### **Cookies Policy**

This information is being provided in order to comply with the General Data Protection Regulation (GDPR) coming into effect from 25<sup>th</sup> May 2018 and to ensure there is clarity and transparency about your privacy when using this website <a href="https://www.marblewhitecounselling.co.uk">www.marblewhitecounselling.co.uk</a>

# What is a Cookie?

"A cookie is a piece of information in the form of a very small text file that is placed on an internet user's hard drive. It is generated by a web page server, which is basically the computer that operates a web site. The information the cookie contains is set by the server and it can be used by that server whenever the user visits the site. A cookie can be thought of as an internet user's identification card, which tell a web site when the user has returned" (About Cookies.Org, 2018, www.aboutcookies.org/cookie-faq/).

Cookies generally improve the user's experience on a website and do not harm your device. This cookie policy will provide information on what cookies will and may be set when visiting this website and how to enable, control or delete them.

### Cookies used on this website

A Vistaprint website such as this uses two cookies. They are Performance and Third-Party Cookies.

#### **Performance Cookies**

Performance Cookies are used to count the number of unique visitors to the website so Vistaprint knows how many people visit the websites they are hosting. Should the number of visitors to a host's website be limited, this facility allows Vistaprint to provide additional services to their customers in order to improve their website. This information is reported back to Angela Hughes of Marble White Counselling via the websites dashboard. This cookie does not collect information that identifies a visitor. It does not use or store any personally identifiable information and is not employed for any other purpose. By using this website, you agree that I, Angela Hughes of Marble White Counselling via this Vistaprint Website can place these types of cookies on your device.

### **Third Party Cookies**

When using this website, there are links to other companies such as 'About Cookies.Org', links to Marble White's Counselling pages on Social Media and other directories. These are provided to offer further information to enhance the user's knowledge. Access to additional sites/companies gives the user alternatives to support, other than Marble White Counselling, so an informed choice can be made in regards to sourcing help and guidance. When accessing these, you may be sent cookies by these organisations.

Please note Angela Hughes of Marble White Counselling has no access or control over cookies used by these companies or third-party websites and is not responsible for any of the content of these external organisations in this cookie policy and on this website. Please check the third-party websites for further information about their cookies and how to manage them.

## **How to Manage Cookies**

"Cookies allow you to take advantage of some of the website's essential features. The help menu on the menu bar of most browsers will tell you how to enable or prevent your browser from accepting new cookies, how to have the browser notify you when you receive a new cookie and how to disable cookies altogether.

You can also disable or delete similar data used by browser add-ons, such as Flash cookies, by changing the add-on's settings or visiting the website of its manufacturer.

If you use a PC - click on 'Help' at the top of your browser window and select the 'About' option.

If you use a Mac - with the browser window open, click on the Apple menu and select the 'About' option.

<u>For Flash Cookies (or Local Shared Objects)</u> – The Adobe website provides comprehensive information on how to delete or disable Flash cookies - see <a href="http://www.adobe.com/security/flashplayer/">http://www.adobe.com/security/flashplayer/</a>.

<u>For Third Party Cookies</u> – If you'd like to opt out of third party company cookies - please use the-opt out tool offered by members of the Network Advertising Initiative (NAI) – see <a href="http://www.networkadvertising.org/managing/opt\_out.asp">http://www.networkadvertising.org/managing/opt\_out.asp</a>.

If you would like to know more about <u>Third Party Cookies</u> and to opt out of them if you wish – see www.allaboutcookies.org and www.youronlinechoices.eu" (Vistaprint, 2018, https://www.vistaprint.co.uk/customer-care/cookies-and-privacy.aspx).

If you have any further questions concerning this Cookie Policy, please contact Angela Hughes, Marble White Counselling on 07716 124 328 or <a href="mailto:info@marblewhitecounselling.co.uk">info@marblewhitecounselling.co.uk</a>

© 2019 Angela Hughes, Marble White Counselling