

“In this large, population-based, longitudinal study, early-life SDB symptoms had strong, persistent statistical effects on subsequent behavior in childhood. Findings suggest that SDB symptoms may require attention as early as the first year of life.”
Karen Bonuck, Katherine Freeman, Ronald D. Chervin and Linzhi Xu; Sleep-Disordered Breathing in a Population-Based Cohort: Behavioral Outcomes at 4 and 7 Years, Pediatrics; originally published online March 5, 2012; DOI: 10.1542/peds.2011-1402

“SAGEA <Sleep Associated Gas Exchange Abnormality> is frequently present in poorly performing first-grade students in whom it adversely affects learning performance. The data suggest that a subset of children with behavioral and learning disabilities could have SAGEA and may benefit from prospective medical evaluation and treatment.”
Gozal D. Sleep-disordered breathing and school performance in children. Pediatrics; 1998. 102:616– 620