



TGM Retreat: Lost & Found

Bv: Christina Espinosa, TGM Committee Member

Our hearts are overflowing with gratitude to God because of how He showed up at our TGM Retreat! Lives were transformed, young girls were healed, and many of them were also filled with the Holy Spirit. One teen girl speaks out about the TGM Retreat: "This weekend was good for me. I got closer to God. I also learned a lot from the word that was given." We were truly blessed to have had such amazing and anointed speakers at this retreat, God used each and every one of them in their own way to touch lives. Another teen girl speaks out and says, "At the TGM Retreat God delivered me from the lies and the traps of the enemy. He finally gave me peace in my life! I have been completely restored and changed!" WOW! What a powerful testimony. This Retreat was the beginning of a new life for many girls and for us it is the beginning of long-lasting friendships! We love you girls so much and are constantly praying for you all!



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Daughters of Freedom

September 7, 2013 @ Your local church or community Be a part of this life changing Missions Project! More information to come!

Nationwide Girls Ministries Sleepover & Coins for Kids

September 27-28, 2013 Make sure you check out <u>ngm.ag.org</u> for more details about the "Carnival" sleepover and how you can give Venezuela hope!

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If you have a July, August or September birthday, and are one of the first three people to leave a comment on our Facebook wall or email us **TODAY** we would like to send you a birthday gift card!! ©



Melissa

Summer time is flying by! The family reunions, watermelon on a hot day, relaxing vacations will soon become a distant memory. As we know physical, mental, and spiritual health determine the effectiveness of a leader it is our desire that before summer slips away you take time to enjoy this season. Make time for family. Give yourself a day to spend time on your favorite hobby. Watch one sunset. Go for an evening bike ride with your spouse or kids. Savor a delicious dessert. And as you do thank God for each moment he gives. Have a blessed and restful summer ladies! Hugs!

Letters to Paul

Written by Norma Galvan, Girls Only Sponsor, CCNA-Houston, TX

"Creating friendships through mentorship."



Letter from Paul to a Church



The Church (Girls Only Club) It has been said that writing a letter can bring healing to the soul. Why should we express through writing? Because writing is **therapeutic** and **empowers** you to **become free.** That is exactly what the Lord spoke to my heart.

The idea of creating friendships through mentoring sounded appealing yet scary. One girl exclaimed, "WAIT!, that means someone is going to know the real me." "That's exactly the objective," I explained. Because those responding to their letters will not judge, repudiate or criticize them, they are able to open up with more confidence. The Apostle Paul used his own transparency to deal with the internal issues of the church he became their encourager, their mentor, their comforter, their counselor and their friend. I presented the project to my Bible School students and explained the purpose of the letters. The students would become Paul the encourager, they would learn to develop a pastoral heart and how to deal with universal issues that all people face. As a result, these letters have provided: encouragement, discipleship, friendship-mentorship, counseling, a meaning to their experiences and healing. Every week the girls waited in anticipation for their letters from Paul because they finally found a way to strengthen and connect their feelings through the mode of writing. These letters give them a clearer picture of their lives and how to process the decisions they have to make. Indeed, writing can be therapeutic empowers one to become free in Christ!

First day receiving letters from the Church





P.O. Box 16279 Houston, TX 77222 713-694-0361 ph www.tlhdgm.com This newsletter is all about sharing the great things you all are doing across the district! Would you like to share about the exciting things that are happening in your sectional or local Girls Ministries (event, lesson, idea, etc)? Or would you like to take a moment to honor one of your GM Sponsors or girls for their achievements? Email us a brief 50-100 word write up to <u>malfaro.tldgm@gmail.com</u> Attach any pictures you would like us to incorporate for your article. The deadline for the Fall Issue is November 1st!

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"Hello Ladies, have you been filling up those CFK boxes? Our goal is to fill one box up for every girl! "

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Written by Mercy Balboa, TLHD Mpact Specialist

Prayer

What an excellent opportunity to be able to share the value and importance of prayer to a group of girls who are in the process of life changing challenges in their life. It was surely *God's time*. Sharing that prayer is two-part: talking and listening to God through discovering the ACTS of prayer by **Adoration**, **Confession**, **Thanksgiving and Supplication** was a very special unit in which we were able to see God revealing himself in each girl.



The girls were very excited about the project we had for this unit. I asked one of our young college students from our church to think of a fun project the girls could do for the unit on prayer. She was excited and immediately began working on the idea. She came up with idea of a "prayer mat." She was able to have these mats donated from a carpet company so all we had to do was provide the girls with the materials such as ribbon, paints, fabrics items we already had. We had the girls decorate their mats using their own creativity. After completing the project/craft the idea was for them to place the mats on the floor in their room or near their bed. As they step on it, they were to ask themselves "did I pray today?" It would serve as a reminder to pray each day. They were very excited to take them home. Each week they asked if they could take it home but we had them wait until the unit was over and asked our Pastora to dedicate the mats before they were sent home. It is a blessing to be able to make each lesson an opportunity to guide our girls in a closer relationship with God. I encourage you to do so. Let's make a prayer mat!



Got talent? Now is your time to GLOW, come be a part of the Talent Show that will be held during our Mpact Camp this summer! Don't forget to submit your entry form.



Take the time and add us on Facebook @ **TLHD GM!**

You can get insight on hot new styles for fashion, tasty recipes to try out, diamond devos, dating advise, exclusive interviews, and

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quick access on all the exciting and upcoming events! You don't want to miss out!! Begins July 2013!!!

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