FOODS AND THEIR ALLERGEN CONTENT – BOCKS AND PREEDE-Brindishe After School Club

FOODS						Lupin Four			MUSTARD				6	Ceer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Crisp Bread													$\checkmark$	
Cheese Slices							1							
Soft Cheese							1							
Cheese Spread							1							
Pasta		✔ Wheat												
Pasta Sauce														✓
Pitta		✔ Wheat												
Tuna					1									
Chicken Slices							1							

## FOODS AND THEIR ALLERGEN CONTENT – BOCKS AND PREERIE-Brindishe After School Club

FOODS						Four			MUSTARD	<b>A</b>		Rink		Geer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Ham Slices														
Brown Bread		✔ Wheat											~	
White Bread		Gluten, wheat											✓	
Cucumber														
Tomatoes														
Peppers														
Spaghetti		Vheat & Gluten												
Butter							1							

## FOODS AND THEIR ALLERGEN CONTENT – ROCKS AND PREEDB-Brindishe After School Club

FOODS			<b>X</b>			Lupin Flour			MUSTARD				s je	Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mayonnaise				$\checkmark$					1					
Apples														
Oranges														
Pears														
Kiwi														
Grapes														
Bananas														
Fruit														
Lettuce														

## FOODS AND THEIR ALLERGEN CONTENT – ROCKS AND PROBLES-Brindishe After School Club

FOODS						Lupin Flour			MUSTARD				6	
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Milk							1							
Tomato soup							$\checkmark$							
Baked beans														
Strawberries														
Melon														
Oatly milk		<b>√</b> Oats												
Apple and blackcurrant juice														<b>√</b> Metabisulphite
Orange juice														Metabisulphite
Spaghetti hoops		<b>V</b> Wheat												