



**GLUTEN FREE PASTA,  
BREAD & OATCAKES  
AVAILABLE**

## The Boudingait

43 BONNYGATE, CUPAR KY15 4BU – TEL: 01334208310 – EMAIL:BOUDINGAIT@OUTLOOK.COM  
WWW.THEBOUDINGAITCUPAR.CO.UK

**To all of our lovely Vegetarians & Coeliacs**

Please specify when ordering our vegetarian and gluten free options. We have a number of dishes with non Gluten ingredients. Policies are in place to ensure there is no cross contamination however, these items may be prepared along with Gluten containing ingredients.

**WE DONT SERVE FAST FOOD ... WE SERVE FRESH QUALITY FOOD, AS FAST AS WE CAN....**

### TO START

<b>HOMEMADE SOUP OF THE DAY (GF Option) (V)</b> Served with fresh Bread & Butter	<b>£4.95</b>
<b>SMOKED DUCK &amp; STORNAWAY BLACK PUDDING SALAD</b> With crispy Bacon, Beetroot & Salad Leaves with Balsamic Dressing	<b>£6.25</b>
<b>CHEF'S OWN CHICKEN LIVER PATE (GF OPTION)</b> Served with Oatcakes or Toast, Side Salad & Chutney	<b>£5.25</b>
<b>HAGGIS FRITTERS</b> Served with Chutney & Side Salad	<b>£5.25</b>
<b>CRISPY COATED CAMEMBERT</b> Served with Salad & Cranberry Sauce	<b>£5.25</b>
<b>COD &amp; PANCETTA FISH CAKES</b> Served with Salad & Tartare Sauce	<b>£5.75</b>
<b>SWEET POTATO, CASHEW &amp; APRICOT CHUTNEY TART</b> Served with Side Salad	<b>£5.95</b>

**TURNOVER FOR THE MAIN EVENT**  
**PLEASE SEE OUR SPECIALS BOARD FOR TODAYS SPECIALS**

### SIDES & SAUCES

Side Salad	£2.25
Bowl of Chips	£2.50
Bowl of Chips & Cheese	£3.00
Seasonal Vegetables	£2.50
Onion Rings	£2.50
Cheesy Garlic Bread	£3.00
Garlic Bread	£2.50
Sweet Potato Fries	£2.50
Cajun Fries	£2.50
Rice	£2.25
Mug of Soup	£2.95
Peppercorn Sauce	£2.50
Whiskey Sauce	£2.50
Sweet Chilli Sauce	£0.95
Garlic Mayonnaise	£0.95
Sour Cream	£1.00



### FROM THE GRILL

#### THE BOUDINGAIT BURGER BAR

**100% PRIME Steak Burger or Chicken Breast Fillet Burger**

**All served with Chips, Lettuce, Red Onion, Tomato & Chef's own Sauce**

<b>CLASSIC</b> – Served just as it is	<b>£9.95</b>
<b>CHEESE</b> – Topped with Grated Mature Cheddar	<b>£10.45</b>
<b>CHEESE &amp; BACON</b> – Topped with Grated Mature Cheddar and Grilled Bacon	<b>£11.45</b>
<b>BREAKFAST BURGER</b> – Topped with Grilled Bacon and a Fried Egg	<b>£11.45</b>
<b>THE MCBODINGAIT</b> – Topped with Haggis & Grilled Bacon	<b>£11.95</b>
<b>CAJUN CHICKEN FILLET BURGER</b> Chicken Fillet rubbed with Cajun Spices and pan fried	<b>£10.95</b>





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### THE MAIN EVENT

<b>MACARONI CHEESE (GF OPTION) (V OPTION)</b>	<b>£8.95</b>
Creamy Macaroni Cheese, Served with Chips & Side Salad	
<b>ADD CHERRY TOMATOES &amp; BACON BITS</b>	<b>£2.50</b>
<b>CHEF'S OWN CAJUN CHICKEN BREAST FILLET (GF)</b>	<b>£10.95</b>
<b>**HOT**</b> Pan Fried & served with Chips & Side Salad (Add Sour Cream on the side for £1)	
<b>FRESH BEER BATTERED HADDOCK &amp; CHIPS (GF OPTION)</b>	<b>£12.95</b>
Served with Chips & your choice of Mushy or Garden Peas or Side Salad & Chef's own Tartare Sauce (optional)	
<b>CHEF'S OWN CHICKEN GOUJONS (GF OPTION)</b>	<b>£9.95</b>
Your choice of Breaded or Beer Battered 100% Chicken Breast strips, deep fried & served with Sweet Chilli Dipping Sauce or Garlic Mayo, Chips & Side Salad	
<b>MCALPINE'S STEAK &amp; ALE PIE</b>	<b>£13.95</b>
Head Chef's special recipe of Tender Beef. Slow cooked the traditional way, topped with Puff Pastry, served with a choice of Potatoes or Chips & Seasonal Vegetables	
<b>BARBURY DUCK BREAST</b>	<b>£12.95</b>
Served with Roast Potatoes, Seasonal Vegetables & a Redcurrant & Red Wine Jus	
<b>RED THAI VEGETABLE CURRY (VEGAN) (GF)</b>	<b>£9.95</b>
A vegan Curry of Vegetables with Coconut, Red Peppers, Chilli, Garlic & Thai Basil, Served with Rice & Naan Bread	
<b>PAN FRIED COD WITH TOMATO &amp; CAPER SAUCE</b>	<b>£11.95</b>
Served with Potatoes & Vegetables	
<b>SIRLOIN STEAK</b>	<b>£19.95</b>
Prime 8oz Angus Steak Served with Chips & Side Salad	
<b>Add Vine Ripened Tomatoes &amp; Mushrooms</b>	<b>£2.50</b>
<b>Add Peppercorn or Whiskey Sauce</b>	<b>£2.50</b>

### SOMETHING SWEET

<b>CHEESECAKE OF THE DAY</b> ( <i>Please see our Specials Board</i> )	<b>£4.95</b>
Our Cheesecake of the Day served with Chantilly Cream & Berries	
<b>CHOCOLATE ORANGE DESSERT (GF) (VEGAN)</b>	<b>£5.75</b>
Served with Lemon Sorbet and Berries	
<b>PLUM DUFF</b>	<b>£4.95</b>
A rich Spiced Suet Pudding served with a choice of Brandy Sauce, Custard or Cream	
<b>LATTICE APPLE FLAN</b>	<b>£5.25</b>
Served with A choice of Custard, Cream or Vanilla Ice Cream	
<b>VANILLA PANNA COTTA</b>	<b>£5.25</b>
Served with Seasonal Berries	



**PLEASE SEE OUR SPECIALS BOARD OR ASK A MEMBER OF STAFF FOR DETAILS OF ALL OF TODAY'S SPECIALS**

An optional 10% charge will be applied to parties of 6 or more. All of our food is prepared daily therefore our menu is subject to availability. All ingredients may not be listed so please let your server know about any allergies or special dietary requirements menu is subject to availability. All ingredients may not be listed so please let your server know about any allergies or special dietary requirements