

VIRTUAL POSTPARTUM DOULA SUPPORT

THIS PACKAGE IS GREAT FOR PEOPLE IN THEIR 4TH TRIMESTER +
THOSE WHO HAVE MULTIPLE KIDS!

INCLUDED IN THIS SERVICE:

- CREATE POSTPARTUM PLAN
- EDUCATIONAL SUPPORT
- UNLIMITED TEXT AND/OR EMAIL EMOTIONAL SUPPORT
- 1 INITIAL CONSULTATION -
- 24/7 ON-CALL PHONE SUPPORT FOR 2 WEEKS A
- 1 POSTPARTUM CALL - ADDRESSING ANY QUESTIONS AND/OR CONCERNS WITH NEWBORN CARE, BREASTFEEDING, SELF-CARE, BIRTH STORY EXPERIENCE, AND HOW YOUR PARTNER OR LOVED-ONE CAN SUPPORT YOU
- ACCESS TO ONLINE MOTHER'S SUPPORT GROUP
- UNLIMITED ONLINE EVIDENCE BASED ARTICLES
- SACRED WOMB COURSE (MINI VIRTUAL COURSE)

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PACKAGE OPTIONS

INCLUDE:

20 HOURS \$800

40 HOURS \$1600

(HOURS CAN BE DIVIDED HOWEVER YOU LIKE)

SUPPORT BY THE HOUR \$45/HR

"SO HOW DO I START THE PROCESS?" I'M GLAD YOU
ASKED! LET ME BREAK IT DOWN THE PROCESS STEP-
BY-STEP...

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- STEP 1: FILL OUT THE CLIENT INTAKE FORM CLIENT-INTAKE-FORM
- STEP 2: WE WILL GET YOUR FORM IN OUR EMAIL AND EITHER EMAIL YOU BACK OR CALL YOU WITHIN 1-2 BUSINESS DAYS (USUALLY MUCH SOONER TBH)
- STEP 3: TELL US WHAT YOU NEED AND HOW WE CAN HELP!
- STEP 4: WE WILL SEND YOU OUR CONTRACT AND AN INVOICE. JUST SIGN AND PAY.
- STEP 5: WE WILL SEND YOU A DOULA ASAP!
- STEP 6: ENJOY THE PEACE OF MIND THAT COMES FROM HAVING A PROFESSIONAL AND COMPASSIONATE DOULA HELP YOU!

FILL OUT INTAKE

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