Amber Chan, LPC-MH, QMHP / Mindful DBT, LLC

Name:	Date:	Code:
		(office use only)
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The Drug Abuse Screening Test (DAST)

Directions: The following questions concern information about your involvement with drugs. Drug abuse refers to (1) the use of prescribed or "over-the-counter" drugs in excess of the directions, and (2) any non-medical use of drugs. Consider the past year (12 months) and carefully read each statement. Then decide whether your answer is YES or NO and check the appropriate space. Please be sure to answer every question

		Yes	No
1.	Have you used drugs other than		
	those required for medical		
	reasons?		
2.	Have you abused prescription		
	drugs?		
3.	Do you abuse more than one		
	drug at a time?		
*4.	Can you get through the week		
	without using drugs (other than		
	those required for medical		
+-	reasons)?		
*5.	Are you always able to stop using		
	drugs when you want to?		
6.	Do you abuse drugs on a		
*7.	continuous basis?		
/.	Do you try to limit your drug use to certain situations?		
8.	Have you had "blackouts" or		
0.	"flashbacks" as a result of drug		
	use?		
9.	Do you ever feel bad about your		
0.	drug abuse?		
10.	Does your spouse (or parents)		
	ever complain about your		
	involvement with		
	drugs?		
11.	Do your friends or relatives know		
	or suspect you abuse drugs?		
12.	Has drug abuse ever created		
	problems between you and your		
	spouse?		
13.	Has any family member ever		
	sought help for problems related		
	to your drug		
<u> </u>	use?		
14.	Have you ever lost friends		
4-	because of your use of drugs?		
15.	Have you ever neglected your		
	family or missed work because of		
	your use of drugs?		
		Yes	No
16.	Have you ever been in trouble at	162	INU
10.	work because of drug abuse?		
L	work because or drug abuse?	<u> </u>	

17.	Have you ever lost a job because	
	of drug abuse?	
18.	Have you gotten into fights when	
	under the influence of drugs?	
19.	Have you ever been arrested	
	because of unusual behavior	
	while under the	
	influence of drugs?	
20.	Have you ever been arrested for	
	driving while under the influence	
	of drugs?	
21.	Have you engaged in illegal	
	activities in order to obtain drug?	
22.	Have you ever been arrested for	
	possession of illegal drugs?	
23.	Have you ever experienced	
	withdrawal symptoms as a result	
	of heavy	
	drug intake?	
24.	Have you had medical problems	
	as a result of your drug use	
	(e.g., memory loss, hepatitis,	
	convulsions, bleeding, etc.)?	
25.	Have you ever gone to anyone for	
	help for a drug problem?	
26.	Have you ever been in a hospital	
	for medical problems related to	
07	your drug use?	
27.	Have you ever been involved in a	
	treatment program specifically	
	related to drug use?	
28.	Have you been treated as an	
	outpatient for problems related to	
	drug abuse?	