

## JOIN THE MOVEMENT APRIL 2nd, 2019

## A DAY WITHOUT HATE

Spend 24 hours choosing not to hate, inspiring others, consciously seeking to understand, to practice tolerance and gain perspective.

## OUR GOAL

24 Hours, 1 Week, 1 Month, 1 Year, A lifetime!
JUST THINK WHAT 24 HOURS WILL START

## Get Involved, Contact Us

## Leadership Niagara:

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## Niagara University:

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## $\sim$ LEADERSHIPNAGARA

as) Print our \#HALTHATE Poster and share your photo with a message
vay Follow Leadership Niagara and Niagara IMPACT on social media for thoughtful activities, Hate Hacks, and updates
vay Follow our movement online by using the hashtag \#HALTHATE
vay Get your Co-workers, family, and classmates involved by challenging them to share their why and how
asy Share why you choose to \#HALTHATE on Facebook, Instagram, and Twitter
aty Share a story why and how you made a conscious effort to not react and to impact positive change
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