Action Network, 2015**
Organized and implemented strategic campaigns advocating policy change in solar energy, child hunger and increasing minimum wage campaigns; recruited volunteers;

gathered petitions and canvassed; raised awareness on issues in the community; wrote letters to the editor; managed social media
Saint Petersburg, FL

- **A Window Between Worlds, 2015**
Volunteered at trauma-informed art therapy events
Los Angeles, CA
- **Centinela Youth Services (CYS), 2014-2015**
Facilitated peer mediation classes through Students Able to Resolve Situations (STARS) at Lawn Dale High School and volunteer mediated through CYS' Victim Offender Restitution Services (VORS) and Families Able to Resolve Situations (FARS) programs
Los Angeles, CA
- **Inner City Arts, 2014**
Art modeled for Life Drawing summer institutes, held various administrative positions, and engaged with youth registered in summer institutes
Los Angeles, CA
- **Peace Alliance/Student PA NCRP Action Team, 2014**
Coordinated NCRP Student Action Team and served as a community team member of Peace Alliance which advocates the Youth PROMISE (Prison Reduction through Opportunities Mentorship Support and Education) Act the establishment of a U.S. Department of Peace
Los Angeles, CA
- **Student Peace Alliance Action Team, 2014**
Co-organized United Nations International Day of Peace 2013 and 2014, NCRP Action Team group volunteer work in solidarity with community, Watts United student internship platform to teach conflict resolution education, Peace Alliance actions and strategic planning with NCRP faculty for CSUDH Urban Peace Center
Los Angeles, CA
- **Turning the Wheel Productions, 2014**
Participated in community restorative dance, theatre and improve performance
Los Angeles, CA
- **Common Peace Center for the Advancement of Nonviolence, 2012 and 2013**
Interned at nonprofit organization and fulfilled duties such as office maintenance, social media management, *64 Ways to Practice Nonviolence* art-card painter; implemented community outreach and advertised summer peace-camps for children and adolescents
Los Angeles, CA
- **Arroyo S.E.C.O. Time Bank, 2013 to present**
Participated in local alternative currency and community-building program
Los Angeles, CA

- **Paseo De Los Feliz/Green Space Los Feliz, 2013**
Participated in community gardening and neighborhood beautification team
Los Angeles, CA
- **Sunny Hobart Community Gardens, 2013**
Organized and built community garden in East Hollywood; raised food and awareness to unify and nourish the neighborhood
Los Angeles, CA
- **Blessing Burritos, 2012**
Co-organized fundraising benefit for Buddhist nun and teacher Amma Thanasanti Bikkhuni and her nonprofit organization Awakening Truth
Los Angeles, CA
- **Insight on the Inside, 2012 to present**
Served as pen pal and mentor in a project which offers support in Buddhist Dharma studies and meditation practices to incarcerated people within prisons and rehabilitation facilities in California. This project is through Against the Stream Meditation Society
Los Angeles, CA
- **Occupy Los Angeles, 2011**
Co-organized food distribution, group meditation, sit-ins with Occupy LA Sanctuary Group, and facilitated workshops based on Gandhi's and King's principles of nonviolence and community building
Los Angeles, CA
- **Horace Alley Mural Project, 2006**
Participated in the beautification of Horace Alley in San Francisco's Mission District by painting murals, working with local artists and youth from Precita Eyes, the "I Have a Dream" Foundation, and artists from Creative Growth, which is an organization who works with individuals with autism and other disabilities
San Francisco, CA
- **Precita Eyes Mural Arts Center, 2006**
Co-led art classes for toddlers and secondary school level children and facilitated educational walking tours of the multicultural murals of San Francisco's Mission District
San Francisco, CA
- **Tulsa Day Center for the Homeless, 2004**
Volunteered in the food bank, worked the front desk, and provided information on case management, medical benefits, and clothing and hygiene to clientele. This position was an accredited service learning project in conjunction with the Honors Scholar Program at Tulsa Community College

Tulsa, OK

- **Food For Thought**, 2004
Co-organized grassroots organization to feed homeless communities
Tulsa, OK

Art Exhibits and Permanent Displays:

- Second Place in painting and poetry submissions to “America Happens Here” Academic Contest at California State University Dominguez Hills
Los Angeles, CA, 2014
- Student Psychological Services Health Center and the Women’s Resource Center
Permanent displays at California State University Dominguez Hills
Los Angeles, CA, 2014
- Raw Cane Super Juice, Los Angeles, CA, 2013
- Eco-Art, Los Angeles, CA, 2010
- Venice Recovery Center, Venice, CA, 2009
- Day Dream Republic, Los Angeles, CA, 2009
- Hollywood Sunset Free Clinic Silent Auction Benefit at Barnsdall Gallery Theatre,
Los Angeles, CA, 2009
- Sabor Y Cultura, Los Angeles, CA, 2008
- Brainwash, San Francisco, CA, 2006
- Art exhibit curator and participant, Living Arts of Tulsa, Tulsa, OK, 2004
- Gold Award Recipient, Tulsa Community College, Tulsa, OK, 2002
- Shoestring Gallery, Prescott, AZ, 2001
- South Boston Art Gallery, Tulsa, OK, 1999
- Booker T. Washington High School, Tulsa, OK, 1997

Literary Publications:

Research paper:

- Murphy, L., 2013. *Community Holistic Circle Healing: Restorative Justice in Indigenous Communities*. Electronic Journal of Negotiation Conflict Resolution Peacebuilding (NCRP) at California State University Dominguez Hills
<http://www.ejournalncrp.org/community-holistic-circle-healing-restorative-justice-in-indigenous-communities/>

Poetry:

- Murphy, L., 2014. Letters to Uncle Ether. Electronic Journal of Negotiation Conflict Resolution Peacebuilding (NCRP) at California State University Dominguez Hills,
<http://www.ejournalncrp.org/letters-to-uncle-ether/>

Poetry:

- Murphy, L., 2014. The Maps We Drew. Tulsa Review at Tulsa Community College
<http://www.tulsaccreview.com/>

Poetry:

- Murphy, L., 2013. *Odysseus: The Fourth Purpose*. Electronic Journal of Negotiation Conflict Resolution Peacebuilding (NCRP) at California State University Dominguez Hills
<http://www.ejournalncrp.org/odysseus-the-fourth-purpose/>

Management:

Organized and prioritized tasks; weekly product ordering, money management (invoices, shipments, payments); daily interaction with colleagues, clients, and international travelers; development of socially-responsible, sustainable business and working with farmer's markets

- **Raw Cane Super Juice** (323)537-6611; Los Angeles, CA
2012-2015; Front of the House Management
- **Akin's Natural Foods** (918) 742-6630; Tulsa, OK
2003-2004; Produce Supervisor
- **Hostel Beautiful** (0039)-(06)-4465890; Rome, Italy
2002; Hostel Manager

Technical Skills:

- Self-taught website builder—conscious-creativity.com
- Research
- Social Media—Agents of Change L.A. Facebook page, 2013-2015
- Co-created and managed social-media community-building group
- Letter writing
- Blog writing
- Program Conceptualizing
- Administrative

Death Care Industry:

- **Memorial Park Funeral Home and Cemetery**—2016, Clerical Administrative Specialist—Saint Petersburg, FL. (727) 527-1196

Service Industry:

- **The Cowgirl**—2017 to present, Server—Santa Fe, NM (505) 982-2565
- **The Trails Café**—2009-2012, Baker—Los Angeles, CA (323) 871-2102
- **Brain Wash**—2006-2008, Barista—San Francisco, CA (415) 861-3663
- **Pasta Pomodoro**—2005-2006, Server—San Francisco, CA (415) 558-8123
- **Caz's Chow House**—2004-2005, Server—Tulsa, OK (918) 588-2469
- **Bourbon Street Café**—2001-2003, Server—Tulsa, OK (918) 583-5555
- **Philbrook Museum of Art**—2000, Landscape Artist—Tulsa, OK (918) 748-5309

References:

- **Kaitlin Tinney**
Youth Program Coordinator—Community Action Stops Abuse (CASA)
Saint Petersburg, FL
(239) 776-5926
tinneyk@pcsb.org

- **Andrea Verswijver**
Solace Crisis Center
Santa Fe, NM
(505) 690-7366

- **Ashley Armijo**
Executive Director of New Mexico Center for Therapeutic Riding
Santa Fe, NM
(505) 948-6900

- **Candace Carnicelli**
Nonprofit director—Common Peace Center for the Advancement of Nonviolence
Los Angeles, CA
(310) 709-4097

- **Dorit Cypis**
Consultant, mediator, artist, educator, and owner—Foreign Exchanges
Los Angeles, CA
(323) 356-5033

- **Margaret Manning**
Professor—California State University Dominguez Hills—Negotiation, Conflict
Resolution & Peacebuilding
Carson, CA
(310) 863-0240
mmanning@csudh.edu

- **Gilah Hirsch**
Professor—California State University Dominguez Hills—Studio Art
Carson, CA
(310) 821-6848

gilah@linkline.com

- **Tanya Suzuki**
STARS coordinator—Centinela Youth Services
Los Angeles, CA
(310) 970-7702
- **Cheng Rey Koo**
Owner—Raw Cane Super Juice
Los Angeles, CA
(323) 537-6611
- **Jenny Park**
Manager and head chef—The Trails Café
Los Angeles, CA
(310) 344-9135
- **Jamie Stokes**
Artist and owner of Kilauea Pottery
Hawaii, HI
(808) 799-9657
- **Deborah Thomas**
Professor—California State University Dominguez Hills—Negotiation Conflict
Resolution Peacebuilding
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