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| **WEEK 1** | **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **BREAKFAST** | Pineapple Chunk 1% Milk | 1 % Milk French toast Orange Slices | 1% Milk Banana Waffles | Peaches 1% Milk Oatmeal | 1% Milk Blueberry Pancakes | Kaiser Roll1% Mil Mixed Fruits | Pears 1% Milk Waffles w/syrup |
| **LUNCH** | Bake BeansPotato Wedges1% MilkHush PuppiesSalmon patties | Romaine Lettuce 1% Milk Sliced Ham Potato Salad Whole wheat RollSliced Apples | Steam Broccoli1% MilkChicken NuggetsPapayaCroissants | Meatball Pockets1% Milk Pita Bread Tomato Sauce Green Salad | 1% MilkCarrotsOrange Slices Scrambled Eggs Toast | Snow Peas1% Milk Pasta Cauliflower Chicken pasta Bowl | Baked Chicken Mash Potatoes 1% Milk Corn Rolls |
| **PM SNACK** | 100% Fruit Punch Juicy JuiceCheez its  | Yogurt Blueberry | Wheat Thin Apricots | Raisin Toast Kiwi | Gold Fish Banana | NectarineRice Cakes | Fruit CupGranola Bar |
| **DINNER** | Peaches1% Milk RiceMix Veggies Roast Beef | Bake Zucchini1% milkGarlic bread Grilled Beef Steak Cauliflower | 1% milk Brown Rice Peas Mixed fruitFried Shrimp | Applesauce 1 % Milk Macaroni & Cheese Broccoli | 1% Milk Collard Chopped ChickenCornbread Green Beans | Beef Stew1% MilkWatermelonPotatoes/CarrotsDinner Roll | Peas & Stew 1% MilkGarlic BreadShrimp Coleslaw |
| **LATE SNACK** | Ritz Crackers Peanut Butter | Apple Juice Gold Fish | Bread SticksRaisinsV-8 Smoothie | Soft PretzelGrapes | Yogurt Granola Cereal | PearsRitz Crackers | 1% MilkMini BlueberriesMuffin |

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| **WEEK 2** | **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **BREAKFAST** | Cantaloupe Eggs Biscuits1% Milk | 1 % Milk Sliced PeachesEnglish Muffin | 1% Milk Apple Sauce French Toast | 1% Milk Orange Juice Quaker Puffed Rice | 1% Milk KiwiCake Donut | 1% Mil WaffleMixed Fruits | 1% Milk Grill CheeseHashbrown |
| **LUNCH** | 1% Milk Bread Sticks Popcorn Shrimp Green Beans Coleslaw | 1% MilkHam & CheeseSandwich Sliced BreadPears split Pea Soup | Biscuits1% MilkMashed PotatoesChicken Drumstick Green Beans | Peaches 1% MilkHamburger Bun Cream Corn | Ceasar Salad 1% Milk Pizza Dough Orange & Apples X Cheese Pizza | Peas & Carrots Boiled Potatoes 1% Milk Fried Pork Chops Crescent Roll | 1% Milk Rice Smoke Sausage Jell-O w /Fruitcorn |
| **PM SNACK** | Pop tart 100% Orange Juice  | 100% Fruit Punch Juicy Juice Veggies | Rice Krispy Treat 1% milk Apple Juice | 100% fruit Juice cheesy potato sticks | Club crackersGrapes | 1% milk Sugar Cookies | Cheese CrackerWhite Juice  |
| **DINNER** | Peaches1% Milk Sub Bun LettuceTomato Turkey roll | Honey dew Melon 1% milk Hot dog bunBeef hot dogFrench Fries | Corn Muffin1% Milk Mashed PotatoesCorn Meat Loaf | Corn bread stick1% milkBroccoli and cheese Baked chicken breast Strawberries | 1% Milk Collard GreensCorn dressing Turkey SlicesMacaroni & Cheese | Chicken & RiceCasserole1% Milk Mix VeggiesOrange Quarters Crescent Roll | Black-eyed peas 1% milkDiced potatoes smothered chicken cornbread |
| **LATE SNACK** | Gold Fish Apple Juice | Cheese Squares Grapes | Yogurt Celery and carrot sticks | Animal Crackers Cherry Juice | Yogurt Granola Cereal | PearsRitz Crackers | 100% fruit juice Saltine Crackers |

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| **WEEK 3** | **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **BREAKFAST** | Oatmeal Chunk 1% Milk | 1 % Milk French toast Orange Slices | 1% Milk Banana Waffles | Peaches 1% Milk Oatmeal | 1% Milk banana grits | Kaiser Roll1% Mil Mixed Fruits | Pears 1% Milk Waffles w/syrup |
| **LUNCH** | 1% milkGreen beanBanana white bread Beef Pattie | 1% milk coleslaw tomatoes Romaine lettuce Wheat Bun Chicken Strip | 1% milk bake bean butter cookie  Tator tots Fried Shrimp | 1% milk Mash potatoesSnow peas wheat bun baked chicken | 1% milkSteam Broccoli Wheat BunBeef Hotdog | PearsRitz Crackers | 1% Milk Mini Blueberries Muffin |
| **PM SNACK** | 100% Fruit Punch Juicy JuiceCheez its  | Yogurt Blueberry | Wheat Thin Apricots | Raisin Toast Kiwi | Gold Fish Banana | NectarineRice Cakes | Fruit CupGranola Bar |
| **DINNER** | Peaches1% Milk RiceMix Veggies Roast Beef | Bake Zucchini1% milkGarlic bread Grilled Beef Steak Cauliflower | 1% milk Mixed Fruits Bake bean Brown rice Chicken Nuggets | Applesauce 1 % Milk Macaroni & Cheese Broccoli | 1% Milk Collard Chopped ChickenCornbread Green Beans | Beef Stew1% MilkWatermelonPotatoes/CarrotsDinner Roll | Peas & Stew 1% MilkSteam Broccoli Pears Corn bread Hamburger |
| **LATE SNACK** | Ritz Crackers Peanut Butter | Apple Juice Gold Fish | Bread SticksRaisinsV-8 Smoothie | Soft PretzelGrapes | Yogurt Granola Cereal | PearsRitz Crackers | 1% MilkMini BlueberriesMuffin |

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| **WEEK 4** | **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **BREAKFAST** | Cantaloupe Eggs Biscuits1% Milk | 1 % Milk Sliced PeachesEnglish Muffin | 1% Milk Apple Sauce French Toast | 1% Milk Orange Juice Quaker Puffed Rice | 1% Milk KiwiCake Donut | 1% Mil WaffleMixed Fruits | 1% Milk Grill CheeseHashbrown |
| **LUNCH** | 1% Milk Bread Sticks Popcorn Shrimp Green Beans Coleslaw | 1% MilkHam & CheeseSandwich Sliced BreadPears split Pea Soup | Biscuits1% MilkMashed PotatoesChicken Drumstick Green Beans | Peaches 1% MilkHamburger Bun Cream Corn | Ceasar Salad 1% Milk Pizza Dough Orange & Apples X Cheese Pizza | Peas & Carrots Boiled Potatoes 1% Milk Fried Pork Chops Crescent Roll | 1% Milk Rice Smoke Sausage Jell-O w /Fruitcorn |
| **PM SNACK** | Poptart 100% Orange Juice  | 100% Fruit Punch Juicy Juice Veggies | Rice Krispy Treat 1% milk Apple Juice | 100% fruit Juice cheesy potato sticks | Club crackersGrapes | 1% milk Sugar Cookies | Cheese CrackerWhite Juice  |
| **DINNER** | Peaches1% Milk Sub Bun LettuceTomato Turkey roll | Honey dew Melon 1% milk Hot dog bunBeef hot dogFrench Fries | Corn Muffin1% Milk Mashed PotatoesCorn Meat Loaf | Corn bread stick1% milkBroccoli and cheese Baked chicken breast Strawberries | 1% Milk Collard GreensCorn dressing Turkey SlicesMacaroni & Cheese | Chicken & RiceCasserole1% Milk Mix VeggiesOrange Quarters Crescent Roll | Black-eyed peas 1% milkDiced potatoes smothered chicken cornbread |
| **LATE SNACK** | Gold Fish Apple Juice | Cheese Squares Grapes | Yogurt Celery and carrot sticks | Animal Crackers Cherry Juice | Yogurt Granola Cereal | PearsRitz Crackers | 100% fruit juice Saltine Crackers |