

# yWBallers presents

## Mentality of a Point Guard

yWBallers is training future basketball players, grades 3rd - 6th for the role of a point guard. If your child is a male or female and want to work on ball handling, learn how to read and react to the defense, experience in-game situation drills, become the player that can score at will, learn how to set your team up for success, and understand foot work than this is the right clinic.

Developing the skills of a point guard is a tedious, careful, and slow process. Coaches can cultivate excellent point guards if they take the right approach to the mental aspect of the game first. Great point guards are tough, unselfish, understand the game, and mentally strong. A winning point guard is in command when the game is on the line and makes all other players better by his presence.

Players are never too young to begin learning the truths of the game. Starting with the fundamentals, a young player must become comfortable with dribbling, passing, shooting, and playing defense. As players develop physically, they also gain knowledge of how to play the game. This development is key for point guards because their position is the most important on the floor. A good point guard makes the team go.

### Highlights

#### \* 8 Characteristics of Great Point Guards

- \* Shooting
- \* Passing
- \* Read and react
- \* Dribbling
- \* Leadership
- \* Handle pressure
- \* Defense
- \* Homework
- \* Prizes

