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| **WEEK 1** | **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **BREAKFAST** | Pineapple Chunk 1% Milk | 1 % Milk French toast Orange Slices | 1% Milk Banana Waffles | Peaches 1% Milk Oatmeal | 1% Milk Blueberry  Pancakes | Kaiser Roll  1% Mil Mixed Fruits | Pears 1% Milk Waffles w/syrup |
| **LUNCH** | Bake Beans  Potato Wedges  1% Milk  Hush Puppies  Salmon patties | Romaine Lettuce 1% Milk Sliced Ham Potato Salad Whole wheat Roll  Sliced Apples | Steam Broccoli  1% Milk  Chicken Nuggets  Papaya  Croissants | Meatball Pockets  1% Milk Pita Bread Tomato Sauce Green Salad | 1% Milk  Carrots  Orange Slices Scrambled Eggs Toast | Snow Peas  1% Milk Pasta Cauliflower Chicken pasta Bowl | Baked Chicken Mash Potatoes 1% Milk Corn Rolls |
| **PM SNACK** | 100% Fruit Punch Juicy Juice  Cheez its | Yogurt Blueberry | Wheat Thin Apricots | Raisin Toast  Kiwi | Gold Fish Banana | Nectarine  Rice Cakes | Fruit Cup  Granola Bar |
| **DINNER** | Peaches  1% Milk Rice  Mix Veggies Roast Beef | Bake Zucchini  1% milk  Garlic bread Grilled Beef Steak Cauliflower | 1% milk Brown Rice Peas Mixed fruit  Fried Shrimp | Applesauce 1 % Milk Macaroni & Cheese Broccoli | 1% Milk  Collard  Chopped Chicken  Cornbread  Green Beans | Beef Stew  1% Milk  Watermelon  Potatoes/  Carrots  Dinner Roll | Peas & Stew  1% Milk  Garlic Bread  Shrimp Coleslaw |
| **LATE SNACK** | Ritz Crackers Peanut Butter | Apple Juice  Gold Fish | Bread Sticks  Raisins  V-8 Smoothie | Soft Pretzel  Grapes | Yogurt Granola Cereal | Pears  Ritz Crackers | 1% Milk  Mini Blueberries  Muffin |

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| **WEEK 2** | **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **BREAKFAST** | Cantaloupe Eggs Biscuits  1% Milk | 1 % Milk  Sliced Peaches  English Muffin | 1% Milk Apple Sauce French Toast | 1% Milk  Orange Juice Quaker Puffed Rice | 1% Milk  Kiwi  Cake Donut | 1% Mil  Waffle  Mixed Fruits | 1% Milk  Grill Cheese  Hashbrown |
| **LUNCH** | 1% Milk Bread Sticks Popcorn Shrimp Green Beans Coleslaw | 1% Milk  Ham & Cheese  Sandwich Sliced Bread  Pears split Pea Soup | Biscuits  1% Milk  Mashed Potatoes  Chicken Drumstick Green Beans | Peaches 1% Milk  Hamburger Bun Cream Corn | Ceasar Salad 1% Milk Pizza Dough Orange & Apples X Cheese Pizza | Peas & Carrots Boiled Potatoes 1% Milk Fried Pork Chops Crescent Roll | 1% Milk Rice Smoke Sausage Jell-O w /Fruit  corn |
| **PM SNACK** | Pop tart 100% Orange Juice | 100% Fruit Punch Juicy Juice Veggies | Rice Krispy Treat 1% milk Apple Juice | 100% fruit Juice cheesy potato sticks | Club crackers  Grapes | 1% milk Sugar Cookies | Cheese Cracker  White Juice |
| **DINNER** | Peaches  1% Milk Sub Bun Lettuce  Tomato Turkey roll | Honey dew Melon 1% milk Hot dog bun  Beef hot dog  French Fries | Corn Muffin  1% Milk  Mashed Potatoes  Corn Meat Loaf | Corn bread stick  1% milk  Broccoli and cheese Baked chicken breast Strawberries | 1% Milk  Collard Greens  Corn dressing Turkey Slices  Macaroni & Cheese | Chicken & Rice  Casserole  1% Milk Mix Veggies  Orange Quarters Crescent Roll | Black-eyed peas 1% milk  Diced potatoes smothered chicken cornbread |
| **LATE SNACK** | Gold Fish Apple Juice | Cheese Squares Grapes | Yogurt Celery and carrot sticks | Animal Crackers Cherry Juice | Yogurt Granola Cereal | Pears  Ritz Crackers | 100% fruit juice Saltine Crackers |

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| **WEEK 3** | **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **BREAKFAST** | Oatmeal Chunk 1% Milk | 1 % Milk French toast Orange Slices | 1% Milk Banana Waffles | Peaches 1% Milk Oatmeal | 1% Milk banana  grits | Kaiser Roll  1% Mil Mixed Fruits | Pears 1% Milk Waffles w/syrup |
| **LUNCH** | 1% milk  Green bean  Banana white bread Beef Pattie | 1% milk coleslaw tomatoes Romaine lettuce Wheat Bun Chicken Strip | 1% milk bake bean butter cookie  Tator tots Fried Shrimp | 1% milk  Mash potatoes  Snow peas wheat bun baked chicken | 1% milk  Steam Broccoli Wheat Bun  Beef Hotdog | Pears  Ritz Crackers | 1% Milk Mini Blueberries Muffin |
| **PM SNACK** | 100% Fruit Punch Juicy Juice  Cheez its | Yogurt Blueberry | Wheat Thin Apricots | Raisin Toast  Kiwi | Gold Fish Banana | Nectarine  Rice Cakes | Fruit Cup  Granola Bar |
| **DINNER** | Peaches  1% Milk Rice  Mix Veggies Roast Beef | Bake Zucchini  1% milk  Garlic bread Grilled Beef Steak Cauliflower | 1% milk  Mixed Fruits Bake bean Brown rice Chicken Nuggets | Applesauce 1 % Milk Macaroni & Cheese Broccoli | 1% Milk  Collard  Chopped Chicken  Cornbread  Green Beans | Beef Stew  1% Milk  Watermelon  Potatoes/  Carrots  Dinner Roll | Peas & Stew  1% Milk  Steam Broccoli  Pears Corn bread Hamburger |
| **LATE SNACK** | Ritz Crackers Peanut Butter | Apple Juice  Gold Fish | Bread Sticks  Raisins  V-8 Smoothie | Soft Pretzel  Grapes | Yogurt Granola Cereal | Pears  Ritz Crackers | 1% Milk  Mini Blueberries  Muffin |

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| **WEEK 4** | **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **BREAKFAST** | Cantaloupe Eggs Biscuits  1% Milk | 1 % Milk  Sliced Peaches  English Muffin | 1% Milk Apple Sauce French Toast | 1% Milk  Orange Juice Quaker Puffed Rice | 1% Milk  Kiwi  Cake Donut | 1% Mil  Waffle  Mixed Fruits | 1% Milk  Grill Cheese  Hashbrown |
| **LUNCH** | 1% Milk Bread Sticks Popcorn Shrimp Green Beans Coleslaw | 1% Milk  Ham & Cheese  Sandwich  Sliced Bread  Pears split Pea Soup | Biscuits  1% Milk  Mashed Potatoes  Chicken Drumstick Green Beans | Peaches 1% Milk  Hamburger Bun Cream Corn | Ceasar Salad 1% Milk Pizza Dough Orange & Apples X Cheese Pizza | Peas & Carrots Boiled Potatoes 1% Milk Fried Pork Chops Crescent Roll | 1% Milk Rice Smoke Sausage Jell-O w /Fruit  corn |
| **PM SNACK** | Poptart 100% Orange Juice | 100% Fruit Punch Juicy Juice Veggies | Rice Krispy Treat 1% milk Apple Juice | 100% fruit Juice cheesy potato sticks | Club crackers  Grapes | 1% milk Sugar Cookies | Cheese Cracker  White Juice |
| **DINNER** | Peaches  1% Milk Sub Bun Lettuce  Tomato Turkey roll | Honey dew Melon 1% milk Hot dog bun  Beef hot dog  French Fries | Corn Muffin  1% Milk  Mashed Potatoes  Corn Meat Loaf | Corn bread stick  1% milk  Broccoli and cheese Baked chicken breast Strawberries | 1% Milk  Collard Greens  Corn dressing Turkey Slices  Macaroni & Cheese | Chicken & Rice  Casserole  1% Milk Mix Veggies  Orange Quarters Crescent Roll | Black-eyed peas 1% milk  Diced potatoes smothered chicken cornbread |
| **LATE SNACK** | Gold Fish Apple Juice | Cheese Squares Grapes | Yogurt Celery and carrot sticks | Animal Crackers Cherry Juice | Yogurt Granola Cereal | Pears  Ritz Crackers | 100% fruit juice Saltine Crackers |