

PARENTING TIME WORKSHEET

This document may be used to determine what type of co-parenting arrangement you believe is best for your children. It may be helpful to complete this prior to meeting with your attorney.

	Parent 1	Parent 2
Name		
Address		
City		
Province/State, Country		
Postal/Zip Code		
Telephone		
Email		

Children in Common:

Name	Birth Date	Age
Child 1 _____	_____	_____
Child 2 _____	_____	_____
Child 3 _____	_____	_____
Child 4 _____	_____	_____

PROPOSED PARENTING TIME SCHEDULE

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning							
Afternoon							
Evening							
Night							

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning							
Afternoon							
Evening							
Night							

Location of pick-ups: _____

Location of drop-offs: _____

Transportation to/from parenting time will be as follows:

SCHEDULE FOR WINTER BREAK

SCHEDULE FOR SPRING BREAK

SUMMER SCHEDULE

Upon completion of the school year, the child(ren) will reside with parents as follows:

same as school year schedule

one week every month

Two weeks every month

One month with each parent

Other: _____

SCHEDULE FOR OTHER HOLIDAYS

1. New Year's Eve:

2. New Year's Day:

3. Good Friday:

4. Easter Sunday:

5. Passover:

6. Mother's Day:

7. Father's Day:

8. Labor Day:

9. Thanksgiving Day:

10. Christmas Eve:

11. Christmas Day:

12. Hanukkah:

13. July 4:

14. Memorial Day:

15. Halloween:

16. Other:

Holiday times will begin and end as follows:

BIRTHDAYS

1. Each parent will celebrate their birthday when next they are with the child(ren) **OR** each parent shall enjoy parenting time on his/her birthday as follows:

2. The parents will hold birthday parties for the child in alternating years, with the Parent 1 holding the party in [] even [] odd numbered years and the Parent 2 holding the party in [] even [] odd numbered years **OR** each parent will make their own arrangement, coinciding with the normal schedule of time with child(ren).

EXTRA-CURRICULAR ACTIVITIES

Both parents encourage the child(ren) to engage in the following extra-curricular activities:

Can both parents attend or under what circumstances can both parents attend a child's extra-curricular activity?

Who shall be responsible for the costs of extra-curricular activities:

SCHOOL / DAYCARE

The child(ren) will be enrolled and attend as follows:

Child 1: School	_____	Grade:	_____
Child 2: School	_____	Grade:	_____
Child 3: School	_____	Grade:	_____
Child 4: School	_____	Grade:	_____