

A P R I L 2 0 2 0

The Call



April 2020

words of our mouths and the mediations of our hearts be acceptable in thy sight oh Lord

A Monthly Newsletter

Worship

Online Services
Morning Prayer
Night Prayers
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Holy Week
Easter Flowers
Seder Service Order
Seder Meal Recipes

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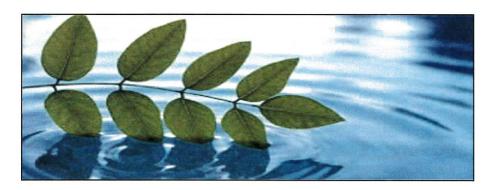
Parish

Coffee Hour What are you up to? Transitions WINE (Online) Thirst-day Thursday (Online) Coronavirus Info Stewardship

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It's April. It's spring. It's time for blooming and pollenating, longer days and soft breezes. It is time to travel with Jesus to the tomb and meet Christ in the RESURRECTION. All these things continue to unfold about us as expected. It is also the season for trade shows and conferences, proms and bridal showers, golfing and baseball, critical classroom instruction, end of the year wrap up and summertime planning. All these to dos are on hold. It is a hard time we're living. Our normal routine came to an abrupt halt. Our communal health is compromised. Our leadership is not speaking with a unified voice. We're acting and reacting to unfamiliar circumstances. Best practices roll out in fits and starts. It's beginning to dawn on us that this may continue longer than we ever imagined. And, the hardest part is that we can't figure it out, we can't adapt and strategize side by side. This crisis punches us in our most vulnerable place. It forces us into isolation.

Resilient as we are, making jokes that this is extrovert hell and introvert heaven does not change the truth. Humans do not function at their optimum level when they are separated, when they are not free to gather in communal ways. Physical proximity matters to us. It sets off endorphins. It lowers our anxiety. Add to this that we've been living over programed for decades, we've lost the ability to amuse ourselves solitarily. So, it's April and spring, and the season of the RESURRECTION and this year we're living through a hard uncertain time that is hard and uncertain for all of us and hard and uncertain in both shared and unique ways. Overseeing in house classrooms is one kind of hard. Not visiting sick parents is another kind. Living alone with no places to go for company is so lonely. In this reality, doing ministry which by definition is accomplished in relationship is more than clumsy.

So beloved, where is our hope, and what is our grace? We know. The Lord is with us. The Lord sustains us. We are troubled but not defeated. The Lord is mighty to save and sends us sufficient help. The Lord meets us in prayer and soothes our worried minds when we ask. The Lord sends us companions to help carry our burdens. The Lord invites us to make full use of these interventions, these shields and swords.

Here's how your church is working in service to the Lord and on your behalf. On Thursdays, we send out an e-blast to every valid email we have. For those few members who are not connected to the internet, we have church members who call them and give them the news updates. On the Thursday e-blast we post the upcoming Sunday's service bulletin, the Morning Prayer Template and the Night Prayer template. The e-blast includes ways to make contributions to the church and links to on-line meetings and Zoom links to upcoming virtual meetings like WINE and THIRSTY THURSDAYS.

Every morning at 8:30, Matt Addington leads Morning Prayer on the ZOOM platform from his home which can be accessed on a computer, a tablet or smartphone. The Zoom platform is live and works like a visual conference call. The screen resembles the Hollywood Squares format. Every evening at 7:00, Rev. Sarah leads Night Prayers from her home on the St.Mark's FACEBOOK page. This is a live broadcast which will be simultaneously recorded and posted once the service ends. Sundays at 9:30, Eucharist will be recorded live in the church on the St Mark's FACEBOOK page and will remain posted after the service ends. Following the service, members are invited to join Virtual Coffee Hour on the Zoom platform. HOLY WEEK Services will follow this same format Tuesday through Friday. Please see the article inside for Monday evening's special family plan and an outline of the other services.

Please understand that with the technology we have on hand and the expertise we have on staff, these are produced with our best efforts. Our system is not universally compatible with every system individuals may have in their homes. Not all devices are created equal. Not all members in the body are equally fluent in various technologies. Remote instruction is laborious and not always effective. So, we do our best and extend grace to one another. Here is also a place our members can be of service to one another. If you have skill and willingness to coach other church members through the platforms we are using, please advise the church office and we will connect you to members in need of your aid.

Please also know that while religious services may be broadcasted from churches, the number in attendance is limited to six by direction of our Bishops. To limit exposure, we are scheduling the same worship leaders rotating six from a seven person pool.

Apart from technology, our PASTORAL CARE Ministry Team is calling on members who live alone or are living with compromised health. Members have also agreed to shop for those who should avoid public places in this crisis. If you would like to help in this effort or if you would be helped by this service, please call the church office.

Beloved, we rise in the morning praying, we end the day with grateful restive prayers, we gather on Sundays and pass the peace with emojis. We meet face to face across screens in fellowship at coffee hour and small group meetings, we pray for one another by name and reach out with calls and errands. We are church outside a building which is bringing us back to our earliest roots. We love God and God's people and all may be hard in this time, but all shall also be well.

It's April. It's spring. RESURRECTION is coming. You are loved.

Saral+

Worship offerings Begin and end your day with prayer. Join us online. Details below

Morning Prayer Beginning March 30th Monday - Friday 8:30am

with Matt Addington

Join via zoom link below

https://us04web.zoom.us/j/8446121386

You can access the service order with the link below

https://conta.cc/2vRUtpl

Night Prayers
Beginning March 30th
Monday - Saturday
7pm

End your day by joining the Rector in the evening for Compline at 7pm

Monday through Saturdays with the Rev. Sarah Hollar via

Facebook Live

https://www.facebook.com/stmarksepiscopalnc



Sunday Worship Services

Continue at 9:30 am

via Facebook Life

https://www.facebook.com/stmarksepiscopalnc

or watch at a later time by access the video on our facebook page.

Service orders are being sent via E-blast each Thursday afternoon

COFFEE HOUR VIA ZOOM AFTER THE LIVE SERVICE (USE THE LINK BELOW)
https://us04web.zoom.us/j/8446121386



Just because we can't all gather doesn't mean Holy Week isn't happening.

Find out how we will worship and stay connected during Holy Week

Palm Sunday, April 5th Online Services at 9:30 through Facebook Live https://www.facebook.com/stmarksepiscopalnc

Seder Meal, April 6th 7pm

You can find our seder meal recipes on the pages to follow. We encourage you to:

Create your meal at home, Set your table and join us via zoom for the service

Recipes and service order on the pages to follow

Zoom link below

https://us04web.zoom.us/j/8446121386

Healing Service April 7th
7pm Via Facebook Live
https://www.facebook.com/stmarksepiscopalnc

Stations of the Cross April 8th
7pm Via Facebook Live
https://www.facebook.com/stmarksepiscopalnc

Maundy Thursday April 9th
7pm Via Facebook Live
https://www.facebook.com/stmarksepiscopalnc

Good Friday April 10th
7pm Via Facebook Live
https://www.facebook.com/stmarksepiscopalnc

Easter Services April 12th at 9:30am via Facebook Live

https://www.facebook.com/stmarksepiscopalnc
and or 11am with the National Cathedral via live webcast https://cathedral.org/lent/



Even though we are not gathering at the church operating expenses still need to be paid.

Please remember that:

Regular pledges/giving can continue to be made by sending checks in the mail to

St. Mark's Episcopal Church
8600 Mt. Holly Huntersville Rd.
Huntersville, NC 28078
or online through the link below
https://stmarksepiscopal.breezechms.com/form/19eb9a



EASTER FLOWER DONATIONS Due by Sunday April 5th 2020

Donations are \$20 and will be used for decorating the church for Easter.

Please mail your check to the church office or use paypal

St. Mark's Episcopal Church 8600 Mt. Holly Huntersville Rd. Huntersville, NC 28078

Online giving can also be accessed through the link below https://stmarksepiscopal.breezechms.com/form/19eb9a

Please indicate Easter Flowers in the memo line of your check or your online form.

Also provide your name and phone number.

Please indicate the following:

		0
a)	In loving memory of	
b)	In celebration of	
c)	In honor of:	
d)	In thanksgiving for:	

Please contact the church office at 704-399-5193 or <u>life@stmarksnc.org</u> with any questions

APRIL 2020



Seder Meal Recipes and Instructions

At the start of the meal, you will want to have the following on each table:

A bowl of salt water or two
Boiled eggs (one for each person)

Matzoh

A bowl of Haroseth

A small bowl of horseradish

A cup with toothpicks in it - one per person

Parsley - one sprig /person

Forks and Knives Napkins

Wine/Grape Juice glasses

Water glasses Plates

Programs

Matzoh

Ingredients:
1 c whole wheat flour
3 T oil
Salt
Water

To make the matzoh: Mix together 1 cup of whole wheat flour, 3 tablespoons of oil, a pinch of salt, and enough water to make a pliable, but not sticky, dough. Knead about 10 -15 times, adding a little flour to the pastry board, if necessary, to keep the dough from sticking. Divide the dough into four pieces, and roll out each piece on a sheet of waxed paper about 9" in diameter (or until bread is about 1/8" thick.) Prick the bread with a fork; then peel off the paper, placing bread on cookie sheets. Bake bread at 400 degrees until crisp but not brown (approximately 8-10 minutes.)

Haroseth

Ingredients
1 cup walnuts
1 cup raisins
1 large apple
pinch of cinnamon
1/2 cup red wine

Preparation Peel and cut the apple in cubes. Grind all the items but not too fine. Add the wine and mix well .

Carrots

Ingredients
Carrots
Oil
Salt and Pepper
Butter

(however much your house can eat)

Set Oven to 400 • Peel Carrots • Lightly Oil Carrots • Salt & Pepper to Taste • Put in oven for 30 min • Add butter to taste • Cook until done (15 min or so minutes)

Asparagus

(however much your house hold can eat)

Set Oven to 400 •

Break (do not cut) all bottoms ends off of asparagus • Lightly oil •

Salt & Pepper to taste • Add cajun season (optional Bojangles is best) • Roast for 15 min

Yellow Rice · Follow instructions on bag

A P R I L 2 0 2 0

Lamb (can substitute Chicken Breast or Whole Chicken)

Ingredients:

1 bone in leg of lamb (aitchbone removed by butcher)

2 T course salt

2 t Pepper

2 T minced garlic

2 T freshly chopped rosemary plus more for garnish

2 T dijon mustard

2 T extra virgin olive oil

1 c chicken broth or water

Directions • Step 1For the cleanest-looking presentation, trim 1 1/2 inches of flesh from the shank bone with a sharp paring knife. (Your butcher may be willing to do this for you.)

- **Step 2** The fell is a thin outer layer of fat that you may find if you buy an untrimmed leg from a butcher. It's very tough, so it's important to remove all of it. A long knife with a sharp thin blade is the best tool for the job.
- **Step 3** Trim the excess fat that lies beneath the fell, but leave enough to enrich the meat and gravy. It also crisps up nicely when broiled, which helps give the carved slices great texture. Use shears to trim the fat pads around the hip, or large end.
- **Step 4** Make incisions 1 inch long and 1/2 inch deep all over the leg; they?ll allow the aromatic rub to penetrate the meat more easily. Roughening the surface in this way also results in a crisper, more flavorful crust after broiling.
- **Step 5** Stir together salt, pepper, garlic, rosemary, mustard, and oil in a small bowl until it forms a wet paste. Spread rub evenly over lamb, working it into the incisions. Let lamb sit at room temperature, about 30 minutes. Meanwhile, preheat oven to 425 degrees.
- **Step 6** Transfer lamb, fat side up, to a large roasting pan fitted with a rack, and add broth. Roast lamb 20 minutes. Reduce temperature to 325 degrees, and roast until a thermometer inserted into thickest part of flesh near the bone reaches 130 degrees to 135 degrees (medium-rare), about 55 minutes. Increase temperature to broil; broil until surface sizzles and becomes brown and crisp, about 5 minutes. Transfer lamb to a platter or carving board; let rest at least 20 minutes before carving.

SERVICE ORDER FOR PASSOVER SEDER

VIA ZOOM: https://us04web.zoom.us/j/

Passover Seder - Festival of Spring

Leader: We are about to begin the recitation of the ancient story of Israel's redemption from bondage in Egypt. The purpose of this Seder is to afford us the opportunity to recall the dramatic miraculous events which led to the exodus from an ancient land of slavery. The Bible, centuries ago, instructed us to meet, as we do tonight. The Bible says that young and old should gather for Passover, in order that we might relate this thrilling chapter in the history of the Jewish people.

We have before us the Seder Plate. On it have been placed the main symbols of this service.

Participant: First, we have Matzoh, commemorating the bread which our forefathers were compelled to eat during their hasty departure from Egypt.

Participant: The second symbol is the roasted lamb, which reminds us of the Paschal Lamb, a special animal sacrifice which our ancestors offered on the altar of the great Temple in Jerusalem, on the Passover holiday. It also reminds us of the blood that the Jews put on their doors so the Angel would "pass over" their house and not kill their first born son during the 10th Plague in Egypt.

Participant: The third symbol is a roasted egg, which reminds us of a second offering brought to the Temple on Passover. It reminds us of the new life the Israelites found once freed from Egypt.

Participant: The fourth symbol is the Moror (horseradish), the bitter-herbs, which reminds us of the bitterness of slavery, which our ancestors were compelled to endure.

Participant: The fifth symbol is the Haroses, made to resemble mortar, used at this time to remind us of the mortar with which our forefathers made bricks for the building of Egyptian cities.

Participant: The final symbol is the parsley used to remind us that Passover coincides with the arrival of Spring and the gathering of the Spring harvest. Passover, is ancient times, was also an agricultural festival and an occasion on which our ancestors gave thanks for the earth's rich bounties.

Participant: Four times in the course of this Service we shall partake of the wine or juice, a symbol of joy and thanksgiving. This represents the four fold promise which the Lord made to the Israelites that they would be freed from servitude: "I will bring you forth;" "I will deliver you;" "I will redeem you;" and "I will take you."

The Calling of Elijah

Leader: Throughout our people's history Elijah, the Prophet, has been the beloved character pictured in legends as the bearer of good tidings.

Participant: Jewish legends recall they mystical appearance of Elijah in times of trouble, to promise relief and redemption, to life downcast spirits and to plant hope in the hearts of the downtrodden. We have set a place at our table for Elijah to join us.

Participant: On this Seder night, when we pray for freedom, we invoke the memory of the beloved Elijah. May his spirit enter our Seder meal bringing a message of hope for the future, faith in the goodness of people, and the assurance that freedom will come to all. Our first ceremony of the Seder is to welcome Elijah, beloved guest at our Seder, as we rise.

(All rise. One person opens the Parish Hall door leaving it open for the rest of the meal.)

All: Direct Thy wrath, O God, upon evil and persecution. Protect Thy people from those who would destroy them. May the Spirit of Elijah, who enters at this hour, enter the hearts of all people. May he inspire them to love Thee, and may he fill them with the desire to build a good world, one in which justice and freedom shall be the inheritance of all.

The Blessing (The wine/juice should be poured into each glass.)

Leader: Blessed are You, O Lord our God, King of the universe, Who created the fruit of the vine.

Blessed are You, O Lord our God, Who has chosen us for Your service among the nations, exalting us by making us holy through Your commandments. In love that you have given us, O Lord our God, holidays for joy and festivals for gladness. You did give us this Feast of Unleavened Bread, the season of our freedom, in commemoration of our liberation from Egypt. You have chosen us for Your service from among the nations and have sanctified us by giving us, with love and gladness, Your holy Festivals as a heritage. Blessed are You, O Lord, who hallowed Israel and the Festivals.

(The first cup of "wine" is drunk.)

The Washing of Hands

Leader: The second ceremony of the Seder is known as the Washing of the Hands. This is a symbolic act of purification, which precedes our participation in this religious Service.

Leader: Blessed are You, O Lord our God, King of the universe, who has sanctified us by Your Commandments and has commanded us concerning the washing of our hands.

(Two pitchers of water, two bowls, and two towels are brought to the table. Participants take turns washing each others hands.)

The Dipping of the Parsley in Salt Water

(Everyone gets a piece of parsley.)

Leader: The third ceremony is partaking of the parsley. We now dip this green fruit of the earth into salt water, as we recite together

All: In partaking of this fruit of the earth, we give thanks to God for all His bounties. We also recall that our forefathers were tillers of the soil, who were ever grateful for the earth's produce. In tasting of the salt water, we are asked to remember the tears which our ancestors shed while suffering the tortures of slavery. May our gratitude for the blessings which we enjoy help to soften the pain of sorrow and convert tears to joy and appreciation.

Leader: Blessed are You, O Lord our God, King of the universe, Who created the fruit of the universe

(Parsley is dipped into the salt water and eaten.)

The Matzoh Celebration

Leader: I shall break the middle of the Matzoh in two, removing one half and setting it aside. This will become the "Afikomen", the matzoh that will be hidden and you will have a chance to find at the conclusion of our meal.

(The Afikomen is now hidden and everyone gets a piece of Matzoh.)

Leader: Lo! This is the bread of affliction, the humble and simple bread which our ancestors ate in the land of Egypt. Let anyone who is hungry join us at the Seder, and let them partake of what we have to share.

All: With gratitude for the blessings which we have been given, we invite the less fortunate to share with us at this meal, and also at other times.

Leader: May all people, wherever they are, those of the still deprived of total freedom, enjoy that liberty at this time next year.

Blessed are You, O Lord our God, King of the universe, Who has sanctified us by Your commandments and have commanded us to eat Matzoh.

(Matzoh is eaten.)

The Moror (Bitter Herbs) Celebration

Leader: We shall now partake of the Moror, horseradish used to symbolize bitter herbs, combined with the Haroset, an apple mixture used to symbolize the bricks used during slavery. Thus we remember how bitter is slavery and how it can be sweetened by God's redemption. Blessed are You, O Lord our God, King of the universe, Who has sanctified us by Your commandments and have commanded us to eat bitter herbs.

(Moror, horseradish, and Haroset, apple mixture, are put on a piece of matzoh and eaten. The meal is then served.)

The Four Questions

(At this time wine/juice should be poured into each glass.)

Participant: Why is this night of Passover different from all other nights of the year?

(Youngest) On all other nights we eat either leavened or unleavened bread, but on this night we eat only Matzoh, unleavened bread?

On all other nights we eat all kinds of herbs, but on this night we eat only Moror (horseradish)?

On all other nights we do not dip parsley into salt water, but on this night we dip parsley into salt water?

On all other nights we sit or recline while eating, but on this night we only recline?

Leader: We shall now answer the four basic questions concerning Passover which you have asked.

All: Once we were slaves to Pharaoh in Egypt, and the Lord, in His goodness and mercy, brought forth from that land with a mighty hand and an outstretched arm.

Leader: Had He not rescued us form the hand of the despot, surely we and our children would still be enslaved, deprived of liberty and human dignity.

All: We, therefore, gather to retell this ancient story. For, in reality, it is not ancient but eternal in its message and its spirit. It proclaims man's burning desire to preserve liberty and justice for all.

Leader: The first question asked concerns the use of Matzoh. We eat these unleavened cakes to remember that our ancestors, in their haste to leave Egypt, could not wait for breads to rise and so removed them from the while still flat

All: We partake of the Moror, bitter herbs, on this night that we might taste of some bitterness, to remind ourselves how bitter is the lost of one caught in the grip of slavery.

Leader: We dip parsley in salt water to replace tears with gratefulness.

All: The fourth question asks why, on this night, we eat in a reclining position. To recline at mealtimes in ancient days was the sign of a free man. On this night of Passover we demonstrate our sense of complete freedom by reclining during our meal.

Leader: Blessed is God who fulfills His promises, Who is ever faithful to His servants who trust in Him.

(The Second cup of "wine" is drunk.)

The Story of Israel in the Land of Egypt and the Ten Plagues

Leader: The Egyptians whipped and tortured the Israelites, compelling them to make bricks and build great cities for Pharaoh. The Jewish people cried out to God, and he heard their cry. He called Moses, charging him to appear before Pharaoh and to demand that the people be released. Pharaoh was obstinate and would not heed the word God. It was then that Moses foretold the punishment which the Almighty would bring upon Pharaoh and the Egyptians: plagues would be visited upon the land of Egypt, in which may would perish. Pharaoh defied God and place his trust in his own powers. In consequence the plagues descended upon Egypt. Many perished, and the suffering was great. Pharaoh, nonetheless, remained obstinate; he would not yield. When the tenth plague was visited upon them, the death of first-born sons of Egyptians, a great cry went up throughout Egypt, and Pharaoh finally ordered Moses to take his people out of the land.

Participant: When people defy the Will of God, they bring pain and suffering upon themselves. God's Law aims for the welfare and happiness of all mankind. To deny His Law and to do evil brings destruction upon those who perpetrate it.

Participant: When Pharaoh defied the command of God to release the Jewish people, he invited adversity upon himself and his own people.

Participant: Though the plagues that were visited upon the Egyptians were the result of their own evil, we do not rejoice over their downfall and defeat.

Leader: We regard all people as children of God, even enemies who seek to destroy our people.

All: When for the sake of our welfare, they met with suffering and death, we mourn their loss and express sorrow over their destruction.

(At this time "wine" should be poured into each glass.)

Leader: A full cup is the symbol of complete joy. Though we celebrate the triumph of our sacred cause, our happiness is not complete so long as others had to be sacrificed for its sake. We shall therefore, diminish the wine in our cups as we recall the plagues visited upon the Egyptians, to give expression to our sorrow over the losses which each plague exacted. We now recite the list of the Ten Plagues, putting a drop of "wine" on our plate with our toothpick as each is mentioned

All (Slowly):

Blood

Frogs

Gnats

Flies

Killing of Livestock

Boils

Hail

Locusts

Darkness

Slaying of the Firstborn We are Grateful

Leader: Great and numerous are the kindnesses which the Lord extended to our fathers; for each of them we offer thanks and humble gratitude.

Participant: With great loving kindness He redeemed us from Egypt, executing judgement upon our oppressor and the idols they worshiped.

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Participant: With awesome might He divided the Red Sea, allowing our people to pass over in safety.

Participant: With tender care He protected us in the wilderness, granting shelter from the ravages of desert life.

Participant: For forty years He provided for all our needs, sending manna from Heaven, food and water to sustain us.

Participant: With abundant love He gave us the Sabbath, to afford rest and refreshment for our bodies and souls.

Participant: He brought us to Mt. Sinai and gave us the Torah, the first 5 books of the Bible.

Participant: In triumphant spirit He led us into the land of Israel, where inspired leaders built the Holy Temple.

Participant: How great and numerous are the kindnesses which the Lord has shown us, for each act of goodness we are abundantly grateful.

(The third cup of "wine" is drunk.)

The Roasted Egg Celebration

Everyone receives a hard boiled egg. A game is played to see whose egg will be left intact the longest. Go around YOUR TABLE hitting your friend's egg until one of your eggshells breaks. Once your eggshell is broken, you are out of the game. The player who remains with an unbroken eggshell wins the game! Once you have lost you may eat your egg.

The Closing Prayer

(At this time wine should be poured into each glass.)

Leader: The prescribed order of the Passover Service is now complete. We have retold the ancient story of Israel's liberation. We have partaken of the traditional foods, symbols of the struggle for human freedom.

All: As we have been privileged to observe the Seder tonight, may all of us be privileged to celebrate it together again next year. May it be God's will to preserve us in life and in good health.

Leader: We now partake of the fourth cup of wine, as we recite together:

All: Blessed are You, O Lord our God, King of the universe, Who created fruit of the vine...Amen

(The fourth cup of "wine" is drunk.)

APRIL 2020

What have folks been doing during our time apart? Let us know. Share your happenings with sarahmilholland@stmarksnc.org

The Rector is giving Reflections



The Kathmans are attending Sunday services online and are even dressed for it.



The Rhinehardts have taken up Home Ec.



Jordana Gheraibeh giving piano lessons to Pierce Roberts via FaceTime



Arthur James is into Everything!



Matt is sharing thoughts



Marsha is hosting watch parties and keeping us all entertained with her Facebook Memes.









Birthdays

Ian Milholland - 4/5

Corinne Zinno - 4/5

Rev Ty Smithdeal - 4/7

Debbie Siegel - 4/8

Sadie Perrotta - 4/9

Justin Zinno - 4/10

Lynn Lyons - 4/11

Kylee Addington - 4/12

Lynn Cavanaugh - 4/12

Bob Chandler - 4/12

Tony Herrin - 4/13

Kay Knosby - 4/16

Jeff Haas - 4/17

Brandon Kathman - 4/17

Marlene Bandis - 4/19

Elaine Reilly - 4/20

Doris S. Blythe - 4/21

Elizabeth Havens - 4/21

Eileen Lampro - 4/22

Mike Benes - 4/23

Elliott James - 4/24

Betsy Lloyd - 4/25

Elizabeth Weeks - 4/27

Jack Lloyd - 4/29

Vin Perrotta - 4/30

Teresa Reale - 4/30

Connie Swogger - 4/30

Anniversaries

Ed & Kathy Reade – 4/5

Alan & Bridget Vanevenhoven – 4/5

James & Patricia Woolley - 4/19

Larry & Debbie Leisey - 4/21

Milton & Candice Sullivan -4/21

Sean & Kelly Pope – 4/23

Chaytor & Bob Chandler - 4/24

Jonathan & Emily Hines – 4/30

Philip & Betsy Lloyd - 4/30

Prayers for continued healing:

Willard & Barb Osburn
Saunders & Billy Black Martha Ann Springer
Phyllis Barnwell
Elena Michel and her family
Richard & Mary Beth Masline
Bob Chandler
Tony Herrin
Repose of the soul of Mary Anne Milholland
mother of John Milholland.
Repose of the soul of Janis Therrien
sister of Eileen Lampro.

Panera Bread Pick-Up

Andrew & Libby James - 4/3
Easter Holiday - 4/10
Alan & Lesli Kathman - 4/17
Scott Hundertmark - 4/24



"Thirstday" Thursday

Join the men of the church for

A **virtual** testosterone friendly answer to WINE

Thursday April 2nd at 6:30pm

Via Zoom

https://us04web.zoom.us/j/8446121386

Due to the corona virus and a conflict with the Maundy Thursday service, we are going to try Thirstday a little differently in April.

We will be moving it to the 1st Thursday,

April 2nd

and holding it virtually via Zoom rather than at a restaurant.

Please follow the link above to connect to the meeting at 6:30 on April 2.

Use the computer audio as there will be no phone number allocated.

I look forward to seeing you online on April 2.

Grab a beverage and a snack. Use the zoom link to connect virtually with the men of the church.

Give it a try.

David Fahey 704-562-7587 for questions

No RSVP required by texts welcome



WINE Women in Need of Entertainment

Monday April 20th @ 6:30pm

at your own home via Zoom Link below.

https://us04web.zoom.us/j/8446121386

While we can't gather together in person
let's gather online.
Grab a glass of wine and or
a snack for yourself.
Let's check in with each other online.
Hope to see you all there.

Please contact Allison Rhinehardt <u>allibrett@gmail.com</u> with any questions

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Concerned About Coronavirus? Here's What Happens If You Get Sick.

Even as you're taking preventive steps and protecting others by staying home, it's normal to wonder, "What happens if I get coronavirus?" The good news is most people who get coronavirus only have mild or moderate symptoms and can get better from home.

If you start feeling sick, we're here for you every step of the way:

Step 1:

Answer a few quick questions using our <u>free online risk assessment</u> or call us at 704-468-8888 to get next steps for care.

Step 2:

If needed, you'll be referred to visit with a healthcare provider, either by email or video chat.

Step 3:

Depending on your symptoms, you might be told to rest up at home, but if you need to get tested, we'll schedule your test and let you know where to go. We have testing sites throughout the area where your safety is our highest priority.

Step 4:

Whether your test is negative or positive, we're here for you **24/7** to make sure you're getting everything you need to get well soon. This might include regular check-ins, delivering prescriptions to your house and guiding you to next steps for medical care.

If you have any symptoms you're worried about, take our free remote assessment to see what to do.



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