

Quality Improvement Initiative (potential pilot study)

Reduction of Antipsychotic Use at Durgin Pines Nursing Facility

Interventions:

1. Medical director in-service with focus on night and weekend nurse participation
2. Independent consultant in-service about non pharmaceutical intervention in dementia patients.
3. Use of questionnaires before and after in-service to assess knowledge and effectiveness of in-service.
4. DON and unit managers to review plan of care of any patients with antipsychotics to:
 - A. Eliminate unnecessary evening care, such as showers.
 - B. Review care plan and address stimulus reduction
 - C. Review care plan about feeding times, med pass times, and activities, and make appropriate, tailor made, adjustments to care plan with participation of CNA staff.
 - D. D. Review overnight psychotropic order case to monitor for proper documentation, proper non-pharmaceutical interventions, and appropriateness of treatment
5. Every two months review, through the recertification process, with special focus on antipsychotics dose reduction.
6. Posting current antipsychotic use by Numbers, and goal Numbers, on nursing units and updated q month (Leadership team with track percentages as well).
7. Changing feeding time to feed behavior prone and more dependent patients after the quicker regular population is done first.

Goals:

1. Reducing overall (total) use, based on pharmacy report, to 20% or less by Dec. 31st
2. Reducing overall (total) use to 15% or less by June 30 2013
3. Ensure that benzodiazepines do not replace antipsychotics to treat behaviors as prescribing antipsychotics becomes more restricted. The facility will maintain the benzodiazepines drug usage percent in the facility within 5 percentage points.

Secondary goals:

1. Nurse Managers and nurses buy in (confirmed by post initiative testing) to not treating dementia behavior with meds unless it is under specific circumstances.
2. Nurses buy in to the concept of not making medication changes on evening and weekends if possible.

Antipsychotic goal