





CDL Home Caring is an in-home service provider that assists individuals and families.

We are dedicated to helping our clients lead dignified, independent lifestyles in the comfort and safety of their own homes by carefully assessing and fully understanding their needs and selectively placing trained personnel to meet these needs.

Contact Us

CDL Home Caring In Home Care Services Pierrefonds, QC Tel: 514 696-4343 Fax: 1 866 851-4098 email:<u>info@homecaringservices.ca</u> w: <u>www.cdlhomecaringservices.com</u>



When you need a helping hand





Call us today at (514) 696-4343 for more information,or to arrange a free, no-obligation consultation





Friendly, Compassionate Care in your own home

Post surgery care



Personal Care

- Assisting with grooming needs such as hair care, shaving, cleaning teeth and routine nail care.
- Supervising or assisting with tub baths, showers, sponge baths, and bed baths.
- Providing routine skin care such as applying lotion to dry skin.
- Assisting with dressing and undressing.
- Assisting with mobilization activities including turning, transferring, exercising, and walking.
- Assisting with toilet and/or commode needs.
- Assisting with eating or feeding.
- Assisting with self-administered medications by reminding client to take them at the prescribed time(s) and/or following up to ensure they are taken.
- Monitoring vital signs such as blood pressures, pulse and respiration.



CDL Home Caring

Home Services

- Routine housework including general cleaning, vacuuming, dusting, washing floors, laundry, ironing, changing beds, defrosting refrigerators/ freezers, cleaning ovens/stoves and china cabinets.
- Heavier cleaning such as spring-cleaning, light fixtures, and washing walls and windows.
- · Planning, cooking, and serving meals.
- Baking for holidays and special occasions.
- Monitoring and motivating regular diet plans.
- Transporting clients to social activities and appointments.
- Running errands and shopping for clients or transporting clients to carry out these activities.
- Assisting with mail, correspondence, and payment of bills.
- Serving as companions and participating in friendly socialization activities.
- Assisting with entertainment preparations, hosting, serving and/or cleanup.
- Packing household goods when changing residences.
- Caring for pets including feeding, exercising, cleaning litter boxes, cleaning birdcages, taking to grooming appointments or to the Vet.
- Caring for plants.
- Monitoring clients' safety, comfort and welfare by contacting them by phone or by making home visit(s).
- Checking interior conditions of homes while residents are away and ensuring the exteriors reflect an "at-home" appearance.

We will personalize a schedule to meet your personal and budgetary needs without cost or obligation

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