

November

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11 Weights 430-630	12 YWCA 4-6	13 Weights 430-630	14 YWCA 4-6	15	16
17	18 Weights 430-630	19 YWCA 4-6	20 Weights 430-630	21 YWCA 4-6	22	23
24	25 Weights 430-630	26 YWCA 4-6	27 Thanksgiving Break	28 ↑	29	30

December

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Weights 430-630	3 YWCA 4-6	4 Weights 430-630	5 YWCA 4-6	6	7
8	9 Weights 430-630	10 YWCA 4-6	11 Weights 430-630	12 YWCA 4-6	13	14
15 USATF Indoor Meet #1 Bethel 12-4pm	16 Weights 430-630	17 YWCA 4-6	18 Weights 430-630	19 YWCA 4-6	20	21
22 Winter Break	23 Track Winter Boot Camp	24	25	26 Track Winter Boot Camp	27 Track Winter Boot Camp	28
29 Winter Break	30 Track Winter Boot Camp	31				

January

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Winter Break	2 Track Winter Boot Camp	3 Track Winter Boot Camp	4
5 USATF Indoor Meet #2 St. Thomas 9-1pm	6 Weights 430-630	7 YWCA 4-6	8 Weights 430-630	9 YWCA 4-6	10	11
12 USATF Indoor Meet #3 St. Thomas 9-1pm	13 Weights 430-630	14 YWCA 4-6	15 Weights 430-630	16 YWCA 4-6	17	18 Eagles Wings 1-3pm
19	20 NO SCHOOL	21 YWCA 4-6	22 Weights 430-630	23 YWCA 4-6	24	25 Eagles Wings 1-3pm
26	27 Weights 430-630	28 YWCA 4-6	29 Weights 430-630	30 YWCA 4-6	31	

February

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 USATF Indoor Meet #4 Bethel 12-4pm	3 Weights 430-630	4 YWCA 4-6	5 Weights 430-630	6 YWCA 4-6	7	8 Eagles Wings 1-3pm
9	10 Weights 430-630	11 YWCA 4-6	12 Weights 430-630	13 YWCA 4-6	14	15
16 USATF Indoor Meet #5 Bethel 12-4pm	17 NO SCHOOL	18 NO SCHOOL	19 Weights 430-630	20 YWCA 4-6	21	22 Eagles Wings 1-3pm
23	24 Weights 430-630	25 YWCA 4-6	26 Weights 430-630	27 YWCA 4-6	28	29 Eagles Wings 1-3pm

March

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	YWCA 4-6 Captains Practice	YWCA 4-6 Captains Practice	YWCA 4-6 Captains Practice	YWCA 4-6 Captains Practice		
8	9	10	11	12	13	14
USATF MN Championships U of M 12-4pm	High School Season Starts Practice 4-630pm	Practice 4-630pm	Practice 4-630pm	Practice 4-630pm	Practice 4-630pm	
15	16	17	18	19	20	21
	Practice 4-630pm Weights 630-730	Practice 4-630pm	Practice 4-630pm Weights 630-730	Practice 4-630pm	Practice 4-630pm	
22	23	24	25	26	27	28
	Practice 4-630pm Weights 630-730	City Indoor @ YWCA 4-630pm	Practice 4-630pm Weights 630-730	Practice 4-630pm	U of M Griak Classic @ U of M Fieldhouse 4-8pm	
29	30	31				
	Practice 1-3pm	Off				
Spring Break						

April

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Practice 1-3pm	2 Off	3 UW- Stout Elite Meet @ 330-830pm	4
5	6 Practice 4-630pm Weights 630-730	7 Practice 4-630pm Eagles Wings 630-830pm	8 Practice 4-630pm Weights 630-730	9 New Prague HS Invite @ 330-8pm Eagles Wings 630-830pm	10 Practice 4-630pm	11 Eagles Wings 1-3pm
12	13 Practice 4-630pm Weights 630-730	14 Practice 4-630pm Eagles Wings 630-830pm	15 Practice 4-630pm Weights 630-730	16 Practice 4-630pm Eagles Wings 630-830pm	17 Practice 4-630pm Weights 630-730	18 Practice 11-1pm Eagles Wings 1-3pm
19	20 Practice 4-630pm	21 City Relays Site- TBD @ 4-7pm Eagles Wings 630-830pm	22 Practice 4-630pm Weights 630-730	23 Practice 4-630pm Eagles Wings 630-830pm	24 Hamline Elite Meet @ Hamline University (Invite Only) 5pm	25 Eden Prairie Invite @ Eden Prairie HS 9-130pm Eagles Wings 1-3pm
26	27	28	29	30		

May

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Fairmont Invite @ Fairmont HS 4-8pm	2 South HS Prom ☺
3	4 Practice 4-630pm	5 True Team @ Mounds View HS 4-8pm	6 Practice 4-630pm	7 Practice 4-630pm Weights 630-730	8 Practice 4-630pm	9 Practice 11-1pm
10	11 Practice 4-630pm	12 Practice 4-630pm	13 Practice 4-630pm Weights 630-730	14 Practice 4-630pm	15 Practice 4-630pm 9 th & 10 th Grd MPS Meet @ Washburn 4-6pm	16
17	18 Practice 4-630pm	19 City Prelims @ South HS 4-7pm	20 Practice 4-630pm	21 City Prelims @ South HS 4-7pm	22 Practice 4-630pm JV Southwest invite @ Southwest 4- 7pm	23 Practice 11-1pm
24	25 Practice 4-630pm	26 Section Prelims @ Orono HS 4-8pm	27 Practice 4-630pm	28 Section Finals @ Orono HS 4-8pm	29 Practice 4-630pm	30
31						

June

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Practice 4-630pm	2 Practice 4-630pm	3 Practice 4-630pm	4 Practice 4-630pm	5 State AA Prelims Hamline University 9am-1pm	6 State AA Finals Hamline University 9am-1pm
7	8 Eagles Wings 6-830pm	9 Eagles Wings 6-830pm	10 Eagles Wings 6-830pm	11 Eagles Wings 6-830pm	12 USATF MN Championships Lakeville South HS	13
14 USATF MN Championships Lakeville South HS	15 Eagles Wings 6-830pm	16 Eagles Wings 6-830pm	17 Eagles Wings 6-830pm	18 Eagles Wings 6-830pm	19	20
21	22 Eagles Wings 6-830pm	23 Eagles Wings 6-830pm	24 Eagles Wings 6-830pm	25 Eagles Wings 6-830pm	26	27
28	29 Eagles Wings 6-830pm	30 Eagles Wings 6-830pm				

July

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Eagles Wings 6-830pm	3	4
5	6	7 Eagles Wings 6-830pm	8	9 Eagles Wings 6-830pm	10 USATF Regionals Nebraska, Omaha Burke HS	11 USATF Regionals Nebraska, Omaha Burke HS
12 USATF Regionals Nebraska, Omaha Burke HS	13	14 Eagles Wings 6-830pm	15	16 Eagles Wings 6-830pm	17	18
19	20	21 Eagles Wings 6-830pm	22	23 Eagles Wings 6-830pm	24	25
26	27	28 USATF Championships U of North Florida Jacksonville, FL	29 USATF Championships U of North Florida Jacksonville, FL	30 USATF Championships U of North Florida Jacksonville, FL	31 USATF Championships U of North Florida Jacksonville, FL	

August

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 USATF Championships U of North Florida Jacksonville, FL
2 USATF Championships U of North Florida Jacksonville, FL	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					