

(This is an **Adult / Parent - Resource Tool** for pro-active discussions with teens.)



## *The Ever***BETTER** TALK SHOW

**TEEN DADS**



### **I AM A NEW – TEEN DAD**

Disclaimer: We do not own the rights to these parental resource links

## **PARENTS' - Supplementary Resources**

### **CONVERSATION MOMENTS:** *(male & female)*

The female Menstruation: What To Expect <https://youtu.be/DBe7-PHRav8>

Different Types of Childbirths <https://youtu.be/L6m2-2Q0qVg>

Labor and Delivery Part I- <https://youtu.be/uKcApX3oJhc>

Labor and Delivery Part II – <https://youtu.be/LnTh8vUWBpY>

Natural Labor & Delivery (No epidural) <https://youtu.be/C2uKgw8AYzQ>

Monochorionic vs Dichorionic Twin Pregnancy- <https://youtu.be/ILsYPHAocgY>

Different Types of Pregnancies

[www.babymed.com/tubal-pregnancy/different-types-pregnancies](http://www.babymed.com/tubal-pregnancy/different-types-pregnancies)

How a Baby Develops During Pregnancy [https://youtu.be/h82ltr84\\_Yg](https://youtu.be/h82ltr84_Yg)

What Can Your Unborn Baby Hear and Feel in The Womb?

<https://youtu.be/NuZqCwlcC1M>

Caring for Your Newborn (tests) <https://youtu.be/-CWJYxIvoFQ>

Dad Tips for A New Dad, From A Dad <https://youtu.be/9tTSPxCiWA4>

Surprised by Five: Naturally Conceived Quintuplets!

[https://youtu.be/\\_AJEiKDVfe0](https://youtu.be/_AJEiKDVfe0)

Pregnancy developmental chart - Document

Baby Development - Document

Empowering Teen Fathers <https://youtu.be/MgkfVTNmG8A>

Teen Dads: The Reality Show We Need <https://youtu.be/BOfULGXXcOM>

Overcoming Teenage Pregnancy and Poverty [https://youtu.be/\\_CX0npJmlA](https://youtu.be/_CX0npJmlA)

# COMPLETE CHART DEVELOPMENT OF THE FOETUS BODY ORGANS

Start Weeks	Complete Develop Weeks	Body Organs/Foetus
3-4 Weeks	20 Weeks	Spine/Backbone  
3 Weeks	28 Weeks	Brain  
3 Weeks	20-24 Weeks	Eye  
5 Weeks	24-28 Weeks	Breathe Organs  
3 Weeks	6 Weeks	Hearth/Dil  
3 Weeks	24 Weeks	Digestion  
3-4 Weeks	12 Weeks	Liver  
4-5 Weeks	8 Weeks	Face (Mouth)  
4-5 Weeks	8 Weeks	Nose (Smell)  
3-4 Weeks	24-28 Weeks	Ears (Sound)  
4-5 Weeks	8 Weeks	Arms  
3-4 Weeks	12 Weeks	Urethra  
5 Weeks	7 Weeks	Reproductive Organ  

## Baby Development Chart

<b>Baby Development Chart</b>	
<b>Age in Months</b>	<b>What babies are able to understand &amp; appreciate! Mental and Movement skills</b>
<b>Newborn - 1 month</b>	Soothing Music - High contrast patterns and faces - Will cry if over or under stimulated. Will be alert for every one in ten hours.
<b>1 - 2 Months</b>	Soothing Music - Visual stimulation - Follows sounds and objects
<b>2 - 3 Months</b>	Recognises faces and sounds - Plays with hands and feet - ability to grasp objects is developing - likes high contrast images
<b>3 - 4 Months</b>	Starts to explore by taste - follows moving objects - able to bear some weight on legs - teething starts
<b>4 - 5 Months</b>	Shows interest in bright colors - Starts to show preferences - Grips and moves objects
<b>5 - 6 Months</b>	Able to concentrate on one toy at a time - can roll over
<b>6 - 7 Months</b>	Starts to understand what to do with various toys and items. Can shake a rattle or other toys - Responds to himself in a mirror - rolls in both directions
<b>7 - 8 Months</b>	Realises that an object may be behind something - loves playing peek-a-boo - sits independently - reaches out for objects - tries to crawl
<b>8 - 9 Months</b>	Starts to crawl and explore - Understands the concept of building objects - moves an item from one hand to the other - starts to imitate sounds
<b>9 - 10 Months</b>	Understanding some language phrases - starts to build, stack and disassemble toys - points - stands with some support
<b>10 - 11 Months</b>	Understanding of language and words continue - starts to build, stack and disassemble toys - able to pick up smaller items - walks holding on to furniture - likes to play hand games
<b>11 - 12 Months</b>	Understanding of words increases - able to climb - enjoys and initiates play with others
<b>Baby's Development Chart</b>	



Month	Length	Weight	Key developments
First			Arms,tail,gill grooves are formed, webbed toes form.
Second	1.6 cm	1 gram	Retina,eye cavity, fingers & toes are formed, upper limbs begin to bend at elbow, genitalia begin to differentiate, fingers are distinct
Third	5.4 cm	14 gram	Nostrils dissociate,genitals and neck are formed, sucking reflex appears
Fourth	11.6 cm	100 gram	Heartbeat more pronounced, cartilaginous tissue stiffens. All major organs begin to form
Fifth	26 cm	300 gram	Movements more regular & are felt by mother, head and body hair appear,
Sixth	30 cm	600 gram	Eyelids open, lungs & lung circulation develop
Seventh	37.6	1 kg	Arteries and veins formed, fat deposited under skin.
Eighth	42.4 cm	1.7 kg	Development almost complete, foetus usually viable if born, fat deposit increases, most senses are developed
Ninth	48 cm	2.6 kg	Fully developed, delivery session scheduled.