

ADVANCED DRUMMING AND RHYTHM PRACTITIONER



"Our biological rhythms are the symphony of the cosmos, music embedded deep within us to which we dance, even when we can't name the tune."
— Deepak Chopra

Drumming can help you to heal the mind, body and spirit. Drums have been used in every culture for many purposes from religious rituals and other ceremonies, to sporting events. Shamans used drumming as a means to journey. Drumming has also been used therapeutically since ancient times.

This is a fully insurable course that you can offer to clients.
We offer classes in small groups ensuring a personalised teaching approach.

CONTACT US

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THE TRAINING CENTER OF WELLBEING

ADVANCED SOUND
THERAPY: DRUMMING AND
RHYTHM PRACTITIONER
TRAINING BROCHURE





CURRICULUM

Codes of conduct and the law
Basic Anatomy and Physiology for the drumming and rhythm therapist
Types of drums and beaters
Getting to know your drum and sacred preparation
Group drumming facilitation
Drumming techniques
Drumming Positions
Drum Massage
Self healing
Healing Rhythms
Techniques for one to one healing:
The Body
The Spirit
Aftercare recommendations
Case Studies and Research

You are required to submit 4 case studies with two follow up therapies on each client as well as completing a final written question and answer assessment.

ABOUT THE COURSE

Prerequisite: Studied the foundations of Sound Therapy
Duration of training: 2 Days
Cost: £300
Independent Learning Hours: 30
Case Studies: 4 with 2 follow ups on each

MORE INFORMATION

You are required to complete a home study module in basic human anatomy and physiology for the crystal sound bowl practitioner.

IS THIS COURSE FOR YOU?

This course is for the advanced sound therapy practitioner who has already successfully completed our foundations of sound therapy practitioner course.

WHATS INCLUDED?

Your training includes:
Full printed manual, classroom sessions, complementary medicine practitioner handbook, support with case studies, laminated charts and a frame drum.

Accredited by the Complementary Medicine Association