



FITNESSfive42™

Participant Agreement, Waiver & Release

The undersigned hereby agrees and understands that (s)he will be participating in a FITNESSfive42 Learn to Run and/or Intermediate to Advanced Running and Training Program

In connection with their participation, the undersigned agrees and warrants that (s)he is 18 years of age or older.

(Parental and/or Legal Guardian Consent MUST be provided if and when minors register to participate in the above-mentioned running program(s).

In consideration of all FITNESSfive42 program offerings, the undersigned:

(1) Hereby acknowledges and agrees that it is, and it shall be, his/her responsibility to understand the risks associated with participating in this physical activity and the related precautions that should be taken, and to generally determine whether (s)he is sufficiently fit and healthy to safely participate in each scheduled and/or recommended running, cross-training and/or self-directed training activity;

(2) Will, for himself/herself, his/her heirs, executors and administrators waive, release, and hold FITNESSfive42 representatives, employees, trainers/coaches, facilitators, guest speakers or sponsors harmless against any and all claims for liability and/or damages that the undersigned may have arising from injuries, illnesses or death suffered while participating in any FITNESSfive42 programs and/or activities.

Print Name

(____)
Age (if under 18)

Participant Signature

Date

Guardian Signature *(if participant is under 18 years of age)*

Date

Permission to use Photo and/or Likeness - Authorization

"I _____ *(please print)*, hereby grant permission to FITNESSfive42™ to use photos taken of me while participating in their programming for use on their and/or their sponsors' website(s), Facebook pages, Blogs and or physical displays in perpetuity. "

Participant/Guardian Signature

Date