

Resources

BreastCancer.org: The first place you should go! Hint: community boards/discussions are a wealth of information and support.

NationalBreastCancer.org: The *other* first place you should go.

AmericanCancerSociety.org: A great resource; will pay for airline tickets for treatments out of area.

BreastCenter.com: The Center for Restorative Breast Surgery. The *real* saint of New Orleans work here! Everything you need and want to know about reconstruction.

MyBreastCancerTreatment.org: Provides much-needed information on treatment options.

ww5.komen.org: All things Susan G. Komen. My local chapter provided me with a free wig/hat/scarf.

CureToday.com: Cancer updates, research, and education.

TamaraKayeSeverin.com: Visit my website and join my blog for more inspiration and resources. Also see me on **Facebook** for current happenings.

PinkRibbon.com: Informative site for all things pink. Plus, great gifts to encourage loved ones going through cancer.

NBCAM.org: National public service organizations, medical associations, and government agencies promote breast cancer awareness and share information.

TheBreastCancersite.greatergood.com: I love their products as well as their mission.

BreastCancerAnswers.com: Doctor Harness has just about everything covered here.

Healthy Choices

CoconutOil.com: Great source for research and news on the health benefits of coconut oil.

TropicalTraditions.com: My resources for purchasing all things coconut.

StevialInfo.com: Great information on Stevia, the calorie-free, all-natural sweetener.

LittleChoicesMatter.com: A wonderful place to find a variety of healthy and sugar-free seasonings, supplements, and more!

Stevia.com: Recipes, products, and FAQs.**SugarFreeMom.com:** Great recipes and treats your whole family will enjoy. She has a cook book too!